# Home Gardening Seed Starting Considerations Sustainable Living 03/26/22

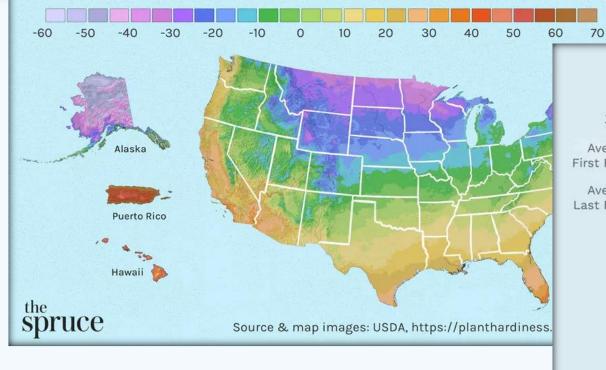
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#### Plant Hardiness Zones

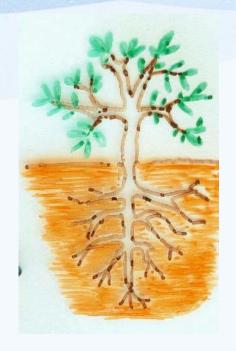
#### **USDA Plant Hardiness Zone Map**

AVERAGE ANNUAL EXTREME MINIMUM TEMPERATURE 1976-2005





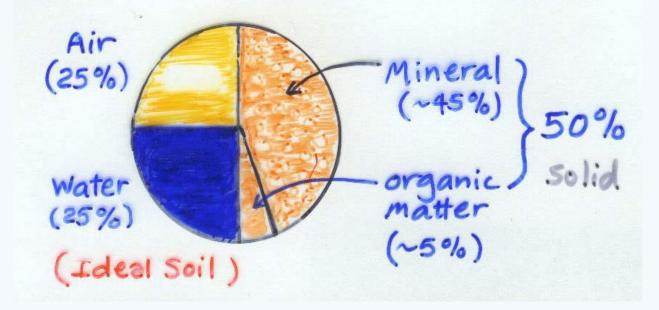




#### Soil Function

- Plant anchorage
- Provides water to plants
- Supplies plant nutrients





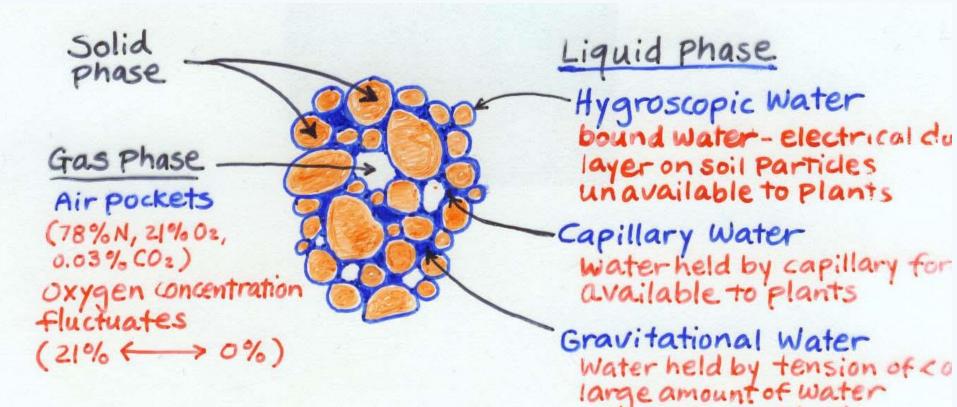
#### Soil Components

- Air
- Water
- Misc Matter/Minerals

### Potting Soil

#### Functional Phases of Soil

- Solid phase
- Liquid phase
- Gas phase

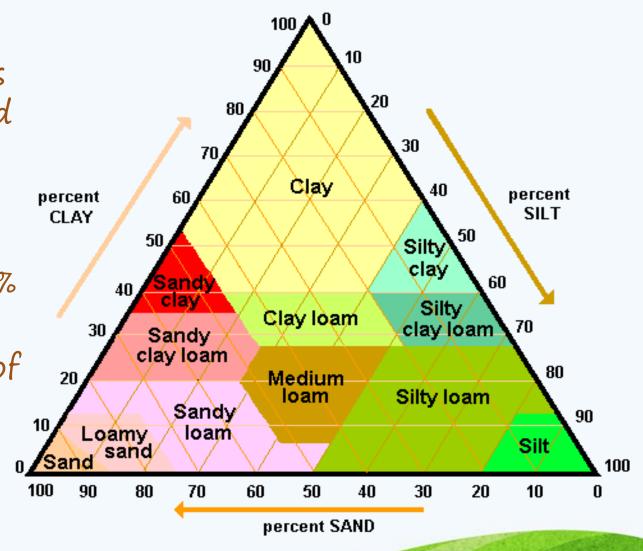


available to plants

#### Potting Soil

Soil Texture Triangle

- Size of individual mineral particles varies by presence of sand, silt and clay
- Loam is defined as the mixture of sand, silt and clay
- Good soil mixture is 20% clay, 40% silt and 40% sand
- Potting soil is generally made up of equal parts of clay, silt and sand

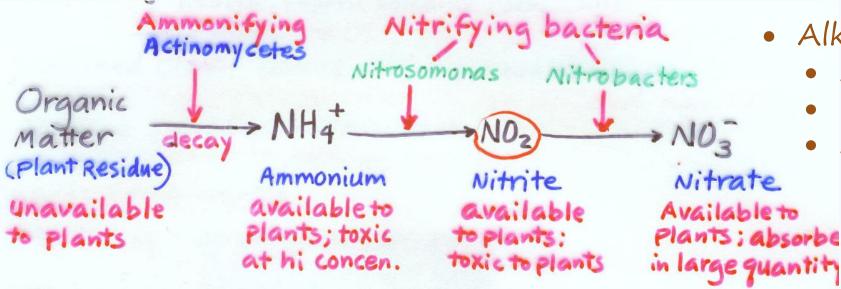


## Potting Soil

- PH Recommendations
  - Most potting soils 5.5 7.0
