

Newsletter 2023-10

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The eyes of the Lord are on those who fear Him, and hope in His kindness.



Read this newsletter in PDF format for greatest clarity. Print out any sections you might want in a power-out situation.

The last few weeks have been filled with small signs, and some large signs, that God is with us, and that we are not helpless. This newsletter is dedicated to those signs and circumstances. We have long been laboring under the sense of being drowned by those dedicated to evil, even though we know intellectually that it is not so. Now God seems to be preparing us to know deeply in our hearts that He and His Church Militant are on the move, and cannot be ultimately defeated. Viva Christo Rey!

Sheryl Collmer, editor

May 31, 2023

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From the cockpit



CORAC founder Charlie Johnston travels from coast to coast in his trusty Outback to speak in person to those anticipating the Storm.

Fruit That Will Last

Everybody in the world wants meaning in their lives. The meaning of life is one of the most fundamental questions all men must grapple with. It is unavoidable. Like the old song says about love, whole generations are now looking for meaning in all the wrong places. It has led to an existential crisis of despair.

Young people, particularly, are vulnerable to enthusiasms born of mere appetites. But satisfying an appetite is always transient. You get hungry again. St. Augustine described it as a restlessness in the human heart, a desperate restlessness that can only be stilled when it rests in God.

Some try to find meaning in what they condemn, often in the ugliest terms. But who can condemn anything without being painfully aware in their secret heart of what is contemptible in themselves? Often the greater the shrieking about evils outside oneself is, the more desperate the shrieker is trying to quiet the internal condemnation of their own contemptibility.

Others in this day try to find meaning in their sexuality, devoid of marital love. It is a terribly impoverished idea. Sexual activism is not a source of meaning. Because it does not still the restless heart, acolytes of this method keep moving to greater and greater depravity, hoping to find meaning in their rebelliousness. When it does not avail, they demand that others celebrate their perversions, hoping that this forced external approval will give them the peace they so lack. Eventually, unable to process their own growing self-hatred, they accuse others of being haters.

As offensive and ugly as these modern seekers of the meaning of life are become, they are pitiable. I feel deep sorrow for them, for they have fallen into a loop that spirals ever downward into deeper and deeper despair and emptiness. This is not for what God created them.

Many of those of us who are Christians have done good work in defending our faith and forming groups in which we can preserve it. We know that meaning is found in knowing, loving and serving God, our Creator. We know that that love is best expressed by knowing, loving and serving our fellows. We begin to find meaning when our love is turned outward in service to and the care of others rather than inward in search of self-actualization. The man who seeks to be a true neighbor may become great. The man who restlessly seeks to become great will rarely even become an honest neighbor.

All this is good and proper. Right now our faith needs defending and preservation. But we are fundamentally called to evangelize. If we came upon a camp of people who were starving, near to perishing, we would rally our neighbors to feed and, thus, physically rescue them. Right now, confronted with a world that is spiritually starving, screaming and groaning in agony, too often our only response is to desperately seek to avoid being counted among their number. Those who are searching for meaning in all the wrong places are spiritually dying behind the gates of a hell they have created. Our Lord, however, tells us

that the gates of hell will not prevail against His Church. Without neglecting the defense of the faith it is time to go on offense. God has laid out a banquet and a whole generation is starving. Let us feed them.

I know that the satan has succeeded in making several generations think, without examination, that any sort of religious faith is mere superstition. That is why, as we preserve the faith, as we defend ourselves against the constant assaults against the faith, we must spend some time contemplating how to proclaim the faith so that the sufferers might see it with fresh eyes, hear it with fresh ears. It is a vexing problem in a world grown so cynical and desperate. It is the same sort of vexing problem St. Patrick faced when evangelizing Ireland, a land almost entirely populated by druids and pagans. And yet, the Lord promised the gates of hell will not prevail over those who proclaim the faith. So, it is time to start driving the snakes of self-actualization, disordered sexuality, promiscuity, abortion, the will to power out in a way that people will hear. I don't have many of the answers, but I think about it all the time. I trust that, as we bend our thoughts and prayers to this, the Lord will lead us in His way and His time.

