

CORAC Newsletter

“Cast all your cares upon Him, for He cares for you.”

June 19, 2022



We all need joy in our lives. When circumstances are not particularly conducive to joy, we have to make a special effort, and summer is the perfect time! My favorite idea is a neighborhood block party. Its purpose is **FUN**, and at the same time, you are getting to know the very people who will surround you in the event of a crisis. Some block party ideas are in the Action Items section of this newsletter. Have some joy this summer!

Sheryl Collmer, editor
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From the cockpit of the Subaru:

Charlie traverses the country at the wheel of his trusty 2002 Outback to speak personally to crowds from one coast to the other. Check the website for his upcoming visits:

<https://corac.colmeeting/#dates-and-details>

Assume the Good Will of Others

One of the most deeply damaging psychoses of the modern world is to automatically assume the bad will of others when they disagree with you. Except for occasional crabby moments, I have always assumed the good will of all I meet – until they prove me otherwise. It has served me well. Many people who started off having animated words with me have become friends. A few are even close confidantes.

Decades ago, when I was a young local political columnist, I was seated next to the wife of a sometimes-controversial county Republican chairman. We were having a nice, lively chat when she started gushing about how much she and her husband loved my work. I thought it was probably true because they had refused to even talk to anyone from my group of newspapers before I came on the scene, but I was a bit puzzled. I asked her why that was, when I had probably criticized her husband more than any other single reporter in our market area. She was baffled for a moment and then earnestly said, “But you always treat us like real people instead of some evil cartoon. When you criticize, Bob (her husband) thinks of how to improve rather than how to get back at you. And you’re a lot of fun.” It pleased me and reinforced one of my central ideas from the time I started writing: never lose sight of the humanity of the people you cover.

I would have a much harder time of it today. In those days, believing that most people in authority wanted to do the best they could, but often stumbled, was a lot easier than today when so many – particularly on the left – think any vicious thing is justified in the pursuit of raw power. Even so, looking for the best in people until they prove they are hell-bent on the worst often brings out the best in them and serves as a nice cushion for what are merely stumbles.

Unfortunately the old Saturday Night Live running sketch, “[Point-Counterpoint](#),” while comedy then, has proved to be prophetic in foreshadowing the modern style of public debate (though usually without the piercing wit).

In better times insults and ‘gotchas’ were primarily the province of dull-witted lowlifes who lacked the intellectual bandwidth to come up with a coherent argument. (I do not speak here of the cutting witty banter that has been an art form for ages). On a rough day, anyone could resort to toxic banter – but anyone with any breeding would have the wit and honor to apologize. And a real apology, at that, not some feeble attempt to mollify an angry mob. Today, such venomous banter is the norm. It is a great poverty.

Certainly, when times get harder people’s tempers get shorter. Heaven knows with inflation running rampant, food shortages looming, and winds of war whipping up around the globe, times have gotten much harder and people’s tempers much shorter, fueled by real anxiety for what the future of these dystopian times can possibly hold. Yet we are called by Christ to be the light of the world. We cannot be light while spreading darkness and assuming the worst of those who disagree with us.

I learned long ago that anger is not always anger. Sometimes it is how fear and anxiety present themselves. Endeavor not just to listen to what people say, but to hear what they mean. Now is a time to work very deliberately to see the humanity in all you encounter, especially those you work or speak with on a regular basis. If music soothes even the savage beast, a gentle rejoinder soothes the soul of a man expressing his fears through anger. Once someone proves they are just of ill will, swing away if you will. Even then, try to let the light of gentle kindness shine through from time to time.

As the Apostle Paul exhorted us, bear with one another. Let us work to lift each other up rather than tear each other down. We have a lot of wood to chop. There will be time enough for recriminations later.

Charlie Johnston

CORAC MEDIA

CORAC podcasts are excellent companions in the car. Here are the latest:

“Weather” with Kansas State Senator and meteorologist Mike Thompson

https://vimeo.com/720294303?embedded=true&source=vimeo_logo&owner=144927933

“Education” with CORAC’s national education team leader, Andrea Hart

https://vimeo.com/718029545?embedded=true&source=vimeo_logo&owner=144927933

See all podcasts here: <https://corac.co/newsroom/#regular-podcasts>

A SIGN OF HOPE

Charlie’s blog posts are brilliantly written and inspiring to read. Check out the latest posts here:

“Drill Deep to Find What Trust Really Means” <https://corac.co/2022/06/14/drill-deep-to-find-what-trust-really-means/>

“Mordor is Come” <https://corac.co/2022/06/11/mordor-is-come/>

See all blog posts here: <https://corac.co/category/a-sign-of-hope/>

Immediatum Operam

Things on the immediate radar screen

FDA PUSHES SHOT FOR BABIES

On June 15, the FDA gave “emergency use authorization” of the dangerous shot for babies 6 months old to children aged 5, despite the terrible evidence and simple common sense. Over and over, the FDA is proving itself to be an enemy of the people.

