**First Aid**

The Herbal Home Remedy Book by Joyce Wardwell, 1998

[AbeBooks](https://www.abebooks.com/servlet/SearchResults?sts=t&cm_sp=SearchF-_-home-_-Results&an=Joyce+wardwell&tn=the+herbal+home+remedy+book&kn=&isbn=)

“Making Plant Medicine,” Fourth Edition by Richo Cech,

[Strictly Medicinal Seeds](https://strictlymedicinalseeds.com/product/making-plant-medicine-by-richo-cech-fourth-edition/)

Herbal Antibiotics: Natural Alternatives for Treating Drug-Resistant Bacteria Paperback

by Stephen Harrod Buhner, 2012, 2nd ed.

[Amazon](https://www.amazon.com/Herbal-Antibiotics-2nd-Alternatives-Drug-resistant/dp/1603429875/ref%3Dsr_1_2?crid=XURPOXC1KRBL&dchild=1&keywords=herbal+antibiotics+stephen+buhner&qid=1621626064&sprefix=herbal+antibioti%2Caps%2C235&sr=8-2)

Herbal Antivirals: Natural Remedies for Emerging & Resistant Viral Infections by Stephen Harrod Buhner, 2013

[Amazon](https://www.amazon.com/Herbal-Antivirals-Remedies-Resistant-Infections/dp/1612121608/ref%3Dpd_bxgy_img_2/141-9701483-1100149?_encoding=UTF8&pd_rd_i=1612121608&pd_rd_r=845e85b8-1f40-4ccc-90db-9a679ccd9bc9&pd_rd_w=v8ZNX&pd_rd_wg=sXJUo&pf_rd_p=fd3ebcd0-c1a2-44cf-aba2-bbf4810b3732&pf_rd_r=YKG6SKQCQVGS507SJT8W&psc=1&refRID=YKG6SKQCQVGS507SJT8W)

The Survival Medicine Handbook, 3rd Edition, by Joseph Alton, M.D.

[Amazon](https://www.amazon.com/Survival-Medicine-Handbook-essential-medical/dp/0988872552)

\*<https://www.lostbookofremedies.com/vsl/index.php?hop=fsb00>

Some of the best herbs to grow or forage for medicinal purposes are:

* Thyme
* Purple-flowered oregano (origanum vulgare)
* Echinacea angustifolia
* Calendula
* Oats (for depression and adrenal fatigue; a 2-by-4-foot area will grow enough for a family for at least a year)
* Alfalfa
* Comfrey
* Garlic
* Onion
* St. John's Wort
* Dandelion
* Plantain
* Burdock
* Nettle
* Violet
* Mallow (wild or marsh),
* Elder (elderberry)
* Purslane
* Plantain
* Tulsi (Indian basil or sacred basil)
* Lemon balm
* Mullein
* Rugosa rose, dog rose, wild rose
* Cayenne (It has to be over 90,000 heat units)
	+ [Southern Exposure Seed Exchange](https://www.southernexposure.com/products/cayenne-carolina-hot-pepper/)

Although not cayenne peppers, these would also probably work:

* + [Fedcoseeds](https://www.fedcoseeds.com/seeds/hinkelhatz-organic-hot-pepper-3870)  Hot Pepper
	+ [Fedcoseeds Red Habanero](https://www.fedcoseeds.com/seeds/red-habanero-hot-pepper-3875)
* Strictly Medicinal Seeds:
	+ [Sida acuta is a broad-spectrum antibiotic](https://strictlymedicinalseeds.com/?s=Sida+acuta&post_type=product&title=1&excerpt=1&content=1&categories=1&attributes=1&tags=1&sku=1&ixwps=1)
	+ [Baikal skullcap/Chinese skullcap is a broad-spectrum antiviral](https://strictlymedicinalseeds.com/?s=Baikal+skullcap%2FChinese+skullcap&post_type=product&title=1&excerpt=1&content=1&categories=1&attributes=1&tags=1&sku=1&ixwps=1)
	+ [Houttuynia/Chameleon plant is another broad-spectrum antiviral](https://strictlymedicinalseeds.com/?s=Houttuynia%2FChameleon+&post_type=product&title=1&excerpt=1&content=1&categories=1&attributes=1&tags=1&sku=1&ixwps=1)
	+ [Bidens is a broad-spectrum antibiotic](https://strictlymedicinalseeds.com/product/bidens-pilosa-packet-of-20-seeds/)
* Isatis/Woad is a broad-spectrum antiviral. Seed available at [Pinetree Garden Seeds](https://www.superseeds.com/)
* Licorice is a synergistic herb that is used whenever taking the other herbs because it helps them to work more effectively. Licorice is very difficult to grow, and it takes 4 years to get usable roots. But for those who'd like to try it, [Strictly Medicinals](https://strictlymedicinalseeds.com/?s=Licorice&post_type=product&title=1&excerpt=1&content=1&categories=1&attributes=1&tags=1&sku=1&ixwps=1) and [Richter’s](https://www.richters.com/) carry seeds and plants.

To purchase bulk herbs for tincturing or teas

Bulk Herbs

* [Pacific Botanicals - Growers & Suppliers of High Quality Certified Organically Grown Herbs & Spices](https://www.pacificbotanicals.com/)
* [Mountain Maus Remedies | Bulk Herbs & Spices](https://www.mountainmausremedies.com/)
* [Mountain Rose Herbs](https://mountainroseherbs.com/)
* [Bulk Herbs, Organic Herbs, Spices, Bulk Tea & Essential Oils - Starwest Botanicals (starwest-botanicals.com)](https://www.starwest-botanicals.com/)
* [Herbs (herbies-herbs.com)](https://herbies-herbs.com/bulk-herbs) [Monteagle Herbs](https://monteagleherbs.com/)
* [1st Chinese Herbs - Bulk Herbs, Teas, Spices, Health Supplements](https://1stchineseherbs.com/)

**Food and Self-Sufficiency**

Homesteading Family on [YouTube](https://m.youtube.com/channel/UCu99W5TTPAucVN83TYQtCqQ)

[John McConnel’s blog](https://thepeppyprepper.wordpress.com/) (ThePeppyPrepper)

**Grain Mills**

* [Diamant Grain Mill, Grain Mills-Lehman’s](https://www.lehmans.com/product/diamant-grain-mill/)
* [Family Grain Mill Hand Crank Wheat Grinder Flour Mill](https://pleasanthillgrain.com/family-grain-mill-flour-grinder-wheat-grinder-combos?_vsrefdom=bppc&utm_source=bing&utm_medium=cpc&utm_campaign=Grain%20Mills%20-%20Branded&utm_term=family%20grain%20mill&utm_content=Family%20Grain%20Mill) **pleasanthillgrain.com**

**Gardening**

Seeds and Plants

* [Saint Clare Seeds](http://www.stclareseeds.com)
* [Fedco Seeds](http://www.fedcoseeds.com)
* [Southern Exposure Seed Exchange](http://www.southernexposure.com)
* [Pinetree Garden Seeds](http://www.superseeds.com)
* [Nichol's Garden Nursery](http://www.nicholsgardennursery.com)
* [The Urban Farmer](http://www.ufseeds.com)
* [Victory Seeds](http://www.victoryseeds.com)
* [Adaptive Seeds](http://www.adaptiveseeds.com)
* [Baker Creek Seeds](http://www.rareseeds.com)
* [Seed Treasures](http://www.seedtreasures.com)

Resources

* [GrowVeg YouTube Video](https://www.youtube.com/user/GrowVeg)
* [Gardening Know How](https://www.gardeningknowhow.com/edible/vegetables/).
* Gardening when It Counts, by Steve Solomon, 2006

 [Amazon](https://www.amazon.com/Gardening-When-Counts-Growing-Mother/dp/086571553X/ref%3Dsr_1_3?crid=2LQJZY2ESCILI&dchild=1&keywords=gardening+when+it+counts&qid=1587336484&sprefix=gardening+when+it+cou%2Caps%2C233&sr=8-3)

