

Anne Hajek CORAC, Intro to Using Your Kit Part IV

1. Update on Covid Remedies/Smallpox Remedies
  - a. Omicron
  - b. Rumex Crispus (not in her kit but not an uncommon remedy)
  - c. Carbonium Oxidatum
2. Presentation of Covid, First Group:
  - a. A lot of people are presenting with a mild or severe sore throat, they feel like they have to clear their throat all the time, hawking---which is trying to get out what's in your throat, postnasal drip, cough aggravated by cold weather/worse lying down, so for this group, without fever or body aches:
  - b. Remedies to use:
    - i. Phosphorus 200c (don't bother with 30 c with Covid, go right to 200c)
    - ii. Rumex 200c
    - iii. If sore throat is very red/swollen and intense go to either Merc Viv 200c or Mer Sol 200c (they are the same thing, depending on kit, Anne has Merc Viv in her kit)
3. Presentation of Covid, Second Group:
  - a. Then we have headache, low or high fever, body aches, not as much the sore throat symptoms, and for that:
  - b. Remedy to use:
    - i. Bryonia 200c
4. Presentation of Covid, Third Group:
  - a. Runny nose, nasal symptoms, sore throat
5. Presentation of Covid, Fourth Group:
  - a. Somebody that doesn't have any symptoms, but they test positive, or they were exposed to someone with symptoms:
  - b. Remedy to use:
    - i. Variolinum (first choice to use, but can use Bryonia if you don't have Variolinum)
    - ii. With Variolinum you can use the dosing below OR go up to THREE doses a day for 3 days and repeat in 7 days and again 7 days after that
    - iii. Bryonia 200c can be used preventatively: Dose: One dose a day for 3 days and repeat in 7 days and again 7 days after that.
    - iv. For Covid don't go below 200c. Use 200c or 1M
6. If you have COVID: Bryonia, the FIRST choice right now for Headache, malaise/fever/lethargy, in the 200c or 1M, and your options being the 1M needed for that.

7. If there is sudden onset with panic and someone thinking they're gonna die, restlessness, a high fever that comes on suddenly, dry cough with no expectoration, and of course, the favorite: "worse after exposure to cold wind" could be present, IF that is present, anything AFTER cold wind or ANY WIND is ACONITE, but this is ACONITE: Sore throat, worse warm room and better fresh air: If THAT is how it presents, then if it CHANGES from that picture go to Bryonia. "Bryonia follows Aconite well;" I don't know if you've heard of that term in the Homeopathic World, but you will sometimes see that written in Materia Medica: "This follows This Remedy Well," Bryonia follows Aconite well.
8. For Mild Intensity and Mild Malaise, Mild Fever and Mild dullness; then BRYONIA 200c, three doses a day, for three days. If you have taken your three doses and you feel it's NOT ENOUGH then go ahead and take more. MAKE SURE it's in water, and that you STIR VIGOROUSLY before you take it, so that you don't have any type of aggravations.
9. If the symptoms are HIGH Intensity and HIGH fever, so EXTREME Lethargy and HIGH Fever, take Bryonia 1M, three doses a day, and see how they are doing AFTER 24 hours
10. BYRONIA: You may also have:
  - a. Body pain and fatigue
  - b. Dryness
  - c. Cough with expectoration that it may be stringy.
  - d. Shooting pains in the chest
  - e. Of course: aggravation on movement which IS THE FAMOUS BYRONIA KEYNOTE
  - f. Violent bursting Headache, especially in the temples,
  - g. Foul, dry tongue
  - h. Constipation
  - i. Be Thirsty
  - j. REMEMBER, YOU MIGHT NOT HAVE ALL OF THESE ONLY SOME OF THESE
  - k. Extremely sensitive to Pain and irritable
11. PHOSPHORUS:
  - a. Over sensitive both physically and mentally
  - b. Fidgety,
  - c. They might be chilly or warm.
  - d. They could be Fearful of something.
  - e. Burning----Phosphorus itself is a burning substance so they might have BURNING:
    - i. In the chest
    - ii. In their throat
    - iii. Burning Somewhere
    - iv. In fact, it was reported to a specialist, that a person had burning in the veins of their legs, so burning SOMEWHERE is PHOSPHORUS

