

CV, RSV, Seasonal Flu, Typhus, Typhoid, Cholera
Hosted by Anne Hajek

Anne will discuss Typhus, Typhoid, and Cholera in another class

OK, welcome everybody to today's class on Covid and RSV update, and we'll do a little update on typhus, typhoid, and cholera, too, and then we'll get to another class on that where we'll have more details, and I can go through remedies on that in detail. For Covid right now, I'm not seeing anything different than last year. I'm seeing a little more fever but not a whole lot of new symptoms. I'm not seeing anything greatly different. In India over the summer, and it usually hits there before it hits here, they were seeing a lot of fainting and high fever. The high fever affected those under 55, The fainting affected both under and over 55, but the lower fever was seen in those people over 55. We haven't seen any of that yet, and they use some very different remedies. I don't know if that's coming here or not, but I haven't seen it yet, but if it does, and there's a great change, I'll do another class on that.

Right now we're seeing the usual respiratory issues. If you guys have seen the cough class or cough and cold or seen some of the acute classes, you see that in homeopathy, we go by symptoms. It doesn't matter what the cause is, whether it's RSV, whether it's asthma, the cause is beside the point. It's the symptoms. We treat those symptoms. So, if you go back and watch those classes on acutes and looking at coughs, right now you're going to be looking at the same types of remedies. You know, **Bryonia** if it's a dry cough that hurts the whole body and is worse when they move, for example. **Causticum** is for when there is phlegm in the throat and chest and they just can't cough it up. Those and other remedies for colds and coughs will remain the same.

I do recommend using nosodes. For those of you that are new, nosodes are made from diseased material. **Tuberculinum** is made from when someone had tuberculosis. Whooping cough is **Pertussin**. And the **pneumonia nosode** was made from when somebody had pneumonia as well as an **RSV nosode** made from that disease.

Those lung and cough nosodes are especially important to have post-Covid. We've seen since Covid that people need more remedy than they usually do, more doses and often higher potencies, and for some reason, nosodes, like I said, are made from diseased material, get at a deeper level. It's something we call an intercurrent. So, I usually recommend right now-there isn't one that's necessarily better than the other- but **Variolinum** is one that is good in the way that it is preventative of Covid. It is preventative of the poxes if they should come here. You could also take it if you would get Covid, and it does help. It seems to make the regular remedies work better. So

Variolinum is also a good one to have on hand. But use one of those nosodes and treat for your typical cough symptoms with one of the remedies for cough.

Another thing that we're seeing, as you guys all know, is that people who have been vaxxed are shedding. People are having strange symptoms and different kinds of symptoms than they normally would have. So if you have been around somebody who has been vaccinated, other than having the actual acute Covid symptoms, there are other symptoms that you can get. For example, a woman reported that she hugged her grandparents just after they had gotten boosted and then did not get her period for four or five months. She used a bunch of supplements-I didn't ask her which ones, and she researched and used a bunch of supplements to get her periods back. So there are a lot of issues as you guys know. To protect from the shedding, **Suramin 6c** is a remedy that you can take daily or just if you know you are going to be in somebody's house that has been vaxxed. Some people are very sensitive, so you might have noticed that if you go to the grocery store, you might have symptoms. Not many are that like that, but some people are. I have taken it. I went to a friend's house where her family is vaccinated, and I noticed symptoms myself. While I was there, I took **Suramin 6c** several times during the couple days that I was staying there. You're shedding from your pores all the time, and who knows how much or how long. It was not recent that they had gotten the vaccination. I'm trying to remember how long ago they had gotten vaccinated. I want to say it was probably months between when they had gotten vaccinated and I was there. **Suramin** is one to use preventatively for the shedding. For me personally, I use it if I know I'm going to somebody's house that has been vaccinated. I was staying at her house for a couple of days. If you're sensitive, but that is one to use preventatively from the shedding. I have never heard that **Ferrum phos** protects against the shedding. Regarding an established protocol using **Ferrum phos**, I am a classical homeopath. I don't use protocols. That would be a different vein of homeopathy. We treat the person specifically for each individual ailment or acute and go about it that way, so there aren't many protocols that I do. The only thing is, like I said, the **Suramin** is for protection. Then also **Spike protein** remedy taken once a month to counteract the effect of spike proteins both in vaccinations and also in the ailment itself. So, if you've had Covid or had the vaccine, then spike protein resides in us. Using a remedy made from that actually backs that out, and I recommend using that once a month. Just put a drop on your tongue once a month because we are continually being exposed to that with people who continue to get Covid or who have had the vaccination and are shedding. The only preventative "protocol" remedy that I recommend personally is using the Covid combo remedy that's all variants, and that's on my website. That's all variants starting from the beginning of Covid. It also has all of the past pandemics of old, such as Bird Flu, Spanish Flu and that can also prevent getting Covid. So, you can take that once a week. The **Variolinum 1M** is there. I usually take that now once a month. I didn't take

