



## Banerji Clinic Protocols & More

### **Allergic Reaction to Cats, Dogs, etc.**

Apis 200c SOS (as needed)

Histaminum 200c

Terburculium 200c one dose every 14 days to root out issue severe cat and other animal allergies (Dulcamara has also worked)

### **Bee Sting**

Ledum 200c SOS

Apis 200c or 1M SOS swelling/anaphylaxis

Nat mur 6x cell salt helps minimize toxins to bee stings.

Hypericum for pain

Arsenicum album for poison of sting and itching.

Extremities often take longer to resolve the swelling.

### **Bites**

**Insect Bites:** Ledum 200c dose every 2 hours until symptoms are improved, depending on how severe the bites are.

**Recluse Spider:** Lachesis 30c 3 times in 24 hours. If septic or red stripes give Pyrogenium 30c every 10 - 30 mins. Give Ledum 200c if Lachesis is not acting. Also can use Hypericum 30c, Arsenicum 30c and Hepar sulph 30c all taken together.

**Black Widow:** Lachesis 30c every 10-30mins until improvement. No improvement use Lactrodestus mac 30c. Symptoms include severe pain at bite site, overall numbness, difficulty breathing, painful cramping, rigidity of abdomen, sweating, dizziness, nausea, induced labor.

**Bites (not infected) animal/insect:** Ledum 200c every 3 hours for first day then twice daily for 1 week, Hypericum 200c mixed with Arnica 200c twice daily to prevent infection.

**Bites from non-poisonous, non-rabid mammals, infected:** Hypericum 200C, every 3 hours or Stramonium 200C mixed with Arsenicum 200c – dog bites 4 doses a day, for one month.

Edematous Swelling: Apis 200c SOS

Fire ant bites respond better to Arnica.

Bee stings Sue Meyers says she prefers carbolic acid over apis for anaphylactic shock.

Arsen. Alb. 200c SOS for an allergic reaction - swelling, itching, hives, anxiety, insect bite

## Banerji Clinic Protocols & More *(continued)*

Apis is for bites that are warm where as Ledum is for bites that are cold. Apis is also for bites that have fluid.

For any bites resulting in itching and hives, choose Arsenicum album 200c, especially when the itching is accompanied by a sense of frenzy, feeling like you can't quite scratch it well enough to satisfy the itch — and you might just lose your mind! Arsenicum 200c taken every few hours, depending on severity, tapering off as symptoms improve.

For wasps, bees or painful bites, the best Emergency Remedy is Ledum palustre 200c. The first thought after any kind of bite — from a dog, a bat or even a rat — should be Ledum 200c. It's also generally taken every few hours, depending on severity, and as with other remedies, Ledum is discontinued when the injury site is feeling very much better.

In the instance of an animal bite (say a raccoon or a squirrel bite) when possible infection is a big concern, use the Banerji Protocol: Hypericum perforatum 200c taken with Arsenicum 200c. It can be called HyperArs for short.

### **Bleeding**

Hammamelis 200c mixed with Arnica 30c for hemorrhaging.

Crotalus hor 30c for bleeding out of orifices.

Phos 30c for bleeding, bright red

Arnica for dark red bleeding

Ferr phos 30c for bleeding.

**Tooth extractions** can be a source of hemorrhages and a disquieting and problematic issue in dentistry. However, with the knowledge of homeopathy, a visit to the dentist can become less traumatic for both the patient and dentist. If after an extraction when there is bleeding that seems a little over the top, a dose of Phosphorus 30c every 15 minutes until the bleeding has ceased, sets the patient in order. As soon as there is relief, the remedy should no longer be given. Instead, offer Ferr phos 6x 3-4 times each day for a day or so to insure no return.

**Nose bleeds** can also become hemorrhages. In this case, Phosphorus 30c can also be of use. However, a near "no-fail" remedy for most severe nose bleeds is Vipera 12c or x. If given every 15 minutes until the bleeding stops, it will often promote better health, so that a return nose bleed will not be as severe, long lasting or debilitating.

An internal hemorrhage is, of course, a matter for more extreme medical care. However, as a first aid and on route to the hospital, it would behoove the attendee to give doses of Ipecacuanha. This is particularly so if the blood is gushing and true red.



## Banerji Clinic Protocols & More *(continued)*

When in doubt, for an internal bleed, it is often best to begin with Aconitum. This is particularly valuable when the person presents with restlessness, anxiety and agitation. Certainly, shock is a concern, so again, it is important to get the person to an emergency setting for care. After the bleeding is stabilized, however, the next remedy to use is Ferr Phos 6x given 4-5 times per day for several days to support the system against anemia.

Arnica is also reputed to address an issue of internal bleeding, so it ought to be considered for bleeding to soft parts or from a head injury.

Hypericum 200c mixed with Arsenicum 200c to ward off infection in puncture wounds  
Ledum 200c: for puncture wounds.

### Ear

Plugged/stuffed/pressure with/after cold or flu: Kali Sulph 6x or Kali mur 6x take every few hours until hearing is restored and/or the plugged/stuffed/pressure sensation is gone.

*Or try...*

Pulsatilla 30c with (take at the same time) Kali Mur 3x 3 times a day until better. This remedy combo works well to drain the eustachian tubes and give relief to that blocked feeling in your ears.