- f. They may prefer company,
- g. Lack of thirst,
- h. But they have unusual hunger during fever (it's unusual to have hunger during a fever)
- i. They will cough more moving from outside where it is cold into a warm room, and start coughing, that change,
- j. They may have more issues on their LEFT SIDE:
  - i. Left chest.
  - ii. Left lung.
- k. Sensation of a weight in the chest
- l. YOU MIGHT NOT GET ALL THESE DETAILS FROM YOUR PEOPLE, especially if they are male, you might get some, or might have to ask questions.
- m. The COUGH is hard, dry, and tight.
- n. EXPECTORATION could be bloody, in all or part,
- o. PAIN is stitching, and worse by lying on LEFT side

#### 12. RUMEX:

- a. INCESSANT cough,
- b. COPIOUS mucous, especially in UPPER airways, and must ALWAYS BE coughed out,
- c. They're WORSE going into COLD or OPEN AIR
- d. Aggravation from change in temperature
- e. Cold air causes a tickle in throat triggering the cough,
- f. Rawness in the larynx or trachea, worse open air
- g. Better sucking on candy or cough drops and drinking,
- h. Worse talking,
- i. Worse undressing, because of that cold air, even when undressing, is going to aggravate them,
- j. Worse turning over in bed,
- k. They may possibly have diarrhea especially in the morning,

#### 13. ARSENICUM:

- a. We've kind of seen this one around, I know we've talked about it a bunch, it's been around, it's not a new one for COVID, but it is when you have EXTREME FEAR, sometimes people just need it because they are so anxious that they have covid, because there are people who have died, it can be very serious, they might not be super sick, but they might be very, very, anxious and freaking out about having covid.
- b. They may have FEAR of CONTAMINATION,

- c. They will DEFINITELY HAVE ANXIETY about their HEALTH
  - d. They will want OTHER PEOPLE AROUND THEM
  - e. They will have FEAR of DEATH
  - f. They will be very RESTLESS.
  - g. Arsenicum is usually very ORDERLY, so they might be UPSET THINGS ARE OUT OF PLACE, or they can be sick and feel THINGS NEED TO BE CLEANED OR ORGANIZED or straightened up or the mess in the living room is making them crazy. Those are ARSENICUM things
  - h. Sudden Weakness,
  - i. The person is usually cold and desiring HEAT
  - j. Their symptoms are awfully WORSE from midnight until 3 am. That is for ANY ACUTE WITH ARSENICUM. Much of this is our symptom picture no matter when it is, and we are seeing this with covid.
  - k. DRY cough accompanied by SOB (shortness of breath) and worse in the evening.
  - l. They could be MENTALLY RESTLESS BUT PHYSICALLY TOO WEAK TO MOVE,
  - m. Cold drinks and COLD AIR
  - n. Cough with sticky phlegm
  - o. Coldness in the skin, clammy sweat,
  - p. Discharges can be OFFENSIVE WITH A CADAVEROUS ODOR
  - q. Small sips of water or no thirst at all
  - r. The sight and smell of food can make them nauseous
  - s. Arsenicum also has Burning pains anywhere (e.g. in the throat, in the lungs)
  - t. VERY ANXIOUS ESPECIALLY AT NIGHT from midnight to 3 a.m.
  - u. FEAR OF DEATH, when they're alone,
14. EUPATORIUM PERFOLATUM: (this one is in your kits)
- a. Can feel like EVERY BONE IS BROKEN
  - b. BURSTING HEADACHE AND SORE EYES
  - c. ANY MOVEMENT makes everything worse
  - d. THIRST for ICE COLD water
  - e. This is usually the remedy we think of with body aches, in general, in any cold or flu, of course it is with the extreme with covid
  - f. Found to be helpful in recovery mode; when you're in recovery, and there is still joint pain and weakness, taking 200c daily for one week
15. MERC SOL or MERC VIV (depending on what kit you might have or what you've purchased before)
- a. EXTREMELY BAD SORE THROAT, so anything mercury is going to be SEVERE, think Mercury the substance is destructive, so anything needing this is going to be a SEVERE PAIN, SEVERE SORE THROAT,