that before. I just started taking that a couple months ago. I've had Covid twice, and it's actually been good to have it for me because as a practitioner, it helps me to help my clients a lot better when I've experienced it both times. And there are definitely things new and different about how to treat somebody from having it.

So, with what's going on now with them saying RSV, seasonal flu, Covid, we're all going to die. You know, we don't know what they're up to frankly. The first thing is always do not be afraid and have no fear. That doesn't really help us. We have God on our side, and we also have homeopathy and other natural solutions. There are people in CORAC that know about essential oils and herbs, so God has given us a lot of options to address these issues. So, we have to remember that. So far, like I said, I'm not seeing a ton of acutes out there that are different, yet, but most of my clients are not vaccinated.

Also, I came across something on *icandecide.org* that was posted today that Pfizer and Moderna's clinical trials involving children identified elevated rates of RSV. The FDA's vaccine committee even voiced concerns. RSV is now spiking in children according to this, and they are still recommending Covid 19 vaccinations for kids. So, keep that in mind that vaccinated kids are being affected a lot by what's going on right now with the RSV. Keep in mind your regular remedies that I have classes on at our website, and I can do another one if you guys need one again or want a refresher. I have to go back and look at my classes again, but I'm pretty sure there is one on coughs and colds that's got a lot of remedies listed that you can use, and again, it's not what causes the cough and cold. It's what the symptoms are that you go by.

So, it will still address it, and you can use the **RSV nosode** as a preventative if you're really concerned about it. I don't recommend that everybody take every preventative they can get their hands on. Use some judgment. What are you seeing near you? Do you know people with this? Don't go by what the media says. And right now, there are some cases that are elevated out there, but they're not everywhere. And, are they affecting adults? I wouldn't take it if it's not affecting adults around you, if you're not around people that are getting or have it. Keep that in mind. Remedies are good to have on hand just in case, but don't do it out of fear. Don't say, "I'm going to take 18 remedies to prevent everything." That's also not the greatest way to do things. Use some of your judgment. Enjoy our classes and ask questions so that you can address any of the fears you may have or concerns you may have or to know which remedy that you should take. Any questions on any of that?

So the **RSV nosode**: If you had a child that you were concerned about getting RSV or having issues, or if you have a child with lung issues, then the **RSV nosode** once a month is what you would want to do with that child.

Q & A

Q-I'm sorry. What is RSV exactly?

A-It stands for respiratory syncytial virus. It's a virus that babies get. Why they get it, I don't know. My cousin's children seem to get it. They were on a nebulizer when they were babies for a while. That's all I remember about that. I read some things online that said that because everyone was holed up for a while because of the lockdowns, people didn't get RSV as much and they developed immunity really fast to it. So basically you used to, pre-Covid, get it when you were very young and it was a non-issue. But I think that the vaccine in children is probably more of the cause of it than people being locked up. I mean we weren't locked down to that extent to where it would make a huge impact like this.

Q-So adults don't get it?

A- Not before Covid. Not before Covid, adults did not get it.

Q-The bottle of **Variolinum** does not say "nosode" on it, so how do you know it's a nosode?

A-From being in the classes here and learning what the nosodes are. So, for those of you that are new, on my website, I do not advertise, and you'll see things that are kind of in code. I don't spell out **Spike Protein** because I cannot have somebody that's not in CORAC doing a search and finding my website and finding the things that I have on there. The FDA has been after homeopathy for many, many years. In fact, part of our history here in the U.S. around the turn of the 20th century, around 1900, about a third of all medical colleges were homeopathic medical colleges, and you had to be an M.D. before you could become a homeopath. Then once sulfa drugs and antibiotics came about around 1936, the AMA changed their rules to say that you could not be a homeopath and practice medicine. You could not keep your license, nor could you be married to a homeopath if you wanted to keep your license. That was their attempt to eradicate homeopathy in the U.S., and they did a pretty good job. As you guys all know, there are very few people that have known about it over the last 50 or 60 years. Very very few. They tried to get rid of it, and clearly you can see that they didn't, but it is not nearly as prevalent here as it is across the world. Most of the other countries that you will go to are very familiar with homeopathy. Most people have their kits. They know how to use acute remedies. It's very common in other parts of the world. It's also much less expensive. If you have a remedy kit, it will last you until the end of your life. I have one kit that I bought 10 or 12 years ago, and it's still going strong. They last a long time, and they never expire, and those are not things that big pharma likes to hear about.