Profuse Wax: Causticum 6c 2D

Ear Pain with discharge or copious ear wax or pre-existing ear issue: Hepar Sulph 200c every 3-12 hours depending on the severity of the pain until symptoms are gone.

Ear pain, excruciating, from infection or plane flight: Belladonna 30c every 15mins or SOS until pain subsides.

The combo of Pulsatilla and Kali bich for draining my ears after an ear infection worked wonders.

### Ear Infections

Ear infection? One of the first remedies to turn to is Hepar sulph 6c, every 3 hours, until better.

BP: 1st line: Psorinum 1M in liquid every 15 days and Pulsatilla 30c twice daily, Chamomilla 30c in liquid every 30mins or SOS (as needed) for acute pain. If no better then try Carbonic acid 6x in liquid every 15 mins or SOS until very much better.

2nd line: Hepar Sulph 200c and Symphytum 200c every 3 hours alternately until all symptoms disappear (eg. Take Hepar 1pm, Symphytum 1:05pm, Hepar 4pm, Symphytum 4:05pm, etc). Then take both remedies twice daily, but not at the same time, for 3 months to finish the healing and prevent reoccurrence.

3rd line: Graphites 200c every 3 days and Hepar Sulph 6c twice daily.



## Banajeri Clinic Protocols & More *(continued)*

Ear infection from Shock (jumping into very cold water, swimmers' ear): Take Aconitum 30c SOS

Ear infections with intense pain: Belladonna 30c SOS, every 1-12 hours depending on the severity of the pain.

Ear infections related to teething and irritability: Chamomilla 200c every 6 hours until much improved. Pulsatilla or Hepar Sulph can also be considered.

### 1. Belladonna

- Most common for early stages of earache
- Good when earache comes on quickly
- Bright red ear but eardrum is still normal shape
- Sudden high fever with earache
- Pain down into neck
- Sore throat

### 2. Ferrum phos

- Use in early stages of earache with no pus formation
- Onset not as sudden as Belladonna and symptoms not as intense
- Can give if Belladonna is not working

### 3. Chamomilla

- Mostly indicated by the mood, less by particular symptoms
- Extremely irritable
- Earache comes on slowly but severe pain
- Improves with warmth
- Watery, runny nose

### 4. Silica

- Later stages of cold with ear infection
- Mild whimpering, but less interested in affection
- Physical weakness, tiredness, worn out
- Chilled
- Sweaty head, hands, or feet
- Intense ear pain but not extreme
- Occurs at night
- Irritated by noise
- Pain is behind the ear
- Itching in ear
- Stopped up sensation in ear
- Pus formation in ear, may have drainage
- Nasal discharge



## Banerji Clinic Protocols & More *(continued)*

Hepar Sulphur 200c 2 doses daily; noon & night and Belladonna 3c water dosed SOS for pain. 1 dose every 30 minutes as required. Merc sol/Belladonna and Calendula are also remedies to look into.

### **Fever**

The homeopathic cell salt Ferrum phos 6x is the remedy that aids during any inflammation and may help the child get over the illness in a shorter amount of time and step into full bloom again with fewer accompanying symptoms.

### **Banerji Protocol**

**1st line:** Rhus Tox 30c and Bryonia 30c one dose every 2 hours alternating between the two remedies. For a very high fever add Belladonna 3c in a water dose every hour. If there is nausea and vomiting add Arsenicum album 3c in a water dose every 30mins.

**2nd line:** Eupatorium Perf mother tincture alternated every 3 hours with Bryonia 30c. If there is acute cold and sneezing add Arsenicum album 6c one dose every 30mins.

**3rd line:** If the temperature is continuous without a break take Baptisia 200c one dose daily and Lycopodium 30c in a water dose one dose daily until the temperature drops. Also give Rhus tox 30c and Bryonia 30c twice daily, but not at the same time.

### **Fever of unknown origin:**

**1st line:** Eupatorium 30c alternated one dose every 3 hours with Bryonia 30c. Also take Baptisia 200c one dose daily.

**2nd line** Rhus tox 30c alternated one dose every 3 hours with Bryonia 30c and one dose of Pyrogenium 200c per day. The Rhus tox and Bryonia are each taken every three hours, and are separated from each other by a few minutes. So, for example, the dosing could look like this: Rhus tox at 9:00 am, Bryonia at 9:05 am, Pyrogenium at 9:10 am; Rhus tox at 12:00 pm, Bryonia at 12:05; Rhus tox at 3:00 pm, Bryonia at 3:05; etc.

When the temperature is 102F or more give Belladonna 3c in liquid every 30mins (two or three doses). This should give relief. For very high temperatures (102.5F-103F) give Arnica 3c mixed with Cuprum met 6c, one dose every 15mins (three doses), and wait for one hour. If the temperature is still above 103F repeat this treatment in exactly the same way. It will stop the rise of the temperature and also prevent fits and concussions. The temperature will come down slowly. The normal medicines for fever should be continued.

Fevers with chilliness take Chinium Sulph 3x as needed.

Fevers with convulsions take Arnica Montana 3c mixed with Cuprum met 6c every 15mins.