Our greatest strategy is to persuade parents not to submit their children to this destructive experiment. Recently, Moderna had to destroy millions of doses of their vaxx because people simply don’t want it. We still have power, despite the ill intentions of government health agencies.

Talk to anyone you know with young children. Make them aware that children are not in danger from covid, the shots don’t work, the plandemic has been over for two years, the shot has dangerous side effects, the manufacturers have no liability for the damage the shot causes, and there is NO long-term safety data. There is absolutely NO reason to be pushing these gene-altering drugs on children. Make a cheat sheet with references.

Hands Off Our Children. This was written by Children's Health Defense before the FDS malfeasance, but skip down to the middle of the article for resources on how to raise awareness. <https://childrenshealthdefense.org/community-forum/tell-the-fda-hands-off-our-children/>

Kids' Vaccines Have Terrible Efficacy. <https://technofog.substack.com/p/pfizer-data-kids-vaccines-have-terrible?s=w>

America Is Now the Only Country That Authorizes COVID Shot For Infants. <https://dossier.substack.com/p/america-is-now-the-only-country-in>

CLEAR WARNING SIGNS: FOOD SUPPLY AND POWER GRID

Everybody!! Clear warning signs have been sent. The food supply and the power grid are at risk. Do your homework, for goodness sake. This is serious business.

You don't need to go full apocalypse to be reasonably prepared for known dangers. Cover first things first. Water, food, shelter, medications as needed. I am simply installing screens on my windows so I can get a cross-breeze; rain barrels for water (though we are experiencing a drought just now, they are still filled from spring); and a well-rounded non-perishable food supply that doesn't depend on refrigeration. See? That's not high-tech or high-budget. You can go higher-tech if you want to, but time is getting short. Have your preparations made.

Some resources:

The Ultimate Guide to Preparing for a Power Outage <https://survivorsfortress.com/preparing-for-a-power-outage/>

Summer Blackout – Houston Edition, because you can't get more miserable than Houston in the summertime! (Well, you can but I couldn't find a New Orleans edition.)

<https://www.airtechofhouston.com/6-ways-to-survive-a-summer-blackout-houston-edition/>

Food List - CORAC Newsletter April 22, Sustainability section

<https://corac.co/wp-content/uploads/2022/04/cnat-news042222v3.pdf>

Emergency Food Buckets costly but convenient: <https://mypatriotssupply.com>

Action Items

A million small victories lead to the Big Win

Speak up. Every conversation helps to break up the mass formation psychosis. When my dentist's receptionist told me I had to wear a mask, I told her why I was opposed to that; it turned out the whole staff agreed with me. At an outdoor farmer's market, I told the manager why a sign that required 6-foot social distancing and masks was ridiculous, especially since no one was observing the rules anyway. When we all start speaking up, those who depend on customers will listen.

Speak to an **elected official**. Don't give up on our legislative system; it may be horribly corrupt right now, you might be tempted to say, "What's the use?" but there's still power in our government. Just like with merchants, if enough of us speak up, they will begin to listen.

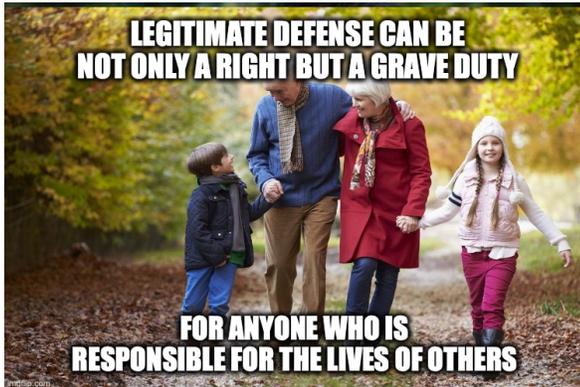
Have a **block party** to build community. As Charlie says, friendships will be the coin of the realm when things get rough. I've started talking to people on my street, and everyone is super-enthusiastic. Someone (you) just need to get the ball rolling. Start with one other person, print up some flyers to gauge interest, and begin a checklist. We're going to do Labor Day; that gives up plenty of time to plan. Here's a good guide: <https://ourhappyhive.com/how-to-plan-and-organize-a-block-party-that-rocks/>

Wave an **American flag** at a busy intersection or on an overpass. I get a huge kick out of all the honks and waves. You're sending the message that We the People are awake, and helps break up the mass formation psychosis.