Q-Can you tell me what is in your RSV kit. It has 15 remedies.

A-That's the radiation kit. It's abbreviated RAD because I don't even want somebody to look at it and see the word "radiation." And if you click on that kit, you'll see the list in the description.

Q- So the RSV is just the nosode?

A-Yes, it's just the nosode. That's by itself. So the radiation kit, I'm doing a class on that next week. It's on the radiation kit and what the remedies are in there. That would be for those that are interested if there would be a bomb or something that exposed us to radiation on a high scale, what you would use for radiation sickness and how to prevent it as well. So, I just put it on my website. You know, the first thing I tell everybody is first go to your 30c and 200c kit. Those are the most important kits to have. The ones besides those are great to add if you can, but something in your 30c or 200c kit will address most things, and then you add on from there, so get your basics. So when we go over typhus and typhoid, there are remedies in your 30 and 200c kits that will deal with some of those. Not every single scenario of symptoms, but you have to start with your base and your foundation. And we also need to pray because we can't buy every remedy under the sun. That's impossible. There are a bazillion remedies. I mean you talk about one remedy and I can't even tell you how many potencies there are. It's just impossible, so start with your basic foundations of those kits and then move on from there. Go through the acute classes if you haven't watched those already on how to deal with acutes in your house and the books that are recommended there on acute prescribing, as well.

Q-On that RSV preventative taken once a month, is that a 200C?

A- Yes, 200c.

Q- unheard question on Variolinum

A-Variolinum and nosodes in general help increase the effectiveness of other remedies. They clear things out at a deeper level for whatever reason. We are seeing that more since Covid. Covid is unnatural, so we're all kind of punting in a way because it's just done things differently to people and they have needed more remedies and different remedies and have responded differently than before. So, 200c for **Variolinum** and most **nosodes**, and those are listed on my website. They aren't going to say **nosode**. I'm going to type the names in the chat. There's a few of them in the Covid 1st Line Kit. There's **Tuberculinum** in there. I want to say **pneumococcinum** is one of them. **Pertussis** is a whooping cough. **Bacillilinum** is a nosode. **Hippozaenium** is a nosode and the three different types of **Tuberculinum**. And because, at the time, those of us who were in CORAC doing remedies, it was often that as long as you could get a **nosode** in

somebody, it really helped to reduce their symptoms along with their acute remedies. So like I said, if you have a really painful acute cough and it really hurts in your chest especially when you move if you cough, that is Bryonia. A remedy will do more than one thing. I'm not sure how new some of you are, so when you have a 30c kit of 50 remedies or whatever, **Bryonia** is going to help when you don't want to move, and it doesn't matter if you have a headache and it's worse when you move, if you have a cold or flu, it doesn't matter. It worked for my 5 year old daughter once when she did not want to move her arm. There was no injury that I could see. My homeopath said to give her **Bryonia**, so I did. She was fine after that. **Bryonia** will work if you have a stomach flu and don't want to move. There are pages and pages of what it will address, so it's not just for one thing. So don't feel bad if you have to be reminded of that over and over because it's a whole new concept, and it takes some getting used to.

Q- In my repertory, it says that **Variolinum** is for smallpox. So, I'm confused. If I take it and don't have smallpox, could a proving occur and I could get smallpox?