* The Resilient Gardener, by Carol Deppe, 2010

 [Chelsea Green Publishing](https://www.chelseagreen.com/product/the-resilient-gardener/)

* Seed to Seed, by Suzanne Ashworth, 2002

 [Amazon](https://www.amazon.com/Seed-Growing-Techniques-Vegetable-Gardeners/dp/1882424581/ref%3Dsr_1_7?crid=3NUN2MZCKQLYA&dchild=1&keywords=root+cellaring+natural+cold+storage+of+fruits+%26+vegetables&qid=1587337010&sprefix=root+cellar%2Caps%2C248&sr=8-7)

* Joy of Gardening, Dick Raymond, 1983

[Amazon](https://www.amazon.com/Garden-Ways-Gardening-Dick-Raymond/dp/0882663194/ref%3Dsr_1_3?crid=37M5D37XOXD6D&dchild=1&keywords=joy+of+gardening+book&qid=1622926491&sprefix=Joy+of+Garden%2Caps%2C-1&sr=8-3)

* Square Foot Gardening, Mel Bartolomew, 2018

[Amazon](https://www.amazon.com/Square-Foot-Gardening-Fully-Updated/dp/0760362858/ref%3Dsr_1_1?crid=1USCOLMGDBI1G&dchild=1&keywords=square+foot+gardening&qid=1622926753&sprefix=Square+f%2Caps%2C268&sr=8-1)

**Tools**-All found at easydigging.com

* [Easy Digging](https://www.easydigging.com/garden-hoes/grub-hoe.html), I suggest the 6-inch grub hoe rather than the 4-inch
* [Easy Digging](https://www.easydigging.com/garden-hoes/grub-hoe.html) Italian Grape Hoe
* Metal files for keeping the tools sharp:

[Easy Digging](https://www.easydigging.com/special-tools/farmers-sharpening-file.html)

**Cooking, Canning, Dehydrating and Storing**

* The bottom-lit updraft stove that can burn twigs, pine needles, pine cones, etc., [Silver fire](https://www.silverfire.us/survivor-rocket-stove-p10) - [Review of the stove](https://survivalblog.com/pats-product-review-silver-fire-rocket-stove/)
* There is another stove called the EcoZoom Versa.[Amazon](https://www.amazon.com/EcoZoom-Versa-Rocket-Survival-Stove/dp/B005GQZ4O0/ref%3Dasc_df_B005GQZ4O0/?tag=hyprod-20&linkCode=df0&hvadid=167119746601&hvpos=&hvnetw=g&hvrand=5135629237518622706&hvpone=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9017396&hvtargid=pla-306581018778&psc=1)
* https://dontwastethecrumbs.com/
* [Bread baked on top of a wood stove - YouTube](https://www.youtube.com/watch?v=SenEZV1j9nE)
* Prepper’s Canning Guide, 2017

[Amazon](https://www.amazon.com/Preppers-Canning-Guide-Affordably-Shelf-Stable/dp/1612436641/ref%3Dtmm_pap_swatch_0?_encoding=UTF8&qid=&sr=)

* Root Cellaring, by Mike and Nancy Bubel, 1991

[Amazon](https://www.amazon.com/gp/offer-listing/0882667033/ref%3Dtmm_pap_used_olp_0?ie=UTF8&condition=used&qid=1587336820&sr=8-1) or [Abebooks.com](https://www.abebooks.com/servlet/SearchResults?sts=t&cm_sp=SearchF-_-home-_-Results&kn=&an=bubel&tn=root+cellaring&isbn=)

* Ball Blue Book

[Ace Hardware](https://www.acehardware.com/departments/home-and-decor/canning/accessories-and-prep/6293153?gclid=EAIaIQobChMIs9un2b_s6gIVUffjBx1CkwCxEAQYASABEgJxQ_D_BwE&gclsrc=aw.ds)

* Growing and Canning Your Own Food, Jackie Clay, 2012

[Backwoodshome.com](https://www.backwoodshome.com/shop/product/growing-and-canning-your-own-food-2/)

