

Newsletter 2023-8

18208 Preston Rd Suite D9-552, Dallas, TX 75252
O be swift, my soul, to answer Him; be jubilant, my feet!



Read this newsletter in PDF format for greatest clarity. Print out any sections you might want in a power-out situation.

It's becoming clear to more people that we're in a fight with cosmic consequences. Children, goodness, freedom... these are the things that are threatened, that we must defend. It's a battle we cannot lose. We also can't sit back and expect God to do all the work because we're afraid. As God said to Moses, "Don't just kneel there. Get moving!" That's a paraphrase of the Lord's words in Exodus 14:15. God will, without a doubt, guard our front and our rear, but we must advance with courage. Our God is marching on!

Sheryl Collmer, editor
April 26, 2023
sherylc@coracusa.com

From the cockpit



CORAC founder Charlie Johnston travels from coast to coast in his trusty Outback to speak in person to those anticipating the Storm.

He Who Has Ears, Let Him Hear...

How often have you talked with someone who didn't listen to you, but impatiently waited for you to finish what you were saying to use it as the platform from which to launch his next rhetorical assault? A fellow who didn't care what you had to say but only regarded you as the exhibition stage to display his brilliance? It is the stock in trade for some cable TV hosts – and it always leaves the victim feeling frustrated, angered and used.

We can't control the fact that there are a lot of jerks in life, but we have complete control over whether we are going to be one or not. Our refusal to be a jerk often does inspire others to do the same, thus reducing the sum total of jerks in the world. Far more endearing to a person than generic flattery is to see them, to hear them, to notice what the things are that make them unique. I have made far more friends and allies by affectionately noting their little foibles than most have by dishing out copious amounts of flattery.

Among my family and friends, almost all are deeply pleased when I give them a compliment. It is not because it is coming from me, but because (though I am diplomatic) I simply do not offer false praise. Thus, those who know me best trust me to tell them true rather than blow smoke at them. When I see what is best in them, it allows me to hold a mirror up so they can see, freshly, what is authentically best in them as well. And it is enabled by a refusal to blow smoke in the first place.

People have a deep hunger to be known for who they are, their foibles acknowledged with affection and their virtues acknowledged with admiration. To do this, though, you must pay attention. You must see them; you must hear them, you must treat them as something more than just a setting from which you can display your brilliant facets.

Every life is ultimately an epic saga, filled with hopes and fears, dreams and anxieties. If you can get beyond the clinical details of a curriculum vitae and see the full person behind those details, you can participate in that saga with them. The truth is that every story worth hearing is a human story – and you need to understand what makes a person tick to hear the swelling music of their epic saga.

When I was still in grade school I wondered why some grown-ups were grouchy all the time and others were cheery. In all cases, I was fascinated to know what made them that way. I thought about it a lot and tried to discern clues. A big part of it was that I did not want to grow up to be grouchy all the time – and if I could figure out what caused it, I could avoid it. Along the way, I fell in love with the epic saga that is every person's life.

In my twenties, I was a hotel manager. Big place, 180 rooms, two dining rooms, a show lounge, and banquets for up to a thousand. I liked to spend a little serious time in each department getting to know the people that worked with me and that I managed. In the housekeeping department there was an older lady (well, actually, in her 50's – at least 15 years younger than I

am right now) to whom all the young maids would go with their troubles and whom they all loved. I spent some time talking with her, eager to find why she inspired such confidence and affection in those around her. Turns out she was Hungarian.

After some time visiting with each other, she told me the harrowing story of how the Soviets murdered her son and her husband before her eyes when she was a young woman there – and the even more harrowing story of her escape to America. After she told me, she caught herself and asked me not to reveal these things to the other people she worked with. She said having a life in America was a great second chance for her, but it could not heal the wound of the loss of her family. By caring for the troubles of other women the age she was when she lost her family, she honored her husband and son and got the most effective revenge against the Soviets possible – by helping others learn to live the full and joyful life those Soviets tried so hard to rob her of (and nearly succeeded).

The people around you are an unquenchable library. Take the time to hear them – not just what they say, but what they mean. Sometimes fear presents as anger. Sometimes hope presents as skepticism. Sometimes insecurity presents as cockiness. Get outside yourself and see the people around you. See what they mean by what they do. Become a safe repository for their hopes and dreams and you will become privy to a whole host of glorious, epic sagas.

And in the process, you will help knit together anew the social fabric of solidarity under God. It doesn't take much: just hear – and care.