When it becomes one of our great priorities, we will bear fruit that will last. And it will be a pleasing offering to the Lord.

Charlie Johnston

If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can't then. CORAC teams will be out looking for people to gather in and work with.

A SIGN OF HOPE BLOG

Gangster Government Gears Up For War
Letter to Orthodox Catholic Bishops
The Future Is What, Under God, We Make of It

<https://corac.co/newsroom/#c-media-a-sign-of-hope>

GO FORTH INITIATIVE

"Go Forth" teams provide a way for each of us to find more meaning and joy in doing the little we can in our local communities... right in front of us! Watch the intro here:

<https://vimeo.com/821094339>

YOUR QUESTIONS

Periodically, Charlie will have a whole podcast that answers questions from you, the members. Submit questions here.

<https://corac.co/newsroom/#regular-podcasts>

Actions To Take Now

USE CASH ALWAYS

Use cash for everything. It's our best defense against a CBDC.

Read more here: [Never Go to the Second Location](#)

ADORE JESUS

Give Jesus one hour a day in adoration. If you aren't near a Eucharistic chapel, you can tune in to the perpetual adoration chapel in Poland at St. Maximilian Kolbe's monastery chapel. I've watched enough that I am beginning to recognize the backs of the heads of some of the regular adorers! <https://www.youtube.com/watch?v=2W-KSOPWWBY>

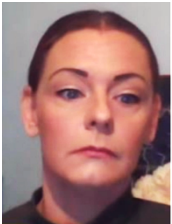
FIND LOCAL FOOD SOURCES

Find local food sources *now*. Start here: <https://www.localharvest.org>

Don't someday slap your forehead and say, "I wish I'd found local farmers when I had the chance!"

News

MEET A J6'ER



This is Victoria White from Minnesota. She used to look a lot happier. On January 6, she was brutally beaten, nearly to death, by DC policemen. The woman next to her in the crowd, Roseanne Boyland, did in fact die that day from police violence. The beatings of both women are clearly documented on videotape, but no charges have ever been brought against their attackers. Both thugs have instead been honored for their remarkable courage, beating unarmed females.

Victoria is a homeschooling mother of four daughters. Her reason for going to Washington that day was to add one more voice to the call to investigate the 2020 election results before certification.

Here is footage of what happened to White. Viewer discretion is advised. She was hit 35 times while begging for help. The attacker hit her in the face while she was turned toward him, and in the back of the head when she was turned away. He speared and poked her in the head. When she collapsed, other officers stood her back up, maced her and continued to beat her. When the main attacker had a clear shot at her face, he put down his baton and punched her hard 5 times directly in the face. White weighs just over 100 pounds. The officers zip-tied her hands, and paraded her through the crowd with no shoes or coat. She was taken for processing and released later into the street, battered, with no phone, in an unfamiliar city.

What does it say that those actually killed on January 6, Ashli Babbitt and Roseanne Boyland, plus Victoria White who was beaten close to death, were all unaccompanied, unarmed women? That's not a police force; it's a street gang.

Victoria is represented by Joseph McBride, Esq, an attorney for several J6ers, who clearly has a heart for their predicament. Victoria had planned to accept a plea bargain, but decided at the last minute to go to trial on May 8, possibly because a trial would force the media to show the video evidence of the beating she endured. I was not able to find any trial outcomes reported, three weeks later, which I find odd. Even American Gulug has no news about her trial. Victoria is one of the most righteous of the J6ers, and I fear that her story is being deliberately suppressed for fear of garnering public support.

White, a domestic abuse survivor, has filed a suit against the DC Police Chief, numerous officers, and the District of Columbia citing police brutality. Perhaps no one but other survivors understand what courage it takes for Victoria to stand up for herself. Other J6ers and their families are beginning to file lawsuits for the damage inflicted on them, as well.