* Preserving Food without Freezing or Canning, by the gardeners and farmers of Terre Vivante, 2007

[Chelsea Green Publishers](https://www.chelseagreen.com/product/preserving-food-without-freezing-or-canning/)

* Preserving food through fermentation, Holly Howe

https://www.makesauerkraut.com/

* To order prepackaged, prepared food or bulk foods:
1. [Country Life Natural Foods](https://www.clnf.org/) Serves the Midwest.
2. [Emergency Essentials](https://beprepared.com) Ships the lower 48 USA.
3. [4Patriots](https://4patriots.com/collections/food) Ships throughout the USA and Canada.

What to do if you lose power and have 3 freezers full of meat:

1. Have on hand multiple food-grade 5-gallon buckets with lids, as many as you think you will need and then add extras!
2. Non-iodized salt (Redmond's Earth Salt, or pickling salt, or any non-iodized food-grade salt that you can buy in 25- to 50-lb bags), more than you think you will need.
3. Brine as much meat as you are able.
4. For detailed directions, see “Back to Basics, How to Learn and Enjoy Traditional American Skills”, Readers Digest, 1981, p224
5. If you have any means of cooking such as a propane canning stove (e.g. [Simply Canning-Outdoor stove](https://www.simplycanning.com/camp-chef-outdoor-canning/), OR [Amazon-Outdoor propane canning stove](https://www.amazon.com/customerpicks/Explore-propane-burners-for-canning/5328dd1fe0d787a9b681)) pressure-can as much meat as you are able.
6. Build the smoker now and practice using it now. [Luckybelly-21 Homemade Smoker Plans](https://www.luckybelly.com/how-to-make-a-smoker/)
7. Give away any thawed meat that will otherwise go to waste.

Other Methods

1. [AskaPrepper](https://www.askaprepper.com/how-to-make-potted-meat/) -Potting meat-
2. [How to Brine Meat and the Science Behind it (Dry and wet Brining) - YouTube](https://www.youtube.com/watch?v=povvINECyb0&ab_channel=SmokeTrailsBBQSmokeTrailsBBQ)
3. [Historic Food Preservation - Potted Salmon - YouTube](https://www.youtube.com/watch?v=tXh_VT5ygOY)
4. [Potted Beef In The 18th Century - YouTube](https://www.youtube.com/watch?v=SdKzWQOVET4&ab_channel=TownsendsTownsendsVerified)
5. [Preparing Salt Pork - 18th Century Cooking Series S1E5 - YouTube](https://www.youtube.com/watch?v=ZdmPIpQZPRg)

**Child Care**

**Diapers**

[Soaker pattern to place over diaper](http://www.borntolove.com/pattern.html) (born to love website)

[Lanolin-rich soaker laundry soap](https://www.eucalan.com/products-1/delicate-wash/natural)

**To buy**

* [Cloth Diaper.com](https://clothdiaper.com/collections/osocozy-prefolds)
* [Green Mountain Diapers](https://www.greenmountaindiapers.com/collections/quantity-discounts)
* [Nicki’s Diapers](https://nickisdiapers.com/collections/prefold-cloth-diapers)
* [Amazon](https://smile.amazon.com/s?k=cloth+diapers&ref=nb_sb_noss_1)
* [Cotton Babies](https://www.cottonbabies.com/)
* [No Sew Fleece diaper Cover](http://dirtydiaperlaundry.com/1-00-diy-no-sew-fleece-cloth-diaper-cover-video/)

**Homemade**

* [Survival Sullivan Homemade diapers](https://www.survivalsullivan.com/make-homemade-diapers/)
* [Sew Guide Cloth diaper pattern](https://sewguide.com/cloth-diaper-patterns-for-babies/)
* [Wikihow Make Cloth Diapers](https://www.wikihow.com/Make-Cloth-Diapers)
* [Dirty diaper Laundry from a T-shirt](http://dirtydiaperlaundry.com/cheap-and-easy-make-two-t-shirt-flats-from-1-xxl-shirt/)/
* [How to Adult -Homemade adult diapers](https://howtoadult.com/how-to-make-homemade-adult-diapers-5690974.html)

