

CORAC Newsletter

"Do not let your hearts be troubled."

November 15, 2022



18208 Preston Road Ste D9-552
Dallas TX 75252

Read this newsletter in PDF format for greatest clarity. Print out any sections you might want in a power-out situation.

So much; there is so much going on. I hope everyone has found trustworthy sources of news (see Other Items section), which rules out all major networks, establishment print media and mainstream online platforms. Those who have held power for a long time, and incidentally grown obscenely rich while doing it, will say and do anything to keep us from taking it back. Be like the Church in your judgments: wait and see. Take it slowly. Many things are not what they first appear, because dedicated liars are managing the dissemination of news (propaganda.) If you haven't read George Orwell's *1984* as an adult, pick it up. It's a good roadmap to help you see what's coming if the powerful have their way. Be wise as serpents and innocent as doves.

Sheryl Collmer, editor
sherylc@coracusa.com



From the cockpit:

CORAC founder Charlie Johnston traverses the country in his trusty Outback to speak personally to crowds from one coast to the other.

Charlie's father, Charles Johnston, died on November 12. Please say a prayer for Charles Sr. and all his family. While the Johnston family is in mourning, I offer a reprise of a letter Charlie wrote earlier this year, **Proclaim the Kingdom**, originally published on July 25:

The only thing powerful enough to sustain a noble purpose until the end is love. Vanity won't do it: it withers when it is not noticed. Vengeance won't do it: it eats away at the heart until it has mutilated the soul. Greed won't do it: the more it gains the more it craves, until there is no room left for any purpose other than greed.

All the motivations encompassed by the seven deadly sins are focused inward: how can I satisfy myself? They eat away at the self even as they are exerted. Love looks outward: how can I care for those around me? This is the beginning of love.

St. Augustine said, "You Have made us for yourself, O Lord, and our hearts are restless until they rest in you." Some insightful men have paraphrased this to describe a hole in the heart that can only be filled by God. The deeper your love for God, the deeper your love for your fellows, and the more you will trust that God knows how to handle all things most efficiently.

Unlike the deadly sins then, which only make the hole in the heart bigger and more insatiable, when you fill that hole with God, you are both satiated and filled with purpose. You progressively lose that, 'what's in it for me' bug that the satan is always trying to inflame in you, and become consumed with keeping faith with God and, thus, your fellows - His people.

A noble parent will die eagerly to save his child. (And yes, I know to my sorrow, that some modern parents care little for their children except as fashion accessories). Expand the love you have for your children to as many of your fellows as you can and you tap into the unending source of fuel needed to endure all pains and surmount all obstacles in your quest for what is noble and what is true.

Everywhere I go, almost everyone I know is walking on eggshells, waiting for the bottom to fall out of the leaky tub we find ourselves in. Some get lost in the firehose of dysfunction that surrounds us, decrying each evil as if we could just end that one all would be well. It is like complaining that the faucet doesn't work when the house is ablaze: true as your outraged observation may be, it is not terribly relevant to the issue at hand.

Others get caught up in nostalgia, hoping that if we could just get back to some critical piece of the good old days, all would be well. That drives some of the enthusiasm for the Traditional Latin Mass, something I have a lot of sympathy for. The reality is that many of the most faithful Catholics adore the Latin Mass – and in growing numbers. But it is a self-selected group. People like to go to the Latin Mass because many of the most orthodox people go there – and as things get crazier, it is where a lot of orthodox people feel most safe.

But back in the day, it was not a self-selection of orthodox folks. It was everybody – and the very disorders that bedevil us now took root and sprouted in the culture where the Latin Mass was the only option. As Shakespeare said, the problem is not in our stars but in ourselves. The problem has become not that a particular element is out of whack and that, if we can fix that, all will be well. Everything is out of whack. The house is ablaze – and fixing the faucet is not going to change that.

We are at the very edge of some cataclysmic change. It may not be as dire as I think it will be, but it will be comprehensive. The ship of state is not in for a tune-up; it is about to undergo a complete overhaul.

Now is the time to truly trust God and do the little we can that is right in front of us. Obsessing over a fragment of the disorder or yearning for a better time is not a way of dealing with the problem. It is a form of escapism that creates an illusion of useful advocacy.

