



# 7 Ways to Graft a Remedy

- 1) From Blank Pellets to Medicated Pellets:**
  - a. Fill a 2-dram vial  $\frac{3}{4}$  full of blank pellets.
  - b. Add professionally manufactured pellets (at least 30th potency) to the vial... 4 #40-size pellets or 15 #10-size pellets.
  - c. Add 3-4 drops of 95% alcohol (190-proof) to the vial; cap, then shake for a couple minutes.
  
- 2) From Previously Grafted Pellets to More Grafted/Medicated Pellets:**
  - a. Start with a 2-dram vial  $\frac{1}{4}$  full of pellets remaining from a previous graft.
  - b. Add 2-4 drops of 95% alcohol (190-proof) to the vial; cap, then shake for 15-20 seconds.
  - c. Add blank pellets to the vial until the vial is  $\frac{3}{4}$  full; cap, then shake for a couple minutes.
  
- 3) From Medicated Pellets to a Liquid Dilution:**
  - a. Put 7 #40-size or 25 #10-size pellets of a remedy into an empty dropper bottle.
  - b. Fill bottle with 40% vodka (80-proof) to within  $\frac{1}{4}$  inch of the top.
  - c. Once pellets have completely dissolved, shake.
  - d. For example: Cuprum Metallicum 6C
  
- 4) From Liquid Dilution to Liquid Dilution:**
  - a. When a liquid dilution bottle is close to empty ( $\frac{1}{4}$  left), refill with 40% vodka and shake.
  - b. For example: Hamamelis 200C + Arnica 3C liquid.
  
- 5) From Medicated Pellets to Medicating Potency**
  - a. Dissolve 5-20 pellets (depending on size), add just enough 40% vodka to cover pellets, and let dissolve completely.
  - b. Fill bottle with 95% alcohol to within  $\frac{1}{4}$  inch of top, and shake.
  - c. For example: Arnica 3C pellets into a liquid that is at least 87.5% alcohol.
  
- 6) From Liquid Dilution to Medicating Potency:**
  - a. Add one dropper full of a liquid dilution to a new dropper bottle.
  - b. Add 95% alcohol to within  $\frac{1}{4}$  inch of the top, and shake.
  - c. For example: Lycopodium 30C in 20% alcohol purchased from OHM, made into a liquid that is at least 87.5% alcohol.

## 7 Ways to Graft a Remedy *(continued)*

### 7) From Medicating Potency to Medicated Pellets:

- a. Fill a 2-dram vial  $\frac{3}{4}$  full of blank pellets.
- b. Add 3-4 drops medicating potency to the vial; cap, then shake for a couple minutes.

#### PLEASE NOTE:

- Pellets under the 30th Potency cannot be used for grafting blank pellets, but liquid dilutions can be made from any potency of pellet or liquid.
- Medicated pellets are pellets that have already been made into a remedy. On the other hand, a medicating potency is a liquid dilution which is at least 87.5% alcohol and thus can be used for grafting blank pellets.
- Dropper bottles may be any size: 1/2 ounce, 1 ounce, 2 ounces, or even 4 ounces. However, the best bottles for making liquid dilutions and medicating potencies are the 1/2 ounce bottles. They are the least expensive (a case of 24, Vivaplex brand, is available on Amazon for around \$12), and each bottle will hold enough remedy to last a family several weeks or months.