- b. They can have a METALLIC TASTE IN THEIR MOUTH, think about it, mercury is a metal,
  - c. They can actually: LEAVE TEETH MARKS ON THEIR TONGUE, this is something that happens when you need mercury,
  - d. Their tongue can be COATED WHITE,
  - e. Their breath is probably VERY OFFENSIVE, this is something that you'll notice, when someone needs Mercury most often their breath smells, remember this is ANY ACUTE, though we're talking about covid now. So when you go in and check on your child or grandchild and they are sick and you can SMELL THEIR BREATH ACROSS THE ROOM, grab the Mercury, and give that, they'll need that.
  - f. EXCESSIVE SALIVA, they can drool DAY OR NIGHT
  - g. NIGHT SWEATS, and they are WORSE for the sweating
  - h. Sensitive to temperature changes, think of the thermometer, they're SENSITIVE to the temperature changes, they ALTERNATE hot and cold, and can't get comfortable, VERY RESTLESS,
  - i. WORSE at night and WORSE for warmth of the bed, they want a fan on, want to be uncovered, if their bed is all snugly and warm then they are probably NOT comfortable and are throwing their covers off,
16. GELSEMIUM: (You guys know Gelsemium too, that's nothing new, still seeing that)
- a. With a SLOW onset often a mild headache for a few days
  - b. With EXTREME WEAKNESS and you'll see HEAVINESS with their WEAKNESS
  - c. Can be VERY SORE muscles
  - d. Congested eyes
  - e. Sneezing
  - f. Runny nose, stuffy nose
  - g. Typical with Gelsemium is having the HALF MAST EYES because they are just so TIRED their eyelids are heavy
  - h. No thirst
  - i. And can be especially good if you are giving it to somebody who has taken the vaccination and then developed symptoms.
17. CELL SALT---FERRUM PHOS 6X -----
- a. That is a cell salt of very low potency. Those remedies at that potency, can be taken all day every day.
  - b. We usually try to do five days on and two days off, when people are taking it in sickness or just take it until it is (sickness?) gone, but this is a pellet, you can just put it in somebody's water, so that they are just drinking, whatever they are drinking, water/tea, whatever, put this in there.

- c. This is helping people to actually recover, in those days after covid, you know how it drags on in a lot of people. So we are finding that this is very helpful, in that recovery time, just keep it in their water, or tea, or whatever they are drinking all day until they are fully recovered.

#### 18. ANT TART

- a. These are more LUNG remedies, if you have severe symptoms, you definitely should contact a doctor or a homeopath, and not try to treat if there are serious symptoms that you are concerned about.
- b. Ant Tart is very useful for OPPRESSION of the chest and INCREASED ANXIETY
- c. The lungs can be filled with pus and mucous.
- d. There's a DEATH RATTLE, due to the accumulation of phlegm in the chest,
- e. The pulse can be small, weak and irregular,
- f. In extreme cases the skin can turn blue from a lack of oxygen,
- g. At those levels you definitely want to go for the 1M don't even bother with the 200c if they are at that extreme. Ant Tart doesn't always have the extreme like this, but if this is where they are at, you definitely want to go with the higher potency.
- h. No expectoration and they are not able to, they are too weak to cough anything, there is phlegm there, you can hear it, but they cannot cough it up, because they are too weak.
- i. In the normal world, this is often given to, I'm gonna say elderly, although I don't consider them very elderly anymore probably because I'm not that far from it, but we'll see children, I'm going to say over 70, everybody's different, they're still not elderly to me but, you know, it depends on the person and their vitality. Some people in their seventies, no, sometimes yes, just think even if they're just weak because of the illness and they can't cough it up, then you think Ant Tart. And obviously little kids don't even try, because they are too little and they don't get it.
- j. The cough compels the patient to sit up, they may GASP for air
- k. The difficulty for breathing is usually around midnight and 3 a.m.
- l. The difficulty for breathing, anxiety and other symptoms will be temporarily better if they are able to cough things up.
- m. Sometimes the nausea with frequent vomiting,
- n. They will desire acid and apples
- o. They can also have the white coated tongue.