I operate from the assumption that things are too far gone and all is coming down for a time. So I deal with those dysfunctions I can that are right in front of me, but my focus is on the things we will need and can do together to rebuild and renew under God after all seems lost. Figure out where you will get your basics – water, food, shelter – and how you can band together to extend those necessities to those around you. That is what will put us in position to grow together whatever happens.

It is fearful because we do not know exactly how it will all happen. But that is a feature, not a bug. God wants us to rely on Him more without failing to do the little that we can with our neighbors, with love for each other. Trust me: when we give him that little fish of our trust with the tiny part we can do, He will use it to feed a multitude. Divine love grows to fill our lives. We will do what we can BECAUSE we love, trusting that whatever outcome God allows will forward the Kingdom.

If I am to live, may I live for Christ. If I am to die, may I die for Christ. However God disposes things, with this sort of love, the Kingdom is unstoppable. Let us all go forth and bear fruit that will last.

Charlie Johnston

If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can't then. CORAC teams will be out looking for people to gather in and work with.

CORAC PODCASTS

<https://corac.co/newsroom/#regular-podcasts>

A SIGN OF HOPE BLOG

<https://corac.co/category/a-sign-of-hope/>

CHARLIE'S UPCOMING MEETINGS

<https://corac.co/meetings/#dates-and-details>



Action Items

The price good men pay for indifference toward public affairs is to be ruled by evil men.

- **Use cash.** Resist the digital economy that will make you manipulable. <https://globalwalkout.com/keepcashalive/>
- **Pray the rosary in a group publicly.** <https://truthforsouls.com/2022/07/27/signs/>
- **Recruit locally.** See the article at: <https://truthforsouls.com/2022/06/10/what-is-corac/>. Edit it for your own local area.
- **Fly the American flag.** Hold it in a public place, fly it from your car, hang it from your house, wear it. The flag is a symbol that works at multiple levels to inspire, unite, and rally people to action. In the military, the flag represents a unit's morale and fighting spirit. The flag was the rally point for soldiers in the heat of battle. It may again unite and rally us.



<https://libertyflags.com/products/u-s-car-window-flag>
<https://gracealley.com>
<https://rushmoreroseusa.com>
<https://www.gettysburgflag.com/flags-banners/lapel-pins>

Health & Wellness

<https://corac.co/health-and-wellness-teams/>

SUPPLEMENTS

I have tended to glug down all my vitamins last thing at night before bed, but that is wrong! You can reduce the effectiveness of some supplements when you take them too close together. Others must be taken together to be effective, like zinc and quercetin. See how to schedule your supplements properly.

<https://www.consumerlab.com/answers/which-vitamins-and-minerals-should-be-taken-together-or-separately/how-to-take-vitamins/>

THE SUGAR TRAP

It's no good for us, and it's addictive. Now seems like the perfect time to kick sugar out, as fewer medical resources may be available to rescue us downstream of our bad habits. Here's an educational and motivational spur to get it done:

<https://worldcouncilforhealth.org/multimedia/christof-plothe-sugar/>

Survival Skills and Sustainable Living

<https://corac.co/sustainable-living-teams/>

Communications

<https://corac.co/communications-teams/>

Crisis Scenarios

<https://corac.co/crisis-scenarios-team/>

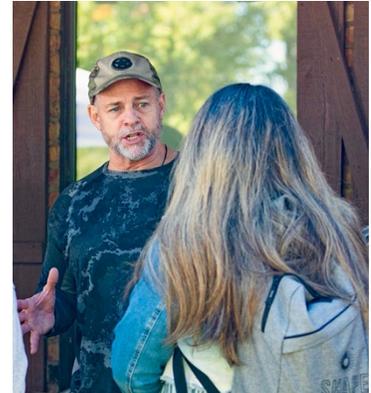
Education

<https://corac.co/education-team/>

Regional News

REGION 8 FIELD DAY

CORAC East Texas, geographically located around the center of Region 8 (Texas, Louisiana, Arkansas and Oklahoma) produced our Field Day on November 5. Members from all four states were present. Our “headliner speakers” were [Charlie Johnston](#), who opened and closed the day, [Mother Miriam](#) of the Lamb of God, and Doug Barry of the [US Grace Force](#) and [EWTN's Battle Ready](#). All three gave rousing talks. (Photo credits: Mark Tanner Photography)



We were fortunate to begin with Holy Mass, always the best way to start any event. One priest came to hear confessions, and the demand was great enough that two other priests set up impromptu confessionals on the lawn.



