

Newsletter 2023-1

18208 Preston Rd Suite D9-552
Dallas, TX 75252



Read this newsletter in PDF format for greatest clarity. Print out any sections you might want in a power-out situation.



With sadness, I dedicate this newsletter to Cardinal George Pell, who went to his eternal reward on Tuesday this week. He was a stalwart son of the Church, having accomplished great work in the area of financial reform, and having endured unjust imprisonment for a crime that had to have offended his heart to the very core. I encountered the Cardinal in Madrid at World Youth Day, where he ministered to the kids like a parish priest. Heaven just became even more appealing, with the prospect of Cardinal Pell and Pope Benedict waiting for us. Rest in joy, dear Brothers in Christ.

Sheryl Collmer, editor
January 10, 2023
sherylc@coracusa.com

From the cockpit



CORAC founder Charlie Johnston travels from coast to coast in his trusty Outback to speak in person to those anticipating the Storm.

Be The Benefit – Fruit That Will Last

In the last two and a half years, CORAC has cobbled together a host of benefits for our members to help all thrive in good, bad or even terrible times by working together to develop key skills with each other and sharing them. CORAC has put together a host of videos and seminars highlighting home and frontier skills, such as foraging, butchering and preparing game animals, safe food preparation, basic self-defense, strategies for simple but effective heat stoves, canning, and safe storage of dried foods.

While government and public health authorities were busy suppressing effective Covid medications, CORAC was helping people obtain Ivermectin and offering effective protocols. Meantime, hundreds have taken – and taught – free courses on homeopathy, a medical system that has been used by St. John Paul II, St. Teresa of Calcutta and was predominant in this country for many years.

As the government was colluding with big tech and big media to shut down dissent from preferred official narratives, even canceling people who had done no wrong, CORAC was working with others throughout the country to build a nationwide network of ham radio operators so that people could get reliable information in the event of a crisis.

In the different regions, CORAC has set up shelters and crisis centers – stocking them with food and medicine – in case of emergencies. They came in handy during the big hurricane that hit Florida last year.

CORAC's Education Team has been building curricula and plans for Home School Co-ops that help people get out of failing public schools, and see that their kids get a real education whether we hobble along in this country or the bottom falls out of a failing governmental system.

Under the leadership of the Prayer Team, people of all stripes are being brought together to live their preferred devotions with each other or take Catechism Classes directed by eschatologist, Desmond Birch.

As things get darker, while we do occasionally curse the darkness, we are far too busy lighting candles to make the former our focus. We are about the business of knitting the frayed social fabric back anew, among those who are willing to work voluntarily together. We get the side benefit of making good, reliable friends throughout the country with our efforts. (I personally think that is the main benefit, but I prefer that people figure that out at their own pace.)

Anyone can join without charge and access all the materials CORAC has to offer. This year, I want to take it to a deeper level: you be the prime benefit to your neighbors.

When you join CORAC, recruit a God Squad in your own neighborhood or town. Look for things that need doing and then...do them. Find the elderly shut-ins who need some help with home repairs – and get a crew to help them. Maybe there is someone who needs help getting to the store once or twice a week. Recruit a crew of the willing and help them. Maybe a single mother or the caregiver of an invalid needs a break now and then. So help them. Check in with your local churches and synagogues and find out what the needs in the community are – and then help meet those needs. It can be as simple as reading to a child or as complex as building a new porch.

You will get the joy of camaraderie with your fellows as you share accomplishments – and build new friendships and community groups who will form a great bulwark against the ongoing decay of the social fabric. Truth be told, while the media shows a hugely divided public and the Federal government tries to inflame animosities between people, most folks are pretty nice. I travel the country and talk to strangers all the time – and they like to laugh and talk and help each other. Shoot, the other day I replaced the headlights in my car. Actually, I bought the headlights in an AutoZone. By chance, the manager of the store helped me – and then insisted on coming out to install them for me. When I tried to offer him a little extra after he was finished, he refused – and said he had enjoyed talking with me too much to take extra money from me. Let your soul, with Mary, magnify the Lord, that all may see and rejoice in the light.

Get your crew together – and let it multiply...right in your neighborhood. Hold meetings and barbecues. But for goodness sakes, don't let it be the sort of bureaucratic meetings that have been the bane of modern existence for decades. I once suggested to a group that we just set a tape recording of our next meeting, then run the tape in an empty room every two weeks without any more meetings...because they were all the same blah, blah, blah anyway so why waste valuable time with such dead-end nonsense? Do rotating social events. Figure out what needs you are going to work on, who is in charge of each project, and then play some cards and chow down. The business part should take all of, maybe, 45 minutes.

