



# Radiation Poisoning

**Homeopathy:** Take 1-5 pellets as a dose. In most cases, take as often as needed (every 5-30 minutes) *reducing the frequency as symptoms improve* (every 1-3 hours, 2-3 times a day), unless otherwise specified. If you see no improvement after 4 doses try a different remedy. If you are running low on a remedy, put the pills in water and take 1 tsp of the water as a dose. If you don't have the mentioned potency, but the remedy is a good match, use the potency you have.

## **Rad Kit Remedies:**

**Cadmium Sulphuricum 30C, 200C, or 1M:** There is a lot of exhaustion, prostration and icy coldness. There is violent nausea, retching, vomiting, anorexia, weight loss, and hair loss. Person may vomit right after taking this remedy, but should feel better after doing so.

**Cobaltum 30C, 200C, or 1M:** Blurred vision, humming noise in ears, dryness, itchy, sore and bruised feeling.

**Radium Bromatum 30C, 200C, or 1M:** Use for burned skin, skin eruptions, skin ulcers or arthritis after exposure to radiation. Use as often as needed. Reduce use as symptoms improve.

**Rhus Venenata 200C:** extreme itching, especially if large blisters form.

**Strontium Carb 200C:** Deep muscle and joint pain, spasms. Feeling faint, headache with vertigo, loss of appetite, heartburn, nausea

**Sol 200C:** Hair loss in clumps and emaciation. Try this remedy if Cadmium Sulphuricum seems indicated but has no effect.

**Uranium nit 200C:** inability to hold any food down, to the point of emaciation. Buildup of fluid in the abdominal cavity. Exhausted from fighting, so much so, that mental capacity is compromised from battling to stay alive. May not be able to hold urine without pain.

**X-Ray 200C:** good for burns or other skin conditions.

**\*Kali iodatum 3X:** Temper, violent headache, watery discharges, noise in ears, purple spots or boils on skin. Can be taken up to 3 times per day, or put in water and sipped as needed. \*Always do 5 days on, 2 days off in 3X & 6X potencies.

## Radiation Poisoning *(continued)*

### **Other possible remedies that you have from your regular 30C & 200C kits:**

**Arnica 30c, 200c, or 1M:** for the immediate effects like shock and bruising.

**Arsenicum 30c, 200c, or 1M:** Anxiety, restlessness followed by weakness, chills and a desire for frequent small sips of water, feeling like you have been poisoned. Nausea, retching and vomiting after eating and drinking. Utter prostration. Extremely anxious and fearful.

**Nux Vomica 30c, 200c, or 1M:** Constant/Violent vomiting, intense nausea slightly relieved after vomiting. Sensitive to everything. Can be very crabby and sensitive to noise, touch, people around them, the least thing aggravates.

**Phosphorus 30c, 200c or 1M:** High fever with much vomiting. It is a burning heat as if the internal body is being burnt. Desire for very cold drinks in large quantities. Empty feeling in the stomach with nausea. Anxious and melancholic. Feels completely weak and weary from loss of vital fluids or who feels so tired he has become apathetic and barely reacts to what is going on around him. Hollow, sunken eyes. Hair loss in spots. Bleeding issues.

**Ruta graveolens 30c:** Protects the cells from damage after exposure to radiation, generally taken once per week.

The cell salts of Calc fluor 6x and Nat mur 6x taken all day in water will support your body in eliminating toxins and helping to protect the thyroid and bones. This can be taken in addition to other remedies that are indicated. \*Always do 5 days on, 2 days off in 3X & 6X potencies.

If other remedies seem indicated such as Apis, Chamomilla, Ipecac, Phos Acid, Tabacum or any other remedy whose symptom picture fits.

For radiation burns: Cantharis, Calendula, Sulphur in 30c, 200c, or 1M.

### **Other Home Remedies:**

Baking Soda: Adding ½ of a cup of baking soda and ½ of a cup of sea salt or Epsom salt in a bath and soaking for 20-45 mins will help to draw the radiation poison out of your system.

Black walnut tincture can also be used as an alternative source for iodine if you don't have any other sources. Paint the iodine on your knees or wrists, similarly to how you would use Lugol's or other external iodine supplements. It is not recommended you take this internally to help with radiation poisoning.



## Radiation Poisoning *(continued)*

Bentonite clay can also be used 1 cup full in a hot bath to draw out toxins for 20-40 mins or a clay pack (mix the clay with warm water for a thick consistency) and cover a foot or hand for 10-20 mins or until the clay dries. Then rinse off with warm water. Repeat this process with a different hand or foot each day.

For radiation burns: (See remedies listed above.) You can also apply aloe vera directly from the leaf onto the wound. Calendula cream is also effective for topical treatment for radiation burns.

Coconut Oil is good to add to food and drinks during the recovery from a radiation event to support your thyroid.