More links to Victoria's story:

<https://americangulag.org/exclusive-mother-four-stopped-capitol-protesters-breaking-windows-raided-faces-55-years-prison/>

<https://www.givesendgo.com/G23RK>

<https://americangulag.org/capitol-police-officer-who-beat-victoria-white-identified-civil-case-holds-attacker-accountable-despite-sheltering-by-government-leaders/>

Like many J6ers on bond, Victoria receives mail through the Patriot Mail Project, which protects their privacy. You can write her here:

Victoria Charity White
c/o Patriot Mail Project
PO Box 173
King, NC 27021



From police bodycam.
Struggling for breath.
This is the stuff of
nightmares.

"Please don't forget about us; we are not terrorists."

- Ronnie Sandlin, J6 political prisoner

SOUND OF FREEDOM

At long last, it's coming! Theatrical release of this dramatic story of child trafficking is scheduled for July 4. The movie was actually finished in 2020, but Disney acquired the producing studio, and wouldn't allow its release. The film gathered dust for several years, but in the perfection of God's timing, it is coming out this summer, after Angel Studios (*The Chosen*) rescued it from oblivion. Jim Caveziel, who plays the lead character, said years ago that this film would change the world.



It has that potential, if released in providential synchronicity with events in the world. Just now, we have learned that 85,000 unaccompanied minors at the southern border are unaccounted for; the Biden administration is giving custody of children to known traffickers; and the Epstein network is being revealed to be more far-flung than anyone suspected. Into this tangle of horrific events comes *Sound of Freedom*, putting a child's face on the abominations going on all around us.

Did God allow Disney to snuff this film for two years, so that it would be released at just the precise moment with the greatest possibility of engaging the world to save the millions of children trapped in this hell? I think perhaps so.

Get your tickets here for the July 4 release. The more sold in advance, the more theaters will handle the movie. It's a sure thing there's pressure to keep the movie from being widely seen. Change the world with a ticket purchase.

<https://www.angel.com/tickets/sound-of-freedom> Trailer here: <https://www.youtube.com/watch?v=7oZE2nod4i0>

BREAK THE SILENCE. SAVE THE CHILDREN.



DEAR SISTER WILHELMINA

Just as the mega-corporate world saw fit to ridicule Catholic nuns in the most vile way, God stepped in for them. The Los Angeles Dodgers (formerly a baseball team) is honoring the X-rated Sisters of Perpetual Indulgence, who embody everything most profoundly antithetical to the Christian life. <https://www.lifesitenews.com/news/la-dodgers-reissue-invitation-to-anti-catholic-drag-nuns-apologize-for-excluding-them-from-ceremony/>

God's ways are so unexpected, so sideways. No one in LA could have ever predicted that a genuine Catholic nun, at the very same moment of history, would be found incorrupt in the grave; no human could have thought up a comeback like that. As gentle of a reprimand as it is, the visage of Sister Wilhelmina, stern in death, should remind people that God is not joking. If I were one of those drag queens, I would feel a little less "thpecial" flinging filth at Catholic nuns now.



I must admit, after the spirited revival at Asbury University in February, I wondered whether God would give us Catholics a gift of the same sort. Not that Catholics were excluded from Asbury, but the event had a particularly Protestant feel to it. An incorruptible body, of a religious sister, no less, has a definite Catholic feel to it. God is speaking to all of us in our vernaculars.

The monastery where lies the incorrupt body of Sister Wilhelmina is in Gower, Missouri, population 1,500, within CORAC Region 10. Regional coordinators Joe and Connie Brickner were on the spot last weekend. Here is Connie's story:

I am so glad we went! I was concerned about going, as it had been said that people were waiting in line in the hot sun for 2 hours. But on Friday, Joe and I decided to plunge in.

As we got closer to the Monastery, there were homemade signs along the road, with things like, "You come to see -- but have you said your Rosary?"

When we got there, men were directing people to specific places to park. Some were parking in a field across from the monastery, and some were directed to park right next to the monastery, only a few short steps from where Sister Wilhelmina had been originally buried. A sign directed visitors to the burial site. We thanked several men coming and going for doing the traffic work. They said, "We are glad to help the Sisters out", and "It is an honor!"