Things are not holding together in our society anymore. But we can build anew, one brick at a time. Do not worry about all the things you can't do. Just do the little you can that you find in front of you. If you do that with enthusiasm, trust me, your crew will grow and the territory of what you can do will grow with it. Just take the next right step, and many more will follow.

The finest mansion in town was built by putting one brick on top of another. I walked 3,200 miles on my pilgrimage across the country a decade ago by putting one foot in front of the other...doing 10-15 miles a day while relentlessly enjoying the day and the people I met during that day without fretting about the fullness of the journey, nor getting bent out of shape during the occasional detours that arose. We are neither building a mansion nor taking a long hike: we are building that shining city on a hill with each other to offer Christ. But the technique is the same. Focus on the next brick and the next step – and we will produce fruit that will last, even as the stilted, formal avenues collapse around us.

Charlie Johnston

If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can't then. CORAC teams will be out looking for people to gather in and work with.

CHARLIE'S QUICK UPDATES

Charlie has begun posting quick little topical briefs, all around 6 minutes so that you can listen on the fly.

“Keep Steady” 8 minutes <https://corac.co/2022/12/26/keep-steady/>

“God's Ways Are Not Men's Ways” 6 minutes <https://corac.co/2022/12/15/gods-ways-are-not-mans-ways/>

<https://corac.co/newsroom/#regular-podcasts>

A SIGN OF HOPE BLOG

“The Changing of the Guard”

“A Pivotal Year”

<https://corac.co/category/a-sign-of-hope/>

CHARLIE'S UPCOMING MEETINGS

<https://corac.co/meetings/#dates-and-details>

Action

- **Use cash.** Resist the digital economy that will make you easy to control. <https://globalwalkout.com/keepcashalive/>
- **Pray the rosary in a group publicly.** <https://truthforsouls.com/2022/07/27/signs/>
- **Sustainability Challenges.** The national team has been issuing weekly challenges to help us gain skills and practice. If you haven't known about them, now is the time to catch up before the end of January!
 - #1 Power Out simulation.** Live entirely OFF electricity/gas for a day. What do you discover? What backups do you need to put in place? (alternate heating, spare batteries, alternate cooking, written phone numbers and addresses, etc)
 - #2 Water Out simulation.** What are your alternate water sources? Do you have a purification system? How are you handling sewage? Be aware that if you live on low ground, you may need to address sewage backflow in the house.
 - #3 Physical Fitness.** Living with conveniences less widely available requires more physical work. Begin slowly, but incorporate exercise into each day. What is your plan? What's your rainy-day alternative?
 - #4 Inventory.** Take stock of your emergency preps. Do you know what you have, and can you access it? Are you rotating goods with an expiration date? Do you have a good balance of carbs, fats and protein, and not just a mish-mash of energy bars and canned meat?

Website

- Health & Wellness
- Sustainable Living
- Communications
- Education
- Crisis Scenarios
- Prayer

<https://corac.co/health-and-wellness-teams/>
<https://corac.co/sustainable-living-teams/>
<https://corac.co/communications-teams/>
<https://corac.co/education-team/>
<https://corac.co/crisis-scenarios-team/>
<https://corac.co/category/prayer-teams/>

News

UNDENIABLE DAMAGE

The damage done by the C19 vaxx is becoming visibly tragic and undeniable. Deaths reported in VAERS are at 43,052, and VAERS is believed to be 1-10% of the total number (multiply VAERS times 10-100). If you do the math, it's staggering. Life-threatening, permanently disabling, ER or hospital admission required and birth defects total 615,187. It begins to make sense why there are staffing shortages in so many businesses, as the working age public were mostly forced into taking the shot.

<https://www.vaersaware.com>

<https://rumble.com/user/welcometheeagle>

<https://www.americaoutloud.com>

“Together we will expose the fraud”

Podcasts from a top VAERS auditor

All things covid from people who aren't getting rich off you

STATE OF EVIL IN THE WORLD

Fr. Ripperger is an exorcist, now residing in the Diocese of Denver as the founder of the Doloran Fathers. In this 40-minute presentation, Fr. Ripperger gives reason for hope despite the profound activity of evil in the present world.