A-Very good question. So **Variolinum** is much like whooping cough, so that's why it could be taken as a preventative for Covid as well. So for a proving symptom, if many of you are not aware, so a remedy in a potentized state, a pellet state, to know what it will cure, we have to find out what it will cause

So starting back in Hahneman's day, he would take the remedy, he and his colleagues, healthy people would take it until they started producing symptoms. So, anytime you take the same potency of a remedy, you risk proving that remedy and actually making your symptoms worse. That's why I typically will say to put it in water, say 1-5 pellets if they are the small pellets that are on my website. The larger pellets like from Boiron will say take 5, but they just want you to go through them faster. You only need one, but my pellets are so small that if you only tried to get one into that cap, you're going to go insane trying to get a specific number of pellets. A dose is how much you take at one time. You can take a vial, you can take a vat, or you can take one pellet. It's what you take at once. So when you repeat that potency, you can have proving symptoms though your body will figure it out and it will go away when you stop, but that's why, when you're going to be repeating something, that's why I say put it in water. So take a couple pellets, if they are the tiny ones, 1-5, and put them in a glass of water. They'll dissolve. Take a ½ teaspoon and then stir vigorously like for 15-30 seconds before each subsequent dose. It's more important to do that when you have an acute because you're taking more doses in a short period of time such as over a couple of hours or a couple of days. Especially when you're new and first switching over to homeopathic remedies. When you take ibuprofen or aspirin or any prescription, it suppresses your symptoms and pushes them farther in. It makes it so you can deal with your symptoms, but it just pushes them farther in. So, when you go to homeopathy, it takes more doses for you at

first and as your body learns how to get rid of whatever ailment you have but also to overcome what has been suppressed. After a while, you need less and less of it and the earlier you start your kids, the better. My kids have been on remedies since they were young and respond much faster than my husband or I will. If you are going to take it once a month like Variolinum, if you're concerned about getting Covid, take it once a month. I take it in pellet form.

Homeopathy in India is found in every clinic or hospital. It is widely used. It's normal over there. They use it there like we have allopathic medicine here. So we got a lot of good information from them, and that is how we learned Variolinum was one of the better ones for prevention for Covid but also to repeat it more often if you think you are exposed. If you are exposed or getting symptoms, mix up a water dose and use it more frequently. If you're exposed and concerned about it, put the Variolinum in water and take it for the next two days if you are developing symptoms, not just randomly.

Q-Do you have to refrigerate it if you mix it in water? Also, I read we are not supposed to use plastic utensils when we stir, not metal.

A- All of us homeopaths have a little bit different view on things. One of my instructors said don't drink coffee. Another said, who I agree with thoroughly, you could put it in coffee, and it's still going to work. The whole thing about homeopathy is that everybody's different, and we don't look at anyone as being the same, so if you never drink coffee and you suddenly drink a pot, maybe it will anecdote your remedy. If you are a sensitive person or know one who may take a baby aspirin instead of two Advil or they can only take one Advil where someone else can take three or four. Whatever medicine it is, they have to take less. Those people can sometimes be sensitive with remedies as well and need a lower potency and be more careful about how much they take, how often, and definitely use the water doses. So, I use metal utensils. I use my regular Tervis. They're plastic, and I just put my remedies in there. I'm just not super particular myself, and we haven't died here and haven't had any issues from doing that. My homeopath back when I first started out said make sure you use a metal spoon, so those things are a little bit less specific. And then you have people say don't use plastic because plastic is not good. I'm just not particular enough to not use it, but you can use glass, too. So the things that will antidote as well, uh, In most people it's difficult to antidote a remedy especially when you want to. I actually antidoted my son back when I first started and he was on a really good remedy and it never worked the same again. He got ringworm, and I didn't know it at the time, but sometimes things like that come out and are released when you have a remedy. Things come up and go away. Well, I didn't know, and I put antifungal cream on him. Well all of a sudden, he started acting like a maniac again, and I called my homeopath. She started asking me what all I had given him, what have you done? Finally, we figured out it was the stupid antifungal cream. Somebody else it might not antidote, so when you have ointments, I always recommend

homeopathic ointments. I don't have any on my website, so you can find them by doing a Google search or on Amazon. Anything you would use Cortisone on, I would use [Psoriaflora](#) or [Calendula](#) gel.

If you're going to have your remedy in water for a long period of time, I would either put alcohol in it or put it in the refrigerator. So, if you're going to use it in a couple of days, just dump it out and put your glass in the dishwasher. On my website, the [Spike Protein](#) and others have alcohol in it to preserve them. You don't want anything growing in there. Once one of my clients had something growing in a remedy bottle in the fridge, but it was probably from one of the kids having food in their mouth. If you ever have it in the fridge and you don't have alcohol in it, something from somebody's mouth got in it, but alcohol will preserve it if you need to take something for longer than a couple of days.

Q-As preventative for Covid, take [Variolinum 200c](#) once a month?