#### 19. CARBO VEG

- a. When people have air hunger

- b. You can sometimes alternate this with Byronia if Byronia is not totally take care of it, keep it mind you may have to alternate,
- c. Low vitality/depletion, it could be that they never completely recovered from Covid,
- d. Icy coldness of body, but they will want to be uncovered and fanned,
- e. Pulse could be weak,
- f. They may want all the windows open even though it is the middle of winter, and it could be cold, like it is here (where Anne is),
- g. There could be a lot of BURPING AND FLATULENCE, this is A KEYNOTE OF CARBO VEG, this can be for any cold or flu, of course, but that's a big Keynote of Carbo Veg
- h. Their breathing could be OPPRESSIVE AND LABORED,
- i. Loss of voice,
- j. They'll have spasmodic cough during the day and the evening,
- k. They could be coughing up green sputum.

#### 20. LYCOPODIUM

- a. More distressing SOB (shortness of breath)
- b. Rattling and stitching and stabbing pain in the lungs,
- c. Tendency to have abdominal distention and gas, with Lycopodium you usually see G.I. symptoms, some kind of G.I.
- d. Weakness,
- e. The big thing: STRUGGLING FOR BREATH WITH FLARING OF THE NOSTRIL,
- f. Lycopodium has an affinity for the RIGHT LUNG, LOWER LOBE,
- g. They will have thick, yellow, sputum,

#### 21. CARBONIUM OX

- a. SEVERE APATHY AND LETHARGY,
- b. Mental dullness and weakness,
- c. Worse from slight exertion,
- d. Better open air,
- e. Disorientation of time and space,
- f. Fever, chilliness,
- g. Thirsty,
- h. Cough,
- i. Sore Throat,
- j. Sore skin,
- k. Painful joints

22. Question: What does it mean to say: "the pulse is small?" Anne: Weak, yeah weak. Just weak.

23. FERRUM PHOS 6x---The Cell Salt---is helping people to recover.

- a. Another Note: When you take a remedy, you often feel a lot better, and then people start doing what they usually do. In the normal world, pre-covid, that was fine, because if you're feeling better, then you do whatever you want to do. But not so much with covid. So, you take your remedy, your doses, whatever, and you're feeling better, you NEED TO LAY LOW FOR AWHILE, AT LEAST A WEEK, for sure. And that is what is helping people to not do this relapse. And it's hard, because if you're feeling better and you WANT to move around and get something done. But your body is STILL RECOVERING FROM SOMETHING. And this, as you guys have all seen, I'm sure, people with these relapses, and "Oh, they're feeling better!" It just comes back, a day later, two days later, all of a sudden, they are hit again. So, if you have people still getting covid, tell them to rest and relax and try not to overdo it and give their body time to really fully recover. Give them Ferrum Phos 6X, in their water or tea every day, until it is COMPLETELY done. If they are not sure what that point is, I would do it for at least ten days, when you DON'T need other remedies. I mean, you CAN take it during the time you take other remedies, too, it's not going to hurt.

24. QUESTION: Was this recorded? Anne: Yes it is.

25. QUESTION: I have the COVID first line kit and it has the Bryonia in it and some other things. Is this just acute when you first really know you've got covid you take these? And so, the protocol? You just go by the symptoms and look up?

- a. Anne: Yes, you go by the symptoms.
- b. What's in it are some nosodes. So, if you look in there, you've got: Tuberculinum, Tuberculinum Aviare and Pertussis and Variolinum.
- c. Variolinum is the BEST PREVENTATIVE for Covid, you can take it once a week.
- d. VARIOLINUM: You can also take it daily If you think you've actually been exposed.
- e. VARIOLINUM: If you're actually developing symptoms, you can take it up to three times a day.
- f. VARIOLINUM: If the symptoms are continuing, then I would stop at that point. You've taken it at least to clear out the worst of the illness and you should have a milder case.
- g. Then you can TAKE THE REMEDY THAT FITS THE SYMPTOMS that we've just gone over, and take those.
- h. Squilla and Tuberculinum Bovinum, 200c,
  - i. Squilla DOES HAVE SOME LUNG SYMPTOMS, BUT IT IS MOSTLY USED FOR RESTORING TASTE AND SMELL. One or the other, will work.
  - ii. SQUILLA HAS WORKED, I'd say, about 80% of the time, for my clients.
  - iii. TUBERCULINUM BOVINUM is needed for the other 20%



- iv. Pick one and try them,
- v. Tuberculinum Bovinum = Tub Bov
- vi. There is a class on CORAC website for using that kit, go there for further details.
- vii. ONE DOSE will usually do it. Wait a couple of days

26. SMALLPOX there is an outbreak in Yemen, so we'll go over remedies so you guys are aware of the remedies you actually can use. So you don't have fear.