Pray the **rosary publicly**. Get a group together, and publicize the day and time. You can start with as few as 2 people; it will grow. People have joined us from nearby restaurants, and some that were just driving by have stopped to pray. Be consistent so that people always know where to find you. We pray on the city square every Wednesday evening at 5:30, rain or shine. Though we are not required to have a permit, we get them anyway so law enforcement knows we are there. Once a month, we take treats to the police station in appreciation for their protection of our rights. On the coldest days in the winter, the hottest days in the summer, and a couple of rainy ones, we have been at our post. That may be significant in some way in the future. Start now. You can't go wrong praying the Rosary!

Here are some reasons why: <https://americaneedsfatima.org/articles/why-public-square-rosary-rallies>

Take a **self-defense class**. People are depending on you.



* Catechism of the Catholic Church, article 2265

EVERY ACTION, NO MATTER HOW SMALL, CONTRIBUTES TO THE VICTORY!

THE WEBSITE

In every issue of this newsletter, I tease you with the latest items on the CORAC website. Be proactive, and explore the website on your own. The website has been steadily growing as each team adds new material regularly. Note that some material is only available for registered members.

If you're not a member yet, for goodness sake, join! <https://corac.co/get-involved/>

Communications

Keeping in touch when normal channels are unreliable

See topics in radio and communications here: <https://corac.co/communications-teams/>

Health & Wellness

Staying robust in trying times

New **Homeopathy Gateway I** class beginning on July 10! Three Sundays at 3:00 Central on Zoom. Register now (CORAC members only), because you will need to order the book beforehand.

<https://corac.co/event/homeopathy-gateway-1/2022-07-10/>

Foraging – Summer Edition on July 26 at 6:00 pm Central. Second in a series on foraging, and the first one was great. Register here (CORAC members only): <https://corac.co/event/foraging-summer-field-session/>

See all topics in health and wellness here: <https://corac.co/health-and-wellness-teams/>

SUMMER HYDRATION

Down here in Region 8, we're having a particularly brutal start to the summer. We are well into triple-digits in June, without much of an acclimatization period. Dehydration can be subtle, or it can be suddenly debilitating. Most people will say, "I drink plenty of water," but then are not able to tell exactly how many cups or ounces they consume. It's important to know.

Signs of dehydration: <https://www.healthline.com/health/how-to-tell-if-youre-dehydrated>

An explanation of "living water" (not the Scriptural kind): <https://worldcouncilforhealth.org/resources/proper-hydration/>

Recipe for a rehydration drink: <https://www.food.com/recipe/oral-rehydration-salts-230966>

Sustainable Living and Survival Skills

Home skills for self-sufficiency

Sue's Gardening Series has been very well reviewed! Six sessions here: <https://corac.co/category/sustainable-living/classes-sl/>

See all topics in sustainable living at: <https://corac.co/sustainable-living-teams/>

Education

Rethinking education

The new CORAC national team leader for Education, Andrea Hart, has posted a great article about the true goals of education, how they've been subverted, and how we can return to them. She outlines what the Education team will be working on in the future: <https://corac.co/2022/06/16/the-problem-and-core-objective-for-children-and-youth/>

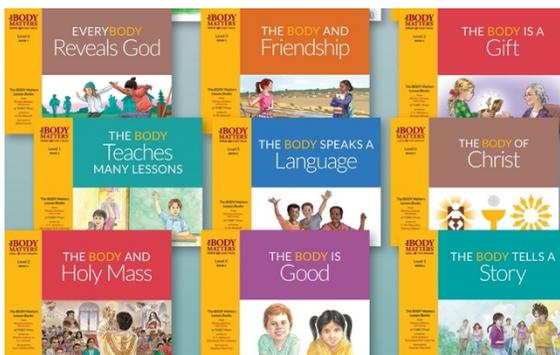
See all topics in education at: <https://corac.co/education-team/>

THEOLOGY OF THE BODY FOR CHILDREN

Parents have become desperate in the search for resources to keep their kids safe from the destructive alphabet-soup brigade, the Planned Parenthood/UN agenda for sex education from pre-school, the gross oversexualization of young children. St. John Paul gave us a gift, back in the 1980s, that is now a priceless asset: the theology of the body.