Charlie Johnston

If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can't then. CORAC teams will be out looking for people to gather in and work with.

CORAC GLOBAL CALL

The global membership call was Sunday, April 23, and was well worth the time. If you missed it, you can watch/listen here: <https://corac.co/2023/04/24/corac-global-zoom-session-3-video/>

A SIGN OF HOPE BLOG

The Devil's Playground <https://corac.co/2023/04/25/the-devils-playground/>

The Left Has Smashed the Pendulum <https://corac.co/2023/04/15/the-left-has-smashed-the-pendulum/>

GO FORTH INITIATIVE

“Go Forth” teams provide a way for each of us to find more meaning and joy in doing the little we can in our local communities... right in front of us! Watch the intro here: <https://vimeo.com/821094339>



YOUR QUESTIONS

Periodically, Charlie will have a whole podcast that answers questions from you, the members. Submit your questions here: <https://corac.co/newsroom/#regular-podcasts>

Actions To Take Now

USE CASH

EVERY DAY this becomes more critical. The Federal digital currency for America is rolling out in July.

If all your purchases become digital, the government will have records of you owning things like water purifiers, larger-than-ordinary stocks of food, generators, and other things that the government would like to relieve you of. Most frighteningly, the government, through the “central banks” will be able to shut off the purchasing power of people who don’t support the narrative like good little boys and girls. Using cash *now* will discourage vendors from moving to a cashless economy.

It must be now.

- Use cash for everything
- Ask your bank if they are enrolling in FEDNOW.
- If they are, remove your funds, and make sure they know why.

More resources here: <https://globalwalkout.com/keepcashalive/>

ADORE JESUS

The CORAC Sustainability team has challenged us to give Jesus one hour a day in adoration. If you can’t get to an Eucharistic chapel, you can go to adoration online in Niepokalanow, Poland at the chapel originally built by St. Maximilian Kolbe.

<https://www.youtube.com/watch?v=2W-KSOPWWBY>

FIND ALT FOOD SOURCES

“He who controls the food controls the people.” It’s been coming for a while now, but suddenly people realize our food supply is at risk. The globalists are pushing artificial, manufactured foods that our bodies don’t know what to do with, inserting mRNA in meat, milk and vegetables and trying to put small farms out of business by regulating them to death. Find local farmers *now*. Time is of the essence. Start here: <https://www.localharvest.org>

News

WHAT’S IN THE PFIZER DOCUMENTS?

Dr. Naomi Wolf led a 2,500-person volunteer investigative team, analyzing the primary Pfizer documents released by court order pertaining to the deceptively-named “vaccine.” Wolf recently gave a speech at Hillsdale College, which had nearly a million views in the first few days.

*** IF YOU LISTEN TO NOTHING ELSE THIS WEEK, LISTEN TO THIS ***

Dr. Wolf’s speech at Hillsdale (1:10) <https://rumble.com/v2hpryu-naomi-wolf-whats-in-the-pfizer-documents.html>

We have been pulled away from the topic of the destructive shots to tend to a dozen other essential issues, but this one remains at the top. Excess all-cause mortality continues to increase, and all signs point to the preparation of another bioweapon to be released. We need to discover and understand what has been done to us so that we can effectively handle the next incidence. The book of the investigations is available online, if you have the mental muscle to tackle it. I bought it just to “vote” for medical transparency, though I doubt I will ever read it. <https://www.amazon.com/DailyClout-Documents-Analysis-Volunteers-Reports-ebook/dp/B0BSK6LV5D/>

Summary and table of contents of the book: <https://www.thethinkingconservative.com/pfizer-documents-analysis-reports-book/>



IS THERE OR IS THERE NOT mRNA IN OUR FOOD?

Attorney Tom Renz, who has been on the side of medical freedom from the beginning of the pandemic, shows how the beef industry is talking out both sides of their mouths. As an attorney, Renz has evidence of everything he asserts. This issue is part of the battle in Missouri to require labelling of genetic modification products in the food supply.

<https://tomrenz.com/another-renz-rant-the-cattlemens-association-is-telling-2-stories-which-is-true-mrna-in-our-food-episode-50/>



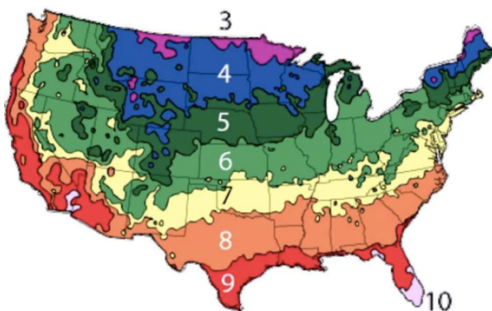
IS mRNA TRANSMISSABLE FROM ANIMALS TO HUMANS?