**In an emergency!**

* [Wikihow Homemade Diapers in a hurry](https://www.wikihow.com/Make-a-Homemade-Diaper)

**Baby Food Mill**

* [Amazon](https://www.amazon.com/green-sprouts-Seperates-electricity-Dishwasher/dp/B002F9MUL6/ref%3Dsr_1_2?dchild=1&keywords=Baby+food+grinder&qid=1623118265&sr=8-2)

**Personal care**

* Hand cream for chapped hands

[How to Make Tallow Balm | Bumblebee Apothecary](https://bumblebeeapothecary.com/how-to-make-tallow-balm/)

**Breastfeeding**

* [**How to Increase Milk Supply (& How to Know If It's Low) | Wellness Mama**](https://wellnessmama.com/377452/increase-milk-supply/)
* [**Herbal Nursing Mom Tea Recipe | Wellness Mama**](https://wellnessmama.com/76418/nursing-mom-tea/)
* [**Nurse-Me Rhyme Tea (mountainroseherbs.com)**](https://mountainroseherbs.com/nurse-me-rhyme-tea)
* [**Mommy and Me Nursing Herbal Tea - Mountain Maus Remedies - Herbal Remedies**](https://www.mountainmausremedies.com/mommy-and-me-herbal-tea-nursing/)

For menstrual periods (and another cloth alternative to diapers)

* [Youtube](https://www.youtube.com/watch?v=iV2TgwjjhOE&ab_channel=AbbyCox) I Tried Using an 18th-Century Menstruation "Pad"
* [Walmart- Using Tube socks to make pads](https://www.walmart.com/ip/Men-s-Workgear-Tube-Socks-10-Pack/183148010)

**Washing**

Soap

How to Make Washing Soda From Baking Soda

If you cannot find washing soda in your area and don't want to place an online order, you can make your own by slowly heating baking soda.

Baking soda (sodium bicarbonate NaHCO3) is plentiful and inexpensive. By heating baking soda you will release the carbon dioxide and water molecules, leaving you with dry sodium carbonate or washing soda.

1. Place about 2 cups of baking soda in a shallow baking dish or on a shallow baking sheet. Working in smaller quantities is easier to monitor and control.

2. Place the dish in a 400 degrees Fahrenheit oven for one hour.

3. Stir the baking soda and smooth back out to an even layer.

4. Bake an additional hour at 400 degrees Fahrenheit.

5. Allow the baking soda (now washing soda) to cool completely. It will look more yellow and be much more coarse in texture.

6. Store in an airtight container.

7. Label the container and store out of reach of children and pets.

Laundry Soap Recipe courtesy of Ava

It requires a bar of Fels-Naptha (heavy duty) or Zote soap (general laundry use). Both are available for around a dollar at Walmart, many farm-and-fleet stores, and many grocery stores in the laundry aisle, a box of Washing Soda (NOT baking soda; costs about $4 at Walmart), and a box of Borax (also about $4 at Walmart). Also required is a bucket that holds at least 2 gallons. A lid for the bucket would be helpful. Here are the directions:

Take 1/3 of the bar of Fels-Naptha soap and grate it with a cheese grater. Put it in a pan with 4-6 cups of water. Heat it and gently stir it until the soap is dissolved. Do not boil or simmer. Once the soap is dissolved, add 1/2 cup of Washing Soda and 1/2 cup of Borax to the pan. Stir until dissolved.

Next, add about a gallon of hot (not boiling) water to your bucket. Then pour in the hot soap/Borax/Washing-Soda mixture, and stir. Add more hot water to the bucket until you have a total of 2 gallons. Stir well, put the lid on the bucket, and then let the mixture sit for 24 hours (during which time the mixture will sort of "gel"; stir it a few times during the 24 hours, if possible). When it is ready, you use it just like any other liquid laundry soap. Use about 1/4 cup per load. One can make a year's worth of laundry soap for a large family for well under $10.