<https://www.youtube.com/watch?v=-yxCn5P2F-4>

MEDICAL WAKEUP

Data from the CDC shows that only 13% of Americans are taking boosters of any kind. People have lost trust in the medical institutions of our country, and certainly in the government. All the propaganda in the world is not moving the vaxx into arms. See the presentation of Dr. Peter McCullough on InfoWars: <https://www.truthforhealth.org/2022/01/dr-peter-mcculloughs-presentation-on-infowars-with-alex-jones/>

TRUE HISTORY OF ANTIFA

Catholic podcaster Jack Posobiec begins a new series, “The True History of Antifa.” We always knew Antifa was not what the media sold; Poso does a deep dive. <https://humanevents.com/2023/01/06/posobiec-antifa-only-exists-to-be-a-destabilizing-force-and-gets-their-own-history-exactly-wrong>

EVIDENCE-BASED DOCTORS REGISTRY

Steve Kirsch, one of the first public figures to “come out” against the dangerous vaxx, has begun a registry of evidence-based doctors. It’s a work in progress, but it’s already substantial. Click on the link in the Burning Platform article. You’ll come to a filter-able spreadsheet that you can search by state, zip code and specialty. Bookmark the page to have handy if a family member needs medical help.

<https://www.theburningplatform.com/2023/01/08/new-evidence-based-doctor-registry/>

TRUE MOTIVES OF COVID CAMPAIGN

Another early danger signaler was podcaster Bret Weinstein, an evolutionary biologist who hosts the Dark Horse podcast. In June 2021, Weinstein hosted Dr. Robert Malone and Steve Kirsch in one of the first public revelations of the dangers of the vaxx. That podcast was my introduction to the renowned Dr. Malone. It’s a long interview, but it will go down in history:

<https://open.spotify.com/episode/2GkYPouJqLMnMqDzMsdaeh>

Skipping ahead to the present, here is Bret Weinstein talking to Joe Rogan on January 4. It’s another long one, but Weinstein is an honest scientist, talking about the true motives of the covid campaign:

<https://open.spotify.com/episode/1fCp0jGnwvxHJVPiXTfOzA>

THE PLAN IS NO-GENDER HUMAN 2.0

David Icke, a British author and speaker, talks about “AI, Drag Queens, Sperm Counts & mRNA Vaccines. I wasn’t familiar with Icke, but Wikipedia describes him as a “conspiracy theorist” which is now a badge of honor and shorthand for “tells the truth.” I hadn’t previously thought of a no-gender agenda. <https://www.youtube.com/watch?v=AWmdgFcyDYY>

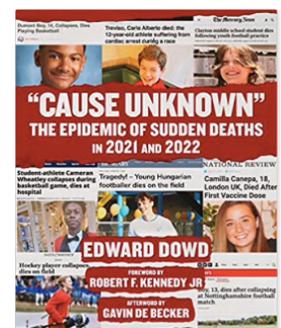
Why are we seeing drag queens everywhere? It’s not just library story hours anymore, though that’s bad enough. Antifa bad actors are protecting “family-friendly” drag shows. What the heck?!? Ru Paul’s Drag Race,” a “reality” show (that’s rich) that has been going on for 15 or so seasons. There may be something to the Gender Bender Agenda.

CAUSE UNKNOWN

Edward Dowd, a former portfolio manager (a profession that requires statistical analysis) has co-authored a book with Robert Kennedy, Jr. and Gavin deBecker, detailing the epidemic of sudden unexplained deaths since 2021, especially in the young. There is even a novel acronym since the shots rolled out: SADS, sudden adult death syndrome. Here is a short interview with Ed Dowd: <https://rumble.com/v20t3l0-edward-dowd-cause-unknown-or-is-it.html>

The book is here:

<https://childrenshealthdefense.org/defender/cause-unknown-edward-dowd-sudden-deaths-covid-vaccines/>



CIRCULATING SPIKE

The journal of the American Heart Association published a study last week showing that elevated levels of full-length spike protein, unbound by any antibodies, were circulating in the plasma of individuals with post-vaccine myocarditis.

<https://www.ahajournals.org/doi/epdf/10.1161/CIRCULATIONAHA.122.061025>

Dr. Glenn Rapsinski at the University of Pittsburgh School of Medicine (the same med school tied to Planned Parenthood for its supply of fetuses to scalp for making “humanized mice”) wrote the following in August 2021:

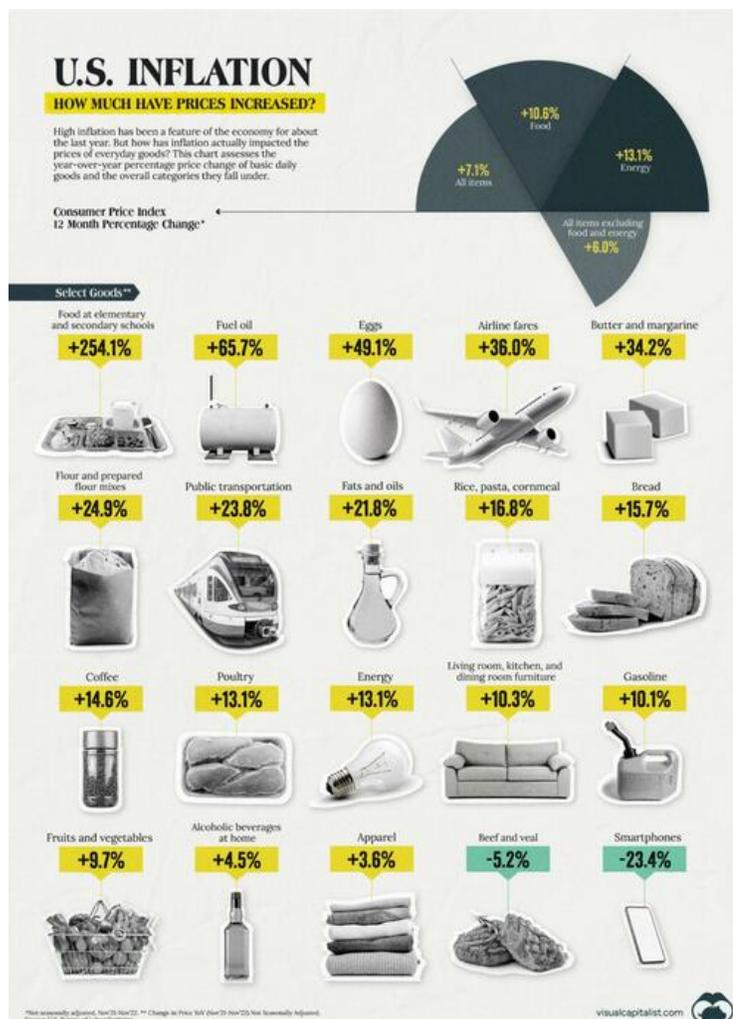
It's important to know that even though your cells have made their own spike proteins, they don't have enough information to make copies of the full virus. But the spike proteins can trigger the body's immune system to amp up its defense so it is ready if the whole coronavirus invades.

The AHA study seems to say that Rapsinski is wrong, but I wasn't able to find a retraction from the good doctor.

REAL INFLATION

When you hear Biden say that inflation is 7% and easing, yet you know you are spending twice or three times as much at the grocery store... is he just lying? No, he's using the “core CPI” which does *not* include food or energy

(<https://www.forbes.com/advisor/investing/how-to-calculate-inflation/>) Those costs are considered “too volatile” to count, so truth-twisters prefer to use the rate that ignores them. Anyone who's gone grocery shopping in the last year knows that 7% inflation doesn't come close to describing what we are enduring. Here's a more realistic picture:



From: Zero Hedge at: <https://www.zerohedge.com/personal-finance/us-inflation-how-much-have-prices-increased-2022>

TWITTER FILES

These releases are a very big deal. They show how the news we've received is tainted, manipulated, choked and disguised. We have been living in a false universe, like Truman in *The Truman Show*, because what we've gotten as news has been corrupted. Garbage in, garbage out. We have a lot of re-learning to do. (If you haven't seen *The Truman Show*, rent it.)

1 thru 11: Unga Wayfinding has formatted the Twitter Files 1-11 into a PDF for easier reading. Download here:

<https://unga.substack.com/p/twitter-files-1-11-downloads-pdf>

12: And here's release #12, in which I learned about the GEC, the "intelligence" arm of the US State Department created by Hilary Clinton during the Obama regime. <https://unga.substack.com/p/pdf-twitter-files-release-12-why>

13: The FBI "belly button" <https://unga.substack.com/p/pdf-twitter-and-the-fbi-belly-button>

14: The first release of the revelations regarding suppression of information about the vaccine.

<https://unga.substack.com/p/pdf-twitter-files-release-14-top>

The promised release of the so-called "Fauci Files" showing the collusion between Twitter and the corrupt Federal government over covid and the mRNA vaccines has just begun. There is *much* more to come. Because of the number of people who have been killed or maimed by the vaxx, the Fauci Files are going to cause a tidal wave. I expect the release is being carefully timed.

Prayer

JANUARY PRAYER INTENTIONS

*That CORAC members "keep steady" as "serious and sober," "deliberate" people, "doing things that make a difference . . . faithfully, with great love" (CJ) as the storm deepens

*For all CORAC members to seek and to receive spiritual gifts (1 Corinthians 12:4-11) empowering the Prayer of Doing, because "When people are scared, they turn to where the character is strongest" (CJ)

*For traveling graces for Charlie and for all CORAC members during winter-weather months

*For a strong, ongoing response to the current CORAC fundraising drive

*For Charlie's discernment and for any special prayer intentions that he holds close to his heart while making critical decisions in guiding CORAC through this year

*For all intentions carried in the hearts of CORAC members and those posted on the CORAC Prayer Hotline

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!