Like the shots, there is still a lot of uncertainty on this question. And like the shots, the whole program should be halted until we have definite answers... but it's not. Read more here: <https://www.trialsitenews.com/a/novel-vaccine-technologies-in-veterinary-medicine-a-herald-to-human-medicine-vaccines-34f5aa70>



YOUR GROW ZONE

If you've done any gardening, you already know your grow zone, but it can be helpful for knowing what to forage also.



SPRING FORAGING

Chickweed used as herb, emergency food source, high in vitamin C, can be eaten raw

Dandelion Zones 3a-9b; use roots, leaves, flowers, Vitamin A & C, high in calcium.

Nettle Zones 4a-10b; use leaves and roots. CAUTION: Fresh plant will cause skin irritation.

Plantain Zones 3a-12b; use leaves & seeds

Sweet Violet Zones 4a-9b; flowers edible; also used to remedy insomnia, depression, colds and flu.

More info here: <https://thelostherbs.com>

Making Plant Medicine, by Richo Cech <https://www.amazon.com/Making-Plant-Medicine-Richo-Cech/dp/0970031203>

Herbal Antibiotics, by Stephen Buhner https://www.amazon.com/Herbal-Antibiotics-2nd-Alternatives-Drug-resistant/dp/1603429875/ref=sr_1_1?crid=2OK3UWWMZACIY&keywords=herbal+antibiotics+book&qid=1682523406&s=books&srefix=herbal+anti%2Cstripbooks%2C186&sr=1-1



HOMESTEAD TSUNAMI

The “Grandpa of homesteading” is Joel Salatin, the author of irresistibly-titled books like *The Sheer Ecstasy of Being a Lunatic Farmer* and *Folks, This Ain't Normal*. What most of us are trying to learn and be, from scratch, Joel's been doing for decades. At his family Polyface Farm, he's been receiving guests from all over the country who are on the run from blue states and hoping to start a healthier life for their families in the country.

Guest on the Homesteaders of America podcast:

<https://homesteadersofamerica.com/e13-why-homesteading-a-candid-chat-about-the-homestead-tsunami-joel-salatin-of-polyface-farms/>

Order food from the Salatins' Polyface Farms: <https://polyfaceyum.com/product-cat/merchandise/#!/SHIP-TO-USA/c/127347034>

Joel's books: https://www.goodreads.com/author/list/2623.Joel_Salatin



THE CASHLESS ECONOMY

114 countries, representing 95% of global domestic product are moving toward CBDCs. Eleven countries are already fully rolled out, and 18 of the 20 most developed nations are in an advanced stage of development of a CBDC.

If you think it's much ado about nothing, here are some direct quotes from the perpetrators themselves:

“With CBDCs, central banks will have absolute control of the rules and regulations that will determine the use of that expression of central bank liability, and we will also have the technology to enforce that.”

- Agustin Carstens, Bank of International Settlements

“There will be control. You're right. You're completely right. We are considering whether, for very small amounts, we could have zero control, but that could be dangerous.”

- Christine Lagarde, European Central Bank



IS FEDNOW A CBDC?

Naturally, the elites prefer that we just accept FEDNOW with enthusiastic ignorance, so they're telling us it's not a CBDC. Goodness, no. They also said that an experimental genetic product was safe and effective. Keep using cash, no matter what they say. Read the Children's Health Defense explanation: <https://childrenshealthdefense.org/defender/fednow-instant-digital-payments-system-government-control/>

This global abuse of human rights is coming. The one thing we have going for us is the USE OF CASH. Use it now, while it's still good. Every cash purchase shows vendors that they *need* to keep accepting cash, despite the government's use of enticements and rewards to stop.

In France, where stores are already going cashless, citizens have organized into groups. About 50 people all go into a grocery store and load up their baskets to the brim, then proceed to the checkout – the human one, not the self-checkout. After the cashiers have rung up the whole kaboodle, the customers pull out their cash and say it's all they have (cleverly leaving all plastic at home.) This is happening at every checkout station at once, with many people in line behind. The cashiers and managers are overwhelmed. Supermarket chains in France are re-instating cash.

Same for restaurants. The whole group leaves credit cards and phones at home, taking only cash. After a full dinner, they bring out the cash for payment. Is there anything immoral about trying to pay for goods with legal tender?