* [Youtube: How To Make A Camp Style Bucket Washer](https://www.youtube.com/watch?v=FSPyAqPU4_g&t=126s)
* [27 Uses for 5 gallon bucket Happy Prepper](https://www.happypreppers.com/buckets.html)
* [A Cheap and Easy Wash 5 gallon Bucket Youtube](https://www.youtube.com/watch?v=RtbkXyWFFm8&t=11s)
* [Cheap and Easy 5 Gallon bucket Shower Youtube](https://www.youtube.com/watch?v=kE5OQA6L-Xo&list=PL-4AwcQXbB3xiCiEDt4dhZUtLRyRlndDc&index=17)
* [Lets Campsmore portable washing machine 5 gallon bucket](https://letscampsmore.com/washing-machine/)
* [Survivopedia DIY 5 gal bucket washing machine](https://www.survivopedia.com/diy-bucket-washer/)
* [Mother Earth News DIY PVC manual well pump](https://www.motherearthnews.com/diy/pvc-manual-well-pump-zmaz00jjzgoe)
* [Mom with a Prep Wash Clothes without Electricity](https://momwithaprep.com/how-to-wash-clothes-without-electricity/)
* [A forgotten area for preppers. Solve it NOW - YouTube](https://www.youtube.com/watch?v=mOm023jobrM&t=320s&ab_channel=southernprepper1)
* [Clothes Drying Racks](https://www.bestdryingrack.com/drying/)

**Necessities**

* [Urban Survival Site - What to do when the TP is gone](https://urbansurvivalsite.com/ways-to-wipe-your-butt-when-the-toilet-paper-is-gone/)\
* [Survival Sullivan Growing Your own TP](https://www.survivalsullivan.com/toilet-paper-plants/)
* [Primal Survivor Make your own 5 Gallon Bucket Toliet](https://www.primalsurvivor.net/bucket-toilet/)

**Water filtering**

Some brands of filters:

[Katadyn Pocket Microfilter Water filtration System-Amazon](https://www.amazon.com/Katadyn-Personal-Backpacking-Emergency-Preparedness/dp/B0007U00YE)

[Lifestraw Water Filters & Purifiers](https://www.lifestraw.com/)

[Sawyer Water Filtration](https://sawyer.com/water-filtration/)

[Berkey Water Purifier-Pleasant Hill Grain](https://pleasanthillgrain.com/berkey-water-purifier-filter)

**DIY Water Filters**

* [DIY Water Filter Youtube](https://www.youtube.com/watch?v=_gx2nDtEDXo)
* [Berkey Water Filters](https://www.berkeyfilters.com/products/black-berkey-filter)
* [Ask a Prepper DIY three 5 gallon buckets water filter](https://www.askaprepper.com/building-the-three-5-gallon-bucket-bio-water-filter/)
* [Self sufficient Living 16 DIY water filters](https://theselfsufficientliving.com/homemade-water-filters-purified-water/)
* [Popular Mechanics DIY charcoal](https://www.popularmechanics.com/home/outdoor-projects/a28848441/how-to-make-charcoal/)
* [DIY Activated Charcoal Youtube](https://www.youtube.com/watch?v=lN0fT1Uvcsw)
* [Buy Activated Charcoal](https://buyactivatedcharcoal.com/granular-activated-charcoal-coconut-8x16-mesh.html)

In an emergency, if you don’t have any way to filter [Making Water Safe in an Emergency | Water, Sanitation, & Hygiene-related Emergencies & and Outbreaks | Healthy Water | CDC](https://www.cdc.gov/healthywater/emergency/making-water-safe.html)