Joe and I walked a short way to the line that formed for quite awhile at the Monastery, and they had everything all organized by this time. Sister's body had been moved from the original location in the church to a place more accessible to the visitors, so the line was moving along. There were children passing out bottled water and bananas to everyone in the line. (The water was "sponsored" by Benedictine College per the label. That is where Joe went to school and coached in Atchison, KS). The Latin Mass was going on at Noon above where Sister was laid out.

We were in and out of the line in an hour. When we got to the area where Sister was laying, I asked a volunteer if I could take a picture. He said, "Oh yes, and you can get a good picture up really close too". They were directing people left and right. And I was also amazed that they let you touch her and lay your objects on her and take pictures. People were praying and touching the body with many objects.

It occurred to me that those in charge were saying, "Let the faithful come!" in so many ways. They had a paper directly people to visit the grave site, and take dirt if they wanted. This reminded me of Fr. Carlos Martins' relics tour, as he allows the faithful to touch the relics, touch them to religious articles, and hold them to your heart.

After we left her body in the church, we went to see the original grave site where she had been buried. There were holes apparently from people taking dirt. There were some graves right there of babies. It looked like some had come and buried their little ones there to the right of her grave and some other Sisters' graves. One gravestone read, "And to think the first thing they saw when they opened their eyes was the face of Jesus."

I have had such a feeling of hope and happiness since Friday. The way they let us "embrace her" as our own was a true gift.

Note: The chance to touch the body will have ended by now. Bishop of Kansas City James Johnston has encouraged the faithful to wait until the Church properly carries out its established process of confirming a saint before venerating her. He is asking people to soberly wait for the Church's judgment before treating the body, and articles touched to the body, as relics.

It's a tough call for him, to risk extinguishing the Spirit, but it is his duty as Bishop to investigate all matters of this sort.

<https://kcsj catholic.org/2023/05/bishops-may-26-statement-regarding-sister-wilhelmina-lancaster/>

Read more here:

EWTN News Nightly video: <https://twitter.com/EWTNNewsNightly/status/1662096261304950784>

Catholic News Agency: <https://www.catholicnewsagency.com/news/254441/thousands-visiting-sister-wilhelmina-body-gower-missouri>

National Catholic Register: <https://www.ncregister.com/cna/who-was-sister-wilhelmina-lancaster-whose-body-is-now-the-center-of-attention-in-missouri>

An American Incorruptible: Crisis Magazine: <https://www.crisismagazine.com/podcast/sister-wilhelmina-an-american-incorruptible>

The book *God's Will: The Life and Works of Sister Wilhelmina Lancaster* <https://saintjosephspress.net/Gods-Will-The-Life-and-Works-of-Sr-Mary-Wilhelmina>



Photos courtesy of Connie Brickner

KINDRED SPIRIT

Last week, Evangelical preacher Franklin Graham, who has a worldwide audience, spoke in Orlando at the National Religious Broadcasters convention. He said:

We need to get ready and be prepared. The world is deteriorating so quickly. It seems like every demon in hell has been turned loose. The storm is coming where we're going to be off the radio and television and internet.

<https://www.thegatewaypundit.com/2023/05/reverend-franklin-graham-issues-warning-america-storm-is/>

COMMS BLACKOUT

The communications blackout is expected to be a last-resort measure, taken when the ruling elite has completely lost control of the narrative and has to shut comms down to keep The People from turning on them. My guess is that there will be a confluence of news that shows the public just how vast and high-reaching the child trafficking industry is, and the guilty elite will shut down the news. When it was reported a few weeks ago that Senators had received satellite phones, and that major medical systems were recruiting ham operators, the rumors got real. Dave at the X-22 Report talks about it here:

https://x22report.com/aiovg_videos/ep-3078b-ds-begins-the-communication-blackout-narrative-durham-is-not-the-only-game-in-town/

PRACTICE WITH YOUR RADIO

All the communications equipment in the world won't make much difference if you're not practiced at using it. CORAC offers all shortwave owners and ham operators a weekly opportunity to practice your skills and get to know your equipment. Visit the Comms team on the website for details: <https://corac.co/communications-teams/> Next newsletter, a "beginner's guide" video will be up on the website, for the benefit of those who would like to learn more about tuning. In the meantime, if you're new to shortwave listening, download CORAC's guide to shortwave listening: <https://corac.co/2021/10/18/shortwave-radio-listening/>



A PARABLE OF CORN

There was a farmer who grew excellent quality corn. Every year he won the award for the best corn. One year a newspaper reporter interviewed him and discovered that the farmer shared his seed corn with his neighbors. "How can you afford to share your best seed corn with your neighbors when they are entering corn in competition with yours each year?" the reporter asked.