This is how we win. If you enter a store or restaurant with a “CASHLESS” sign, leave. Go somewhere that accepts cash.



DON'T FORGET THE J6'ERS

When Tucker Carlson left FoxNews this week, the J6'ers lost their only public advocate. No one knows yet what will happen to all those tens of thousands of hours of video that would probably exonerate most of those poor fellows sitting in hellholes, with inadequate food, medical care, legal representation... and hope. Please don't forget them! Pray for them, write to them, contribute to their defense funds. Details here: <https://www.wearegoodmen.com>

GET CATHOLICS

The FBI's "Sensitive Informant Program" doesn't target actual violations of Federal law or even suspected violations, but develops informants among groups that *might* commit a crime. FBI whistleblower Kyle Seraphin had exposed this program even before it was leaked that traditional Catholics are being surveilled. Be wise as serpents and innocent as doves.

Lawyer warns that infiltration is happening in Catholic churches: <https://www.freethewords.com/news/2023/04/19/fed-persecution-of-conservative-catholics-will-involve-infiltration-says-lawyer-who-uncovered-fbi-infiltration-playbook/>

Kyle Seraphin Show, FBI whistleblower: <https://www.uncoverdc.com/2023/04/14/the-kyle-seraphin-show-hey-fbi-im-breaking-up-with-you/>

THE PARALLEL ECONOMY OF MOVIE-MAKING

In the last few years, Christian filmmakers have found ways to get good movies to audiences without having to go begging to the big studios, which would be a death sentence. In CORAC, we've talked about parallel industries, the building of enterprises *outside* the corrupt mega-systems. The film industry is one that's already taking off! Support it if you can.

Keep a watch on Fathom Events for upcoming films. These films are the kind that run for only a few days or weeks, so don't postpone getting tickets if you see something you like. <https://www.fathomevents.com>

NEFARIOUS



Christians who've seen *Nefarious* report after-effects like a desire to stay closer to Jesus and Mary, a greater determination to lead a holy life, a stronger desire for the sacraments and adoration, and a greater awareness of the subtle ways that evil can ensnare us. A lot of good fruit for a movie whose tagline is, "Speak of the devil." The movie is in its second week, but may not be renewed after Thursday, so see it now.

Read full review here: <https://www.crisismagazine.com/opinion/nefarious-is>

A FATHER'S HEART



Dear Saint Joseph, you have come to us when we needed you most! The filmmakers searched over five continents for the people whose lives have been transformed by this quiet man. Husband of Mary. Foster father of Jesus. Protector of the Church. Patron of the Dying. Terror of Demons.

Only showing **Monday, May 1 and Tuesday, May 2!** Watch trailer and get tickets now:

<https://www.fathomevents.com/events/A-Father's-Heart>

A second short film will play alongside it: *St. Joseph and the Priests of Dachau*, a Knights of Columbus-sponsored documentary about the miraculous delivery of the priests held in the German concentration camp Dachau at the end of World War II.

More excellent resources on St. Joseph here: <https://www.kofc.org/en/news-room/st-joseph/index.html>

SOUND OF FREEDOM... coming soon



The torturous story of how *Sound of Freedom* has been torpedoed for three years is almost as compelling as the movie itself. Starring Jim Caveziel as the real-life Tim Ballard, a former US agent who rescues children from global sex trafficking rings, the film was completed and set to release in 2019. Then 2020, then 2022. Still no release. I wonder why. I believe they'd found a way to kill the thing, but then Angel Studios, who is releasing *The Chosen*, somehow got the rights and announced the film would be released later this year.

When the release date is finally announced, you can expect a flood of news reports that everyone involved in the film are liars, cheats, fanatics or lunatics.

Watch trailer here: <https://www.youtube.com/watch?v=7oZE2nod4i0>

Jim Caveziel has been the man to hate in Hollywood ever since he made this 2021 speech at CPAC, which has been called one of the greatest freedom speeches in history. “The Storm Is Here”: <https://www.youtube.com/watch?v=ZhWNVxauIWw>

Caveziel is one of the few in Hollywood to speak openly about the adrenochroming of children, which has earned him a boatload of ridicule. That just tells me that he’s on to something. <https://www.youtube.com/watch?v=zCaKRUcSNPU>
It is said that stolen children are terrified almost to the point of death, so that an extreme form of adrenaline is secreted, then blood is drawn. The super-hormone is said to produce a high like no other when consumed. It’s also said to confer a degree of youth to the consumer. Sound bizarre, ridiculous, tin-hat? It explains a great deal about our world. When something produces a high like no other, it will be addictive like no other, too.