A- If you are exposed or have symptoms, take water doses more frequently. If you are exposed and concerned about it, take one dose for the next two days. And you can put it in water and put it in the fridge. If you put alcohol in it, you don't need to put it in the fridge. You just want it to be about a third of alcohol. You can use apple cider vinegar or glycerine if anyone has issues with alcohol or blood sugar. Continue taking it once a month after that. If you felt like you were getting symptoms, you could take it several times that day. I do recommend having the [Covid Combo Remedy](#). It's a 30c and has every variable of Covid, and it's got everything from the last couple hundred years, Bird flu, Spanish flu. We don't know what they are going to throw at us. You can use it for your birds if you are afraid your birds are going to get bird flu. You need to put a couple drops in a separate bucket, have them drink out of it quickly, or you could flick it on them or spray that on them and then take that away because once a remedy is in a container, it is there until it is thoroughly washed in preferably hot water with soap because you don't want them to start having provings.

Q-Where to check out classes on cough.

A-Classes I did last year on using your kit, I went through them alphabetically on typical acute uses for the remedies that you typically find in a kit whether it's on my website or someplace else, the majority of the remedies that you find in a kit are going to be the same. So, you can start watching those classes if you haven't already.

I'll keep you updated if there is anything new coming out, new symptoms, things that we homeopaths are seeing, and I'll do another class. Usually what happens in an epidemic or pandemic—so say all of you called me right now and you all had cough, cold, flu, whatever, the chances of you all having the same remedy is about zero. You all may

have completely different remedies. That's why acute prescribing is challenging sometimes. However, in an epidemic or pandemic, what has been shown in the last couple hundred years is that there will usually be about five or six remedies that will treat everybody—God's grace is all I can say because you can't prescribe individually, you know. You couldn't get to the masses if that was the case. Thankfully in an epidemic or pandemic such as the Bird flu or Spanish flu, there are five or six remedies that would address everybody. The death rates in those flus for homeopathy, some were as low as 2% when conventional medicine was as high as 60%. So that is what we have going forward with pandemics. It has not been as simple with Covid, but we have definitely had some specific things that have addressed Covid.

Q-If a teacher took **Suranim** while at work because of all the vaxxed people, would that be helpful for her because she told me she has a little bleeding in her vaginal area.

A-Definitely. I would take the vial with her and have it in her pocket. She might need to take it several times a day. What I would probably do is put it in her water bottle and put a couple pellets in it. She should take it a couple times a day. She might need to take a few doses to start with to stop that. What I noticed when I went to my friend's house is discharge. I'm 51, and I don't have a uterus. I have not had that before and not since. That was very disturbing. She could potentially need a higher potency, but have her start with that and have her take it several times a day. She will definitely want to call me or another homeopath if it doesn't stop. She might need more remedies or higher potencies.

Q-Would you go to a 200c, then?

A-There are a number of things that could work. She should be taking **Spike protein** and should probably be taking it more than once a month. I started out with **Spike protein** 30c, and when I got Covid last spring, it wasn't like it was when I got it in the summer of 2020, but I noticed a difference when I took the **Spike protein** as a **nosode** along with my regular acute. I noticed that the cough got a little better, but as I repeated it for a couple more doses, I noticed that it didn't do anything, and that's when I went to the 1M. I just don't recommend a 30c anymore unless you're super sensitive because it just didn't do enough.

So she would probably want that to back out whatever spike protein she's getting as well. She might need to take a few things. It's hard to say what else she might need., but the typical things that are protecting all of us against it, I would start with those. I don't recommend Spike protein in a 30c anymore because it's just not a high enough dose. I only did it with a newborn baby because it was a brand new baby. I would just take the 1M once a month and succuss it before each dose, but just put one little droplet on your tongue. And remember, remedies don't expire.

If you get a remedy from me, things that need to be succussed between doses, I put in liquid because that's how you need to take it, and I don't want people to not succuss and cause proving symptoms. So the Spike protein is in liquid, but remember, as you use it, you can refill it with distilled water and alcohol. It's pretty much perpetual. So keep that in mind, as well

If you want to take your **Variolinum** in water, you could put it in your water bottle. If you want to make it perpetual, just make sure it is two-thirds water and one-third alcohol, and as you use it, just make sure that it is two-thirds water and one-third alcohol.

Q-With the Spike Protein that is liquid, can you just keep adding Everclear to that?