TOBET, a Texas-based organization, has developed age-appropriate, appealing and fun books to help teach children the beautiful view that the Catholic Church holds concerning the human person, *The Body Matters* for Kindergarten through 8th grade. The books are *not* sex ed; they are Christian anthropology in small, delightful bites. As an adult with a master's degree in theological studies, I have even learned a few precious things from these books! I guarantee you will enjoy reading them with your children.

There are home instruction guides and educator guides to accompany the books. <https://tobet.org/shop/>



Crisis Scenarios

Establishing basic responses to emergencies

Print this for reference: Power Grid Failure Checklist: <https://corac.co/2022/02/25/power-grid-failure-2022-scenario-checklist/>

See other topics in crisis management at: <https://corac.co/crisis-scenarios-team/>

Other Items Of Interest

Random stuff I just felt like sharing

THE J6 PROJECT

There has been renewed interest in supporting those unconstitutionally held in prison for attending the J6 rally. Many have been imprisoned for more than a year under unlawful conditions. If you'd like to send encouragement and friendship to one of these political prisoners, contact Kristen Martinez at kannmartinez@sbcglobal.net for a name, address and general instructions.

THE PEOPLE'S CONVOY

A documentary of the original American People's Convoy is here: <https://americasvoice.news/video/vyfQiM4UMSPYOan/>
If you missed the story this past spring, here's a concise look at the movement. It's worth a look to see how many good people there are in this country who believe in the strength of America.

CSA (COMMUNITY SUPPORTED AGRICULTURE)

Last newsletter, we talked about finding a CSA near you. You can check <https://www.localharvest.org> for your area. Once you've found a CSA you like, schedule a farm tour. All the CSA's I know of, love to show their farms to subscribers. Invite the people in your CORAC local circle to go with you. You'll have a grand time, and will build a relationship with a local farmer. You never know when that could prove golden.

JOY. IT'S NOT OPTIONAL

This is an older blog from 2016. That's so cute; I thought I knew what stress was back then. We need joy more than ever in 2022. There are some solid strategies for cultivating joy in your life, despite circumstances. For a Christian, joy is not optional. <https://tobet.org/joynotoptional/>

2000 MULES LEFT TRACKS

American Thinker just published an analysis of the fraud that the movie *2000 Mules* uncovered. With his typical wit and deep-dive reflection, Charlie Johnston reviews the evidence now before the American public. https://www.americanthinker.com/articles/2022/06/dsouzas_mules_left_tracks.html

MASS OF THE AGES

Everyone is talking about it! See what you've been missing.

Episode 1: <https://www.youtube.com/watch?v=xdbwNMYKhW0&t=288s>

Episode 2: <https://www.youtube.com/watch?v=1XctfSR7SS4>



HOW THE VACCINES KILL

With each passing day, the news connected to the COVID shots grows worse. The shots don't prevent COVID, don't inhibit transmission and the vaccine injuries encompass almost everything [that can go wrong with a body](#). Young people are dropping at such a rate that the medical world is scratching its head, pretending to not understand what could be causing all the damage. https://www.americanthinker.com/articles/2022/05/how_the_covid_vaccines_kill.html

REPORTING INJURY

If you or someone you know has suffered in the aftermath of the vaccine, the best thing you can do for the human community is [report it](#). Our best chance to make sure this doesn't happen again (a mandatory vaccine that has not been safety-tested) is to have an accurate understanding of the damage. It's the government's job to do it, but they won't, so we must. One place you can report where your information will be treated with respect is Dr. Lee Vliet's database here:

<https://www.truthforhealth.org/vaccine-injury-report/>

DEFEND YOUR CHURCH

We are all familiar with the threats to Catholic churches by pro-abortion groups, pro-LGBTQ group and general haters. I think it's a sign we're doing something right, to be targeted by such people, but that doesn't mean we should sit still and be abused by them. They have been explicitly warning us for over a month. There is no excuse for not being prepared. Check with your parish men's groups or Knights of Columbus; if they don't yet have a plan, *make one!*

Here's a sample plan from one of our members:

We had formal training for volunteers from the Men's Club and Knights of Columbus. We identified police officers and FBI agents who were fellow parishioners and requested they wear uniforms to Mass (and carried). Our Archbishop had a policy that no weapons were allowed to be carried by parishioners, only by formal security (like a police officer)

We used Sign Up Genius to have our trained volunteers sign up each week to work security for a Mass other than the Mass they attended each week (for example, my family went to 10:45am Sunday Mass, but then I'd work security for another Mass, usually the Sunday 5pm Mass)

At each Mass, one man was stationed outside with a walkie talkie (to communicate a threat to the other man stationed inside the narthex) and a cell phone to call the police. If a threat was observed, the man outside would radio the man inside who would immediately lock all the doors. (This parish used an app that was provided by the company who sold the magnetic door system. One touch on the app and all doors would immediately lock; no one could enter from the outside, but someone inside could still get out.) A church with lower tech would have to lockdown manually. In the event of a threat, the man inside would communicate to the ushers who were then to instruct the priest and all parishioners that a threat was ongoing and no one was to leave until police arrived and gave instructions.