Incidentally, I’ve never heard a reasonable explanation of what Anthony Fauci hoped to achieve with his experiment of terrifying caged monkeys and then drawing their blood.



APEEL

This new technology is getting a lot of press, both positive and negative. Apeel is a coating of mono- and diglycerides that promises to keep fruit fresh longer. Sounds good, but since the coating makes old fruit look fresh in the bin, you have no idea just how old that fruit is. The coating cannot be washed off, so you’ll consume whatever is in the miraculous coating. Hey, it’s approved by the FDA and the WHO, and the Bill and Melinda Gates Foundation is a major investor, so you should feel good about that, right?



In the US, Apeel is now being used on apples, avocados and citrus fruits. Look for the logo when you buy produce... and oh, by the way, check out your local farmers markets instead. <https://nfmd.org/browse/>

Like so many new technologies being thrown at us, this one deserves a period of “watchful waiting.”



HOW WE WIN

The American people are discovering their power. We may have endured fraudulent elections, child groomers in high places, corrupt government and Drag Queen Story Hours... but now we’re waking up, like the dragon Smaug, deep in Lonely Mountain, coming to life one scaly joint at a time. Soon we will be a force to be reckoned with.

BedBath&Beyond declared bankruptcy after cutting products with conservative producers (My Pillow). Anheuser-Busch lost over \$5 billion in market share after they plastered the simpering face of a transgender person on their Bud Lite cans. Nike is facing a boycott after featuring a biological male prancing about in a sports bra and leggings. FoxNews may be the next to tank after tossing Tucker Carlson.

This is how we win. We pick up our marbles and leave the game. We are not the slaves of these mega-corporations. We have the right to purchase what we want, and we are beginning to exercise it wisely.



FAUCI FILES

The long-anticipated Fauci Files are beginning to drop on Twitter. Unfortunately, I think they waited too long, as people’s attention has moved on from the greatest crime in human history. But if we don’t investigate and prosecute the crimes inherent in the pandemic and gene therapy shot that followed, it will be visited upon us again. The likes of Gates, Fauci and Biden have practically been promising us a new pandemic: smallpox, Marburg, a new coronavirus.

The first Fauci drop concerned the collusion between the US government and social media to push the narrative and censor those who differed. <https://twitter.com/thackerpd/status/1649037538663727106>

More about the lies we were told: <https://threadreaderapp.com/thread/1420526431512244227.html> This thread shows the actual headlines and tweets from health agencies, and then their exact opposite later. It could be called *The Flip-Flop Files*.



SURVIVING THE ECONOMIC COLLAPSE

Esteemed CORAC leader, Deacon Rick, reviews the book *Surviving the Economic Collapse*, by Fernando Aguirre. It's not just financial, because in a widespread crisis, civil unrest will become an issue. The author bases his recommendations on his experience of the collapse in Argentina in 2001. Review here: <https://corac.co/2023/03/29/book-review-surviving-the-economic-collapse/>



GOLDBACKS

A Goldback is a thin layer of gold sandwiched between two polymer sheets. Each Goldback contains 1/1000 Troy ounce of actual physical gold. They only have the standing of official currency (legal tender) in a few states, but they can be bought, sold, bartered, gifted and exchanged anywhere, just like gold bullion. The difference is that an ounce of gold is now worth about \$2000 (and going up) so you can't "spend" it for small things. A goldback, on the other hand, is currently worth about \$4.



Do your own research, and understand that *all* financial instruments carry risk... although this is not exactly an instrument because it's real gold. You can see what you think here:

<https://www.goldback.com>



LONG LIVE THE REPUBLIC

As Charlie notes quite frequently now, the Republic we knew is dead. But its ideals are not; we still feel the glory of them in our hearts. We will march on and rebuild our country, because a nation that protects innocence and liberty and the family is a nation that echoes the Trinity.