  - Acid loving plants
    - Blueberry: 4.0 5.5
    - Azalea: 4.5 5.5
    - Hydrangea: 4.0 5.5
  - Alkalinity tolerant plants
    - Asparagus: 6.5 7.9
    - Sugarbeet: 6.6 7.7
    - Alfalfa: 6.5 7.7

#### • Why is PH Important

- Nutrient availability
- Microorganism availability
- Nitrogen fixation and nitrification



## Trays and/or Pots









#### Grow Lights

- Grow lights need to generate a balanced multi spectrum light source
- LED grow lights contain various narrow spectrum LED chips
- Grow lights are generally more expensive

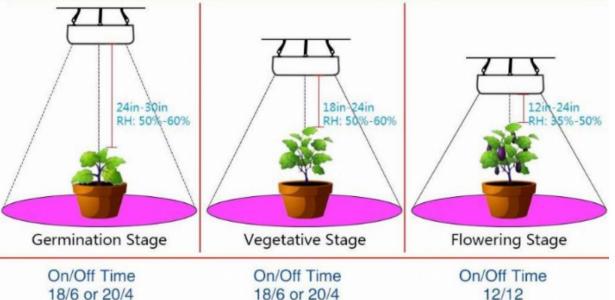


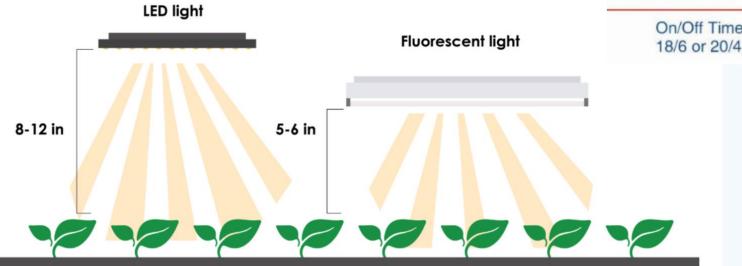
Very short wave- length, optimal for plant photosynthesis and vegetative growth.	Plants reflect this spectrum. Mostly unused light.	Optimal for stem growth flowering, and chlorophy production.	
400	500 Wavelength (nar	600 700 nometers, nm)	

### Grow Lights

- Grow light placement and operation is an important consideration
- LED grow lights generally provide a more efficient light source than fluorescent

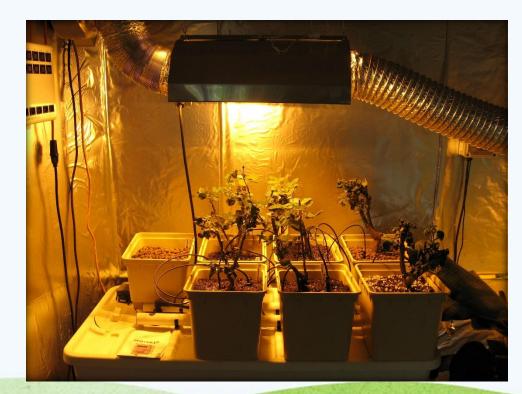
#### Tips of Hanging Distance and Lighting Time