Our own local CORAC experts gave the topical presentations on:

- Radio communications
- Livestock butchering and dressing
- Raising chickens and ducks
- Water purification, from lake to table
- Home defense
- Emergency medicine
- Foraging and tincture-making
- Emergency sanitation
- Canning and food preservation
- Prudent gardening



The butchering, dressing and roasting of the goat generated much interest, and provided a treat for those who stayed late (and it was delicious!) The radio display was especially impressive, with National Comm team members Paul Allred and Scott Allred coming from Dallas to set up a multi-vehicle station with antennae high in the trees and a solar array to power it. One of our east Texas members, a 30-year physician, gave a demo on treating household emergencies if 9-1-1 were slow or non-responsive for a time. The chickens and ducks were co-presenters for a talk on raising poultry.

Local events bring out the expertise that may be hidden among your members. All the topical presenters were from Region 8. I had no idea the depth of knowledge in our region alone. They just needed a forum. I believe it's the same in every region. There is a depth of knowledge and experience that needs to be mined.

Other Items of Interest

TRUSTWORTHY SOURCES OF NEWS

You may think that there are still some trustworthy voices in the mainstream media, but bear in mind that all the major media is closely owned by a small number of people, and receives funding from highly suspect sources (Pfizer is a major determinant of mainstream "news," as well as Soros- and WEF-backed organizations).

Swim out of the mainstream; it could be critical to your survival.

My recommendations:

Brian Cates on Telegram
BioClandestine on Telegram and Substack
Jack Posobiec on Telegram
Kanekoa the Great on Telegram and Substack
Robin Monotti + Dr. Mike Yeadon on Telegram (British)
Vigilant Fox on Telegram and Substack
Uncoverdc.com

Charlie's recommendations:

American Spectator
American Thinker
American Greatness
The Federalist
Townhall
LifeSiteNews
Citizen Free Press

ANOTHER STOLEN ELECTION

Is anyone surprised? Things just don't add up. Paul Craig Roberts uses CNN's own data to show how the mid-terms elections were a massive cheat. <https://www.paulcraigroberts.org/2022/11/09/another-stolen-election/>

The very same playbook was used to steal Brazil's presidential election. The Brazilians aren't having it.

<https://www.breitbart.com/latin-america/2022/11/03/brazil-peaceful-protests-attract-tens-of-thousands-rejecting-corrupt-socialist-president-elect/>

The Brazilian military stepped in to audit the election. There's an idea. <https://www.breitbart.com/latin-america/2022/11/11/brazil-military-says-possible-security-risk-existed-presidential-election/>

And what is it about Kari Lake? Why has the Left specifically targeted her in the Arizona governor's race? Seems like a vastly disproportionate share of assets went to support Lake's opposition, Katie Hobbs, who never even showed up to her own campaign. In an ethical breach that a child could have spotted, election integrity in Arizona is being overseen by the very person who stands to benefit, Katie Hobbs. Stinks like a wet dog rolling in its own poop.

This all tells me that Kari Lake is a substantial threat to the propagandists. In the most obvious election cheater, the votes in Arizona are not being finally counted until enough props can be brought in to change the outcome for Hobbs.

However, there are election integrity assets in Arizona who may be able to expose the whole thing. Pray for them.

CRYPTO

Any investments in crypto should have been made with the understanding that you could lose it all. And world financial powers are certainly trying to kill crypto, as they ramp up to introduce the Central Bank Digital Currency around the world. Crypto and CBDC are opposites, but most people will not discern the difference. CBDC will be centrally controlled, meaning that the government can cut off your access to your own money, whereas crypto, by its very nature, is de-centralized. Right now, it's like Godzilla vs. King Kong; who will win?

For example, Bitcoin price has always been volatile, but right now, it's being driven down the toilet. Just at a time when people are desperately looking for alternatives to the rapidly-deteriorating US Dollar, Bitcoin loses 75% value from its historic high? It's like the mid-terms: it doesn't make any sense. There are huge powers at play.

At the very least, protect your crypto investment by getting offline, using a hardware (cold) wallet. A hardware wallet takes your investment off the online exchanges, and stores it on your own hardware device. Hard wallets range from \$69-\$150, depending on how much you want to store, and how easy you want the dashboard to be.