- a. QUESTION: If a nosode is made from diseased matter, what do you call a remedy made from an actual pathogen?
- b. Anne: A nosode. Because it's still from diseased matter. Is this what you mean, Gina?
- c. Gina: I was asking for Mick.
- d. Mick: So, Gina and I were having a discussion yesterday about nosodes, sarcodes and all those other different things. I got out my Yasgur's Homeopathic Dictionary. Yasgur's defines nosode as diseased tissue or the product of disease like sputum or saliva or things like that. Yasgur defines sarcodes as products from a healthy gland like the thyroid or whatever. So, Gina had a great question: "Are there any remedies that are made from the actual pathogen like Tuberculosis mycobacterium. We have Tuberculinum Bovinum and others like that made FROM THE DISEASED TISSUE AND SPUTUM, but do we have REMEDIES MADE FROM THE ACTUAL MYCOBACTERIUM ITSELF? If so, what's it called?"
- e. Anne: I think more of them are made from the DISEASED MATERIAL. Most of them are still made from the diseased material. Good question. It would still be a nosode, as far as I know. I'd have to look that up, but it would still be considered a nosode.
- f. That pathogen is in the diseased material, so you don't need the pathogen. How would you isolate that from the person?

27. SMALLPOX (quite a few remedies, half of them are in kits you already have)

- a. ACONITE (different book, different material, shorter descriptions, book used is: Vaccine Free, Prevention and Treatment of Infectious, Contagious Disease with Homeopathy, by Kate Birch, has a lot of info you won't need )
  - i. The wind, always the wind, causes symptoms,
  - ii. But, First stage and second stage: High fever and great restlessness
  - iii. Four types of Smallpox, Four Types of Variolinum Major (Smallpox):
    1. VARIOLINUM MAJOR is the Severe and MOST COMMON FORM with a more extensive rash and high fever,
    2. In the Ordinary: 90% of more cases in the world, at this point,

3. The next type is called: MODIFIED: which is MILD and occurring in previously vaccinated people, who have been vaccinated for Smallpox
4. The next type is: FLAT, it doesn't explain anymore about that at the moment,
5. HEMORRHAGIC: both of those last two are RARE AND ALMOST ALWAYS FATAL (REMEMBER this is when treated with CONVENTIONAL MEDICINE, that they are nearly always fatal)
  - a. In the Hemorrhagic type known as *Puerperium variolosa*, the initial stage before the rash appears is accompanied by a dark purplish blotching, flushing of the skin.
  - b. SO YOU HAVE A WARNING AND KNOW WHAT IS COMING SO YOU KNOW WHAT REMEDIES TO GRAB
  - c. They may have a severe loss of blood into the skin and hemorrhaging into internal organs and often will die before the Smallpox rash appears.
  - d. When we went over the stuff for Hemorrhagic Fevers (see video on CORAC site) those notes apply to, those types of Hemorrhages apply TO ANY situation where that DESCRIBES THE HEMORRHAGE. I don't have my notes out here, but there is the black blood, the purple blood and the accompanying symptoms. So, if any of those accompanying symptoms fits the Smallpox picture or any other picture, where you have that hemorrhaging, use those remedies. We'll go through the specific ones listed in this book.
  - e. Again you have the Variolinum Nosode, that is the one that is going to be preventative for you. It is already preventative for covid. Taking it once a week is not a bad idea, I don't know what's gonna happen. We are going to go into the remedies...
- b. PREVENTATIVE FOR SMALLPOX---VARIOLINUM NOSODE
- c. Preventative: ACONITE Napellus (really the only one you will use)
  - i. High Fever, great restlessness, fear of death.
  - ii. This is where you WANT TO HAVE YOUR MATERIA MEDICA, so if you want to look up Aconite, you want to look up something more about it, you can go to your book, and look up a symptom, there is Mind and Body, (Mick's

question about clarification of type of Aconite. Answer: ACONITE  
NAPELLUS)