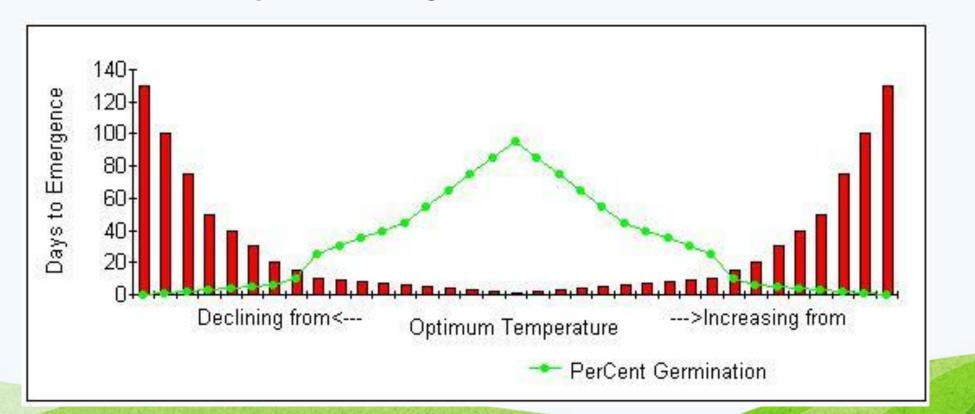




#### Heating Mats

Seedling Heat Mats provide three basic advantages

- Optimize seedling temperature for germination
- Increase successful germination percentage
- Decrease days to emerge



### Heating Mats

- 2 Basic Heat Mats
- Constant temperature
- Adjustable temperature



- Most affordable
- Maintains seedling temperature approximately 20 F above ambient



- Temperature adjustable
- Able to optimize seedling germination temperatures

#### Heating Mats

- Other Considerations When Choosing the Best Seedling Heat Mats
  - Type of material
    - Flexible plastic
    - Rigid PVC
  - Dimensions
    - Most common 10X20 inches
    - Available in 20X48 inches
  - Waterproof Rating
    - IPX4: indicates that the mat is water resistant and will withstand sprays of water, spills, and splashes without damage.
    - IP67: indicates that a mat is fully waterproof, and it has been tested to continue functioning even after being submerged underwater for 30 minutes.













## Damping Off

- Start with clean pots. If reusing, wash pots and then use 1 part bleach to 9 parts water, soaking for 30 minutes.
- Use a sterile potting mix. If reusing, put soil in seed starting containers or other container that drains, and pour boiling water over the soil.
- Don't crowd the seedlings. If starting in trays, after seedlings come up, remove extras to recommended spacing.



## Damping Off



- Make sure you have good air circulation. Use a fan to help air circulation.
- Use a thin coating of sand to keep the surface of the soil dry.
- Maintain a warm environment for the seedlings, using a heating mat if necessary, to maintain 70 – 75 degrees.
- Remove any diseased seedlings or trays immediately.

## Outdoor Hardening Off Set Up









#### Acknowledgements

- State Maps of USDA Plant Hardiness Zones (thespruce.com)
- <u>https://www.ndsu.edu/pubweb/chiwonlee/plsc210/topics/chap7-soil/chap7-</u> <u>soil-and-growingmedia.ppt</u>
- Penn State Extension | The Pennsylvania State University (psu.edu)
- <u>https://www.urbanvine.co/blog/11-core-guidelines-urban-farmers-must-know-before-buying-grow-lights</u>
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- <u>https://www.vermontbean.com/product/V53252/179</u>
- <u>https://www.gardeners.com/buy/small-led-grow-lights-sunlite-compact-tabletop-garden/859555.html</u>

Acknowledgements

 <u>https://www.google.com/search?q=examples+of+grow+lights&hl=en&source=ln</u> <u>ms&tbm=isch&sa=X&ved=2ahUKEwi33Iv8heT2AhVxHzQIHe-</u> <u>EDj8Q\_AUoAXoECAEQAw&biw=1581&bih=766&dpr=2.02#imgrc=EPD4OAT</u> <u>c5CUJMM</u>