**Survival and Sustainability**

* **Websites**
1. [Survival Gear at majorsurplus](https://majorsurplus.com/)
2. [Coleman’s Military Supplies](https://colemans.com/)
3. [Tactical Gear Camping and Survival](https://tacticalgear.com/camping-and-survival)
4. [7 Survival Uses For Cattails Survivopedia](https://www.survivopedia.com/how-to-use-cattail-for-survival/)
5. [Survival Foods 10 you should grow Prepper Project](https://theprepperproject.com/)
6. [Modern survival DIY emp proof tools](https://modernsurvivalonline.com/emp-proof-tools/)
7. [The Preppy Prepper](https://thepeppyprepper.wordpress.com/)
8. [YouTube Townsends](https://www.youtube.com/user/jastownsendandson)
9. [The Self Sufficient Living DIY wood stoves](http://theselfsufficientliving.com/homemade-wood-stoves-and-heaters)
10. [HUMILITAS THE BLOG – Leadership & Legitimate Defense (humilitasfirst.com)](https://www.humilitasfirst.com/)
11. [John Seymour: The Complete Book of Self Sufficiency](https://drive.google.com/file/d/1wF6Pziwv7teTuC2__HIbFTAErs6n49lr/view?usp=drive_web)
12. [Ultimate Survival Guide: How to Survive in the Wild [72 Tips] (sympathink.com)](https://sympathink.com/how-to-survive-in-the-wild-tips-survival-guide/)

**The Army Survival Guide (277 pages)**

1. [U.S. Army Survival Guide - Corps of Renewal And Charity (corac.co)](https://corac.co/2021/02/09/u-s-army-survival-guide/)
2. [How to Make a Paracord Bracelet – REI Co-op Journal](https://www.rei.com/blog/camp/diy-paracord-survival-bracelet)

**Books**

* Tim MacWelch's book: The Ultimate Bushcraft Survival Manual, 2017
1. [AbeBooks](https://www.abebooks.com/servlet/SearchResults?sts=t&cm_sp=SearchF-_-home-_-Results&an=tim+macwelch&tn=the+ultimate+bushcraft+survival+manual&kn=&isbn=)
2. [Amazon](https://www.amazon.com/Ultimate-Bushcraft-Survival-Manual/dp/1681882388/ref%3Dtmm_other_meta_binding_swatch_0?_encoding=UTF8&qid=1622156995&sr=8-1)

 Boy Scout Books

1. [Boy Scout Survival Skills](https://thesurvivalmom.com/6-important-survival-lessons-i-learned-as-a-scout/)
2. [Boy Scout Manual](https://www.scoutshop.org/scouts-bsa-handbook-14th-edition-648103.html)

**Get Ready**

* [Back Door Survival What to Stock on now](https://www.backdoorsurvival.com/staying-ahead-of-the-shortages-what-to-stock-up-on-for-the-coming-year/?fbclid=IwAR1yXYTwQeSGRWDYru-CG-JKEezuMPw51ywX3Zt8UfboD0IiYPGj39VBl7Q)
* [The Most Important News](http://themostimportantnews.com/archives/a-list-of-50-things-you-should-get-right-now-to-prepare-for-the-chaotic-events-of-the-next-12-months)

**Other**

**Drop Spindles-For making Yarn**

[Of Wool and Loveliness blogspot DIY drop spindle](https://ofwoolandloveliness.blogspot.com/2013/06/make-easy-drop-spindle-for-175.html)

[DIY Drop Spindles](https://www.instructables.com/DIY-Drop-Spindles/)

**Lights! No cameras! Action!**

* [YouTube How to Make your own Cotton wick](https://www.youtube.com/watch?v=fWsosXb2NGU&t=1s&ab_channel=DIY)
* [YouTube Making Your Own Oil Lamp](https://www.youtube.com/watch?v=n_fdLyeNMd0&ab_channel=Make%3A)
* [YouTube DIY candles](https://www.youtube.com/watch?v=7fFf-gtesH4&ab_channel=EnvironMoldsEnvironMolds)
* [YouTube Making Your Own Wick Candles](https://www.youtube.com/watch?v=jZysaqpXNNQ&ab_channel=EnvironMolds)

If you need clay for your lamp project:

[YouTube Making Your Own Clay](https://www.youtube.com/watch?v=Vbnp2lOHR8E&ab_channel=OffgridSecretsOffgridSecrets)

**Be sure to locate your supplies and practice your skills before you need them.**