A-Yes. But when you're doing that, do not let your alcohol that you are pouring into the vial touch the remedy vial or your entire alcohol container is now contaminated. So, you want to make sure that you are pouring from above and don't let it touch that remedy container.

It's getting close to an hour, and I like to keep it to about an hour, so that people watching later can do so in a reasonable amount of time. The typhoid stuff, I think I'll do in a separate class. There's only a few remedies that are mainly recommended, but we can go through all the ones she has in her book, and I'm actually going to show you that book. Some of you have seen it before in another class...

Q-Anne, have you seen the slide show from Boiron how that pediatric pulmonologist and her recommendations on RSV for kids? What is your opinion on that?

A-You know they are giving some typical cough and cold remedies. I would make sure that you have that written down what is recommended for those symptoms, and remember, when you do that, it's when people have those symptoms for whatever is the cause, so it may not be RSV, but those symptoms and that remedy match, so it doesn't matter what has caused that. So anywhere you can get good information and they have it pretty succinctly and typed up well, you can print them off. So, print off what you need, or write down what you need. Another thing that I recommend for people to start doing is get a notebook. When you get an acute illness, it is not simple to figure out the remedy for it, but when you do, you want to make note of it. In the beginning, you're going to go through a few remedies before you find out what works for you, your spouse, your children, parents, whatever, write it down. When people are ailing, their brain doesn't work as well. Don't expect your own brain to work as well if you're not feeling well. So find a friend, a colleague to buddy up with to figure out remedies so that when you are not feeling well, you can call them up and these are my symptoms, what should I take?

My son had a croup when he was little, and I had never heard of it. He was burning up, and I was freaking out. I had to figure it out. I got my book and learned the three main remedies for croup: **Songia**, **Hepar Sulp**, and **Aconite**. Mostly **Spongia**. **Hepar Sulph** is when there is a lot of mucus. I gave him **Belladonna** because he was burning up. **Belladonna** is typically for high fever. He was crying. I asked him if he was feeling better. He said no. I gave him **Spongia**. He let out a huge sigh. His tears stopped. I asked him if he was feeling better. He said yes. So everytime he coughed, I'd pop in another pellet of **Spongia**. This was on a Saturday. He went to pre-school on Monday.

So with Covid, it's manmade. It's abnormal. We've never had to treat people the way we did when that came along. When my husband had it and we were in our third week, he had a cough where his vision would go dark when he coughed, and that was freaky. I was still not feeling good, but at least it was a really specific symptom, which is great.

The stranger and more specific the symptom, the easier it is to find a remedy for a homeopath. So, I looked that up and there was only one remedy listed for that symptom, so I gave him that, and that stopped. Then he started a whooping cough like right away, and that was crazy because nobody had whooping cough when I was growing up. I learned that remedy in homeopathy school, **Pertussis**, so I gave him that remedy. Then he started the mucousy croup immediately. That was terrifying. I gave him **Hepar Sulph**, and then boom, done! I took a **Pertussis** as well, because if it was in him, it was in me. We were 100% the next day. 100%! Like nothing had happened from when you feel like you're never going to be well again.

So anyway, we will get into Typhus and Typhoid. I will put that class out in the next couple of weeks. The reason that it was up there is because there were a couple people in CORAC that were concerned that those diseases would be coming. Diseases like that typically come out of chaos and out of lack of clean drinking water. So, God willing, we'll all be fine with that for the next couple of weeks. But, that is typically when those show up, but you have those remedies in your kit as well as a couple others as well, but the remedies in your kit will take care of it.

The book we will be using is **Vaccine Free** by Kate Birch. This book is meant for homeopaths. I took her class when I first started school in my second month. I knew nothing. I just wrote all sorts of notes. I still would recommend it because it might seem Greek right now, but at some point, you won't have a TV, phone, or computer. You will only have that book, and trying to decipher that Greek is better than nothing. I will try to help you make sense of it. One little thing I will tell you now to those of you that are new to repertorization, she has copied out of the repertory and has listed a bunch of remedies. You typically want to go for the ones that are bolded first, so keep that in

mind. Those are the ones that are more common for whatever ailment you're looking up.

So, we'll do our Typhus/Typhoid in the next couple weeks, and next week, we'll do the radiation kit which is the remedies that are in it and the symptoms that they address. There is a document that one of our fabulous CORAC members has written up as well, and that will be posted on the website with the class.

I hope that was helpful to all of you . It was great seeing you here. Have a great night!