- d. Preventative: ANTHRAX ?? (spelled with either an x or c)
    - i. GANGRENOUS cases with severe burning in the sores
  - e. Preventative: ANTIMONIUM CRUDUM (not one you may have)
    - i. Effects of suppressed eruptions. Mucous membranes are generally affected.
    - ii. Swelling, pain and redness of glands.
    - iii. The external parts are black, dry and gangrenous.
    - iv. Digestive symptoms: include the characteristic white tongue
    - v. Pimples, vesicles, and pustules,
    - vi. Sensitive to cold bathing (makes symptoms worse)
    - vii. Thick, hard, honey-colored scabs
    - viii. Pustular eruptions with burning and itching.
    - ix. Worse at night
  - f. In Homeopathy we use > means "Better from" and < means "Worse from"
28. ANT TART (should be in every kit)
- a. Specific for SMALLPOX,
  - b. Pustules with red areola, which leaves a crust and forms a scar,
  - c. Pains in the back and loins,
  - d. Violent pain in the Sacro lumbar region (google this if you are not sure where these regions are,)
  - e. Slightest movement causes retching and cold sweat,
  - f. Violent headache,
  - g. Worse in the evening, lying down
  - h. Better sitting up, in the cold
  - i. Specific for SMALLPOX, **before or at the beginning of the eruptive stage with diarrhea.** :Back ache, headache,
  - j. COUGH WITH CRUSHING WEIGHT ON THE CHEST----**before or at the beginning of the eruptive stage with diarrhea,**
  - k. Also indicated when the eruption fails to come out,
  - l. Tardy eruption with nausea and vomiting
  - m. Sleeplessness,
  - n. Suppressed eruptions, do not put any creams on it that would suppress.
  - o. Putrid Variola with Typhoid-like symptoms (look this up in google)
  - p. For bad effects of vaccination (smallpox vaccination) when Thuja fails and Silica is NOT INDICATED
29. APIS ( this is in every kit you'll ever buy)

- a. **Erysipelatous:** redness and swelling, Inflammation of the skin with accompanying fever marked by redness of the skin.
- b. Apis is bee venom, so think about what happens when you get a bee sting. You're gonna have redness and swelling and stinging pains, especially for smallpox in the throat and on the skin. Worse from any heat. If you've ever had a bee sting you know you don't want heat on that.
- c. Absence of thirst
- d. Urine scanty or suppressed, which if it is suppressed, my assumption is it's less than scanty which is hard to imagine. I guess if you go to the bathroom and nothing happens that would be Apis
- e. Sudden puffing up of the whole body after vaccination with the Smallpox vaccine.

### 30. ARNICA (Our beloved and most favorite remedy)

- a. While it doesn't destroy the vaccination like THUJA and MALANDRINUM, it has the amazing power to take away the pain, swelling and general malaise of the disease while it passes on to completion.

### 31. ARSENICUM

- a. Great sinking of strength
- b. Burning heat with a rapid small/weak pulse
- c. Great thirst (typical Arsenicum)
- d. Restlessness (also typical)
- e. The rash regularly develops with those Typhoid-like symptoms ( Typhoid-like Symptoms are: Fever 103 degrees F to 104 degrees F, weakness, stomach pain, headache diarrhea or constipation, cough and loss of appetite)
- f. Hemorrhagic cases or when the pustules sink in; the areola grow livid (a colorful way of saying very angry and red)
- g. Worse from cold
- h. Metastasis [Note; definition is not cancer but used "late 16th century as a rhetorical term, meaning 'rapid transition from one point to another'] to the mouth and throat,
- i. Worse from cold
- j. Chilliness with intense burning of the eruptions and internal chilliness as well, that's what you usually see with Arsenicum, that combination of heat and cold. That's there's some kind of burning and also chilliness.

### 32. BAPTISA

- a. Typhoid-like symptoms with fetid breath.
- b. Pustules are thick on the arch of the palate, tonsils, uvula and nasal cavities but scanty on the skin.