*Mine eyes have seen the glory of the coming of the Lord;
He is trampling out the vintage where grapes of wrath are stored;
He hath loosed the fateful lightning of His terrible swift sword,
His truth is marching on.*

*Glory, glory, hallelujah! Glory, glory, hallelujah!
Glory, glory, hallelujah! His truth is marching on.*

*I have seen Him in the watchfires of a hundred circling camps;
They have builded Him an altar in the evening dews and damps;
I can read His righteous sentence by the dim and flaring lamps,
His day is marching on.*

He has sounded forth the trumpet that shall never call retreat;

*He is sifting out the hearts of men before His Judgement Seat.
Oh! Be swift, my soul, to answer Him, be jubilant, my feet!
Our God is marching on.*

*In the beauty of the lilies Christ was born across the sea,
With a glory in his bosom that transfigures you and me;
As he died to make men holy, let us die to make men free,
While God is marching on.*



Listen to this beautiful rendition as you follow along with the lyrics.
Turn up the volume.

<https://www.youtube.com/watch?v=q2LZ9cVRkDw>

Do you feel that glory welling up inside you? That is the real republic, the republic of our ideals. And we will build it again.

CORAC Website

If you're new to the website, start on the tab "Member Resources."

Health & Wellness

<https://corac.co/health-and-wellness-teams/>

Simple Preventative Healthcare, parts 1 and 2 are up!

Sustainable Living

<https://corac.co/sustainable-living-teams/>

Surviving in the Home, parts 1 and 2 are up!

Communications

<https://corac.co/communications-teams/>

Download the Communications Getting Started guide

Education

<https://corac.co/education-team/>

Education Cards for reading and math are available for download

Crisis Scenarios

<https://corac.co/crisis-scenarios-team/>

Taking Care of Yourself in Turbulent Times, worth a listen!

Prayer

<https://corac.co/category/prayer-teams/>

Holy Scripture Emergency Card is available for download

CORAC Prayer Hotline: email prayer requests to prayerteams@coracusa.com

CORAC Book Club

<https://corac.co/2023/02/21/lord-of-the-world/>

Lord of the World, by Msgr. Robert Hugh Benson

Prayer

MAY PRAYER INTENTIONS

*For fruitful ideas and actions as CORAC members Go Forth, joining together with people of other churches to do good deeds for people in their local communities

*In these days when people feel increasing anxiety over the state of the world, that CORAC members in their midst receive grace to be deliberate, calm, thoughtful, kind, and prayerful signs of hope

*As always, that CORAC members volunteering for all of our committees in all of our regions receive the gifts of creativity, good humor, resilience, camaraderie, and unexpected joy of spirit as we serve the Lord in these days

*For travelling graces and good health for Charlie and for all CORAC members on our missionary journeys near and far

*For ongoing financial support for CORAC, with gratitude for the strong response to the latest fundraising drive

*For all intentions carried in the hearts of CORAC members and those posted on the CORAC Prayer Hotline, with gratitude for prayers answered in our daily lives

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!

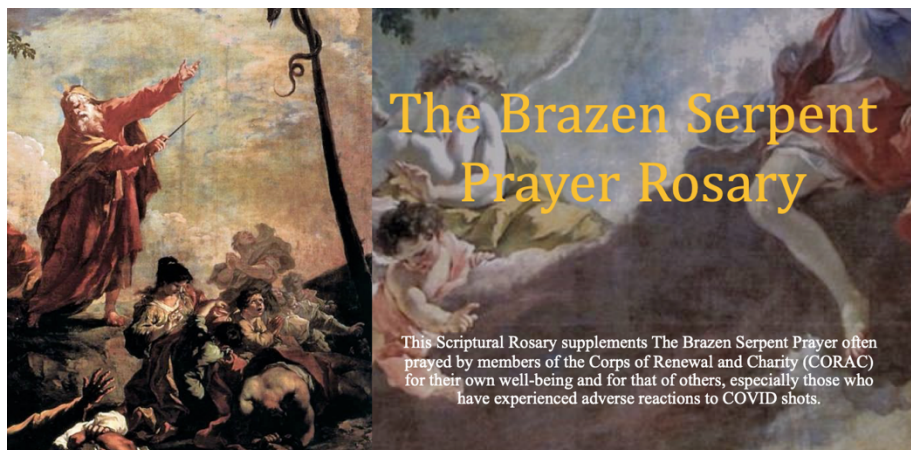


PRAYER HOTLINE

Email prayer requests to the CORAC Prayer Hotline at prayerteams@coracusa.com, and we will post your request (using first names only) on the CORAC Prayer Hotline Signal group.



BRAZEN SERPENT ROSARY



Follow along with the rosary here: https://vimeo.com/806399452?embedded=true&source=vimeo_logo&owner=144927933

Download the gorgeous prayer booklet here: <https://corac.co/wp-content/uploads/2023/02/the-brazen-serpent-prayer-v2.pdf>