Best crypto hard wallets: <https://techreport.com/cryptocurrency/top-6-crypto-hard-wallets-for-2022/>

BEWARE PAXLOVID

At this point, why would any sane person trust Pfizer? They've hidden covid vaxx trial data, given zero help to those injured, lied about transmission, severity and mortality, and refused to release trial data until forced by a court. Now they want us to fall for the same schtick about Paxlovid. Where's the safety data? Where's the efficacy data?

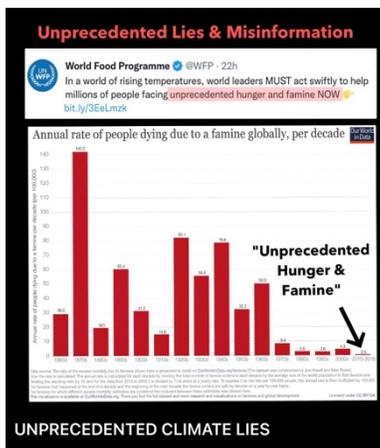
- The expensive new drug is widely associated with rebound infection. <https://stateofthenation.co/?p=143891>
- It's a fraud. <https://childrenshealthdefense.org/defender/pfizer-paxlovid-covid-drug-fraud-cola/>

CLIMATE CHANGE: BE INFORMED

Manmade global warming is the latest scheme to separate ordinary people from their money, the fruit of their labor. But humans are not causing the earth to warm up catastrophically. In fact, the earth is cooling, and it has nothing to do with human activity. The sun is the driver of climate change, and always has been. Valentina Zharkova is perhaps the world's leading solar physicist, and gives an illuminating (see what I did there?) presentation on climate change.

<https://jermwarfare.com/podcast/valentina-zharkova-on-the-sun-driving-climate-change>

Whitney Webb on the same topic, the war on humans: <https://www.onenewspage.com/video/20221107/15081301/War-on-the-Human-Whitney-Webb-Breaks-Down.htm>



From Craig Kelly, Leader of United Australia Party & Member of Parliament:

These globalist bodies spewing their climate lies & propaganda do immeasurable harm. Although there are many in the world today that still suffer from hunger, to claim there is 'unprecedented hunger & famine now' is a complete lie.

The truth is, today what is 'unprecedented' is the risk of dying of famine is the lowest in human history. But that fact doesn't fit with the climate alarmist narrative so they lie. And these lies cause harm.

Firstly, they brainwash gullible young minds into negativity, depression and self-destructive behaviours. Secondly, lying about "unprecedented hunger & famine" ignores history, and by ignoring history, we fail to learn from it and are more likely to repeat the mistakes of past. Thirdly, although the world has enjoyed a declining risk of famine over recent decades (thank you, fossil fuels & increased CO2 levels) those gains are at risk from an insane drive to Net Zero which will simply make the costs of producing & distributing food more expensive.

EXCESS MORTALITY

Excess deaths in the age group 18-44 rose 36% in the month of August, according to the Society of Actuaries in the UK. That age demographic in the US is around 100 million people, so we are talking about a huge number of affected people. The vaxx uptake in England is around 66%, and in the US, 68% (if you can believe the official numbers) so the data is comparable.

<https://ussanews.com/2022/11/10/alarming-trends-in-excess-deaths-its-an-epidemic-of-sudden-death-ed-dowd/>

Overall reports of excess mortality among working age adults are even higher:

<https://www.theburningplatform.com/2022/03/15/ed-dowd-millennial-age-group-25-to-44-experienced-an-84-increase-in-excess-mortality/>

Prayer

<https://corac.co/category/prayer-teams/>

NOVEMBER PRAYER INTENTIONS

*For all CORAC members, especially those going through tough trials

*For a strong, ongoing response to the current CORAC fundraising campaign

*For travel mercies for Charlie and blessings on his meetings and presentations

*That we embrace Charlie's CORAC Call to "Make Friends!" and that we fully put on the mindset that rejects any regimented schematics about what's going to happen and, instead, keep our eyes fixed on what actually does unfold, the better to focus on next right steps

*That each of us continues to carve out time for silence and contemplation with the Lord, every day, giving Him opportunities to calm us, steady us and focus us for each next right step

*For all the intentions carried in the hearts of CORAC members

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!