- c. Great prostration (LETHARGY IS EXTREME, can fall asleep in the middle of ANYTHING) with pain in the sacral region
- d. Drowsy, comatose, limbs still toss about in the bed

### 33. BELLADONNA

- a. FIRST STAGE of the illness with high fever and cerebral congestion
- b. Intense swelling of the skin and mucous membranes,
- c. Painful urination and tenesmus of the bladder (spasming),
- d. Delirium and convulsions
- e. Sensitivity to light, Worse light
- f. Fever, of course, with inflammation local to point of vaccination

### 34. CARBOLIC ACID

- a. **Erysipelatous**: redness and swelling, Inflammation of the skin with accompanying fever marked by redness of the skin.
- b. **Erysipelatous**: With violet-colored swelling and roughness,
- c. Powerful antiseptic,
- d. Languid, painless, foul and ?? Think about carbolic acid, how that behaves if it were to get on you, you can see how that relates to how the remedy behaves as well. Or someone who needs it.
- e. Prostration is very marked; anything that is an acid, people are depleted, they're tired, they're exhausted, so whenever you have an acid in a remedy there's going to be exhaustion there and Carbolic is going to be extremely bad, so prostration is marked.
- f. Putrid discharges
- g. Very offensive breath
- h. Tendency to destruction of tissue internally and fetid odor. So, you can imagine if their tissues are dying, what kind of smell that would cause.
- i. Burning, itching vesicles and pustules
- j. Very sleepy
- k. Profuse cold sweat
- l. Burning in the mouth to stomach,
- m. **Foci** (arch opening in the back of the mouth leading to the pharynx; the cavity behind the tongue, palatine arch, uvula and tonsils from which the pharynx and larynx proceed) in the throat are red and covered with exudation (post nasal drip, oozing of fluid from blood vessels and tissues or cavities)
- n. The skin is inflamed and other symptoms appear with burning tingling, itching and numbness.
- o. Profound prostration and fatigue with convulsions, collapse and a cold clammy sweat.

35. We have about 25 remedies that are not in kits, that would be in a 200c or 1M, I don't trust anything lower than that in this world.
36. QUESTION: When you start treating someone, do you start with Camphora to clean out what's going on? Anne: I don't do that. I'm a Classical Homeopath. And that's Practical. The times I have found that to be most helpful is to antidote a remedy, Campora 200c is the way to do it. The only way I use it is to antidote a remedy. Coffee won't do it, toothpaste won't do it, Vics Vapor Rub may do it. (Anne story about son who ate 10 different remedies at once)
- a. Mick: Camphor is not used for Acutes in practical homeopathy, but only used when opening cases for a chronic condition. Exceptions would be: drug-induced dermatitis, which is acute, or sometimes, in some situations where there is Anaphylaxis, or other serious allergic reactions. You might start with Camphor and then give Apis or some other remedy. But 99.9 percent of the time, Camphor is not used in Acute situations in practical homeopathy.
37. Anne will see about adding more kits/classes
38. Most of you have VARIOLINUM already, so you already have the best thing for remedy and prevention.
39. Anne recommends: Willam Boericke's Materia Medica and Repertory, because you can get it for pretty cheap. Also includes a repertory. It's possible you would not need to buy a repertory to look up symptoms. You can get it for under \$40 at Amazon. It is also free online (don't use phone, use computer, it's looks busier on phone)
40. Anne recommends; Vaccine Free, Prevention and Treatment of Infectious Contagious Disease With Homeopathy, by Kate Birch. That is the infectious disease book this is coming from. She's awesome, very brainy, she has a degree in biology.
41. New remedy in Anne's site: "Swab" This remedy is a remedy if you've had to take a covid test before, you'd take that one drop of this remedy on your tongue for ten days. And if you had to take a covid test again you would repeat and do it again. At that point you will have backed out whatever was on that swab. There are people who have had severe reactions to it, so it is not benign.
42. Question: What if you have to take a test every week? Anne: just take the remedy every day. If you are taking it that often, you'll have to add more distilled water and alcohol to keep it going when the bottle gets down. Remember to succuss it, every day in between taking it. Succuss it five or ten times. Bang it on your hand before taking it.
43. Question: Are there ways to heal if you've been over vaccinated? Anne: Yes. That is part of constitutional care.