Obviously, the response to a group of women dressed up as "handmaids" will be different than the response to a potential shooter. The least force to handle the threat, the better.

For unarmed protestors, it would be sufficient for parishioners to block the aisle and form a wall, beyond which the protestors could not move, and gradually move the protestors back to the exit. A prepared community would never allow protestors to approach the altar, threatening both the priest and the Eucharist.

Here is a church security plan from Catholic Mutual, an insurance group:

<https://www.catholicmutual.org/Portals/0/Docs/Risk-Mgmt/CARES/Security/Church-Security.pdf>

Another from Homeland Security:

<https://www.cisa.gov/sites/default/files/publications/active-shooter-emergency-action-plan-112017-508v2.pdf>

FACE – FREEDOM OF ACCESS TO CLINIC ENTRANCES

The same legislation that prevents pro-lifers from approaching clients at abortion clinic entrances also protects us from angry women disrupting the Mass. They may not “injure, intimidate or interfere with any person lawfully exercising or seeking to exercise the First Amendment right of religious freedom at a place of religious worship.”

<https://www.law.cornell.edu/uscode/text/18/248> section (a)(2)

Know that when you defend the sanctity of the Mass from disruption, you have Federal law on your side.

EXCERPT FROM FR. FRANK PAVONE

...the Supreme Court is expected to give an unprecedented victory to the pro-life cause by returning to the people and their elected representatives the ability to protect by law our youngest children, those yet in the womb.

To those who have eyes to see, it is clear that we are in a spiritual and moral civil war between good and evil, and between commonsense and insanity. If we dare to name the enemy, we are branded as the enemy, and we are punished as the enemy, both in the civil arena and in the Church. The same cancel culture has infected both arenas.

It is a civil war, and there is no room for neutrality in any profession, walk of life, or facet of the State or the Church. And we who refuse to be neutral or silent must stand together.

Like so many of you, I have a deep and authentic love of the Church and respect for the proper place of authority in the church. But I have no respect for the abuse of authority, and no intention to defer to those who, instead of encouraging God’s people to be vocal and courageous at this unique moment in our history, try to browbeat us into cowardly silence, meanwhile using every kind of spiritual and canonical reason to rationalize this abuse of power.

There is no need for this, no justification. We can all be united in our love for the Church, for the unborn, and for America. Do not be discouraged or deterred, no matter what happens. Let’s stand together, let’s work together, let’s pray together, and let’s defend America, the unborn, and one another!

Mark my words: together, we will see the victory!

Fr. Frank Pavone

[Priests for Life](#)

AUTHORITARIANISM IN THE CHURCH

The Vatican is tightening its authority over diocesan decisions that were previously the jurisdiction of the local bishop. Last week, Francis decreed that bishops must seek a written license from the Vatican to approve a new religious institute in their diocese. That puts bishops in an untenable position. It can be anticipated what sort of institutes will likely not be approved. This requires some serious prayer. <https://www.catholicworldreport.com/2022/06/15/pope-francis-new-public-associations-of-faithful-require-written-vatican-approval/>

Prayer

Staying right with God

THE CATECHISM SERIES

This popular series with Desmond Birch is now up to session 9. See all the episodes here:

<https://corac.co/prayer-teams/>



JUNE PRAYER INTENTIONS

Please keep these intentions in your daily prayers.

- For all CORAC members, their families and intentions, particularly those who are going through difficult trials at this time, and that we are bolstered with new measures of fortitude, courage, hope, faith, trust and love
- For safety in travels and blessings upon all of Charlie's meetings, both public and private
- For a dome of protection over the people and good works of CORAC as we make our stand with God and engage in the Spiritual and Corporal Works of Mercy
- That people everywhere will awaken to the reality that God loves us, is calling us to Himself and that each one will respond to His grace, repent and make a return to Him or deepen their conversion or, perhaps, truly discover Him for the first time

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!