"Why sir," said the farmer, "The wind picks up pollen from the ripening corn and swirls it from field to field. If my neighbors grow inferior corn, cross-pollination will steadily degrade the quality of my corn. If I am to grow good corn, I must help my neighbors grow good corn."

So is with our lives. Those who want to live meaningfully and well must help enrich the lives of others, for the value of a life is measured by the lives it touches. And those who choose to be happy must help others find happiness, for the welfare of each is bound up with the welfare of all.



COWBOY COUGH SYRUP

This remedy was perfected on the cattle trails of the Old West: cough syrup for any kind of cough. It contains honey, which soothes the throat and delivers anti-oxidants and anti-inflammatories; lemons, which contain Vitamin C and can break up congestion; peppermint which is an analgesic and can numb a sore throat, and whiskey, which makes it all go down a treat! (Actually whiskey is also a pain reliever.) Here's the recipe:

½ cup whiskey
Juice and rind of 2 lemons
3 Tbsp honey
8 peppermint candies (you could substitute ½ fresh crushed peppermint leaves)

Combine ingredients in a small Mason jar.

Cover the jar and shake every six hours for one day.

After 24 hours, the syrup is ready to use. Take 1 Tbsp every 4-6 hours.

Store in the fridge for up to one month. Or what the heck, serve at a cocktail party.

https://thelostherbs.com/cowboy-cough-syrup-with-whiskey/?utm_source=newsletter&utm_medium=FGW&vgo_ee=LxnFWUiRMS1yp%2F1wMCyhXXVbg1HGRk49%2FHG4bmSEZXs%3D%3AH0j6mgZJdKrIkoq5kD%2BxzAIunQ%2BiVstk



CARMELITE WATER

The original recipe created by Carmelite monks near Paris in 1611, was used for digestive complaints, neuralgic pain, like headaches and general calming of the nerves. Herbalist Maude Grieve writes in her book *A Modern Herbal*:

Formerly a spirit of Balm, combined with lemon-peel, nutmeg and angelica root, enjoyed a great reputation under the name of Carmelite water, being deemed highly useful against nervous headache and neuralgic affections. Balm steeped in wine we are told again, 'comforts the heart and driveth away melancholy and sadness.'

Here's the recipe for this all-round comforter of the body:

- 1 bottle of white wine
- 1 cup lemon balm
- 1/2 cup Angelica
- zest of 1 lemon
- pinch of freshly grated nutmeg

Assemble all the dry ingredients in a Mason jar and cover with white wine. Shake at regular intervals to macerate the herbs. The author steeped for only 5 hours. I would opt for longer for maximum effect, but there is a chance of making the water taste “medicinal” if you steep too long. Strain off the herbs, and enjoy cooled. <https://learningherbs.com/remedies-recipes/carmelite-water/>

A variation on the recipe here: <https://blog.mountainroseherbs.com/herbal-carmelite-water-recipe>



The various herbal remedies included here and on the CORAC website are not just for your health, though they can be very effective. They are also presented so that you know, deep down, that God provides for us. Plants that can nourish and heal are growing all around us; it's a matter of recognizing them and using them properly. The Lord is with us.



FRIENDS, FAMILY & FAITH

Brian O'Shea, the husband of truth teller Naomi Wolf, recently wrote an article on how to counter a Communist takeover. He shows the strategy of the enemy quite clearly, and then shows how friends, family and faith defeat it. There's nothing complex about friends, family and faith. It's just interesting to read the simple solution from someone who understands how sophisticated the enemy is. Definitely worth reading, and getting to know Brian O'Shea.

<https://vigilantfox.substack.com/p/how-to-counter-a-communist-takeover>

CORAC Website

If you're new to the website, start on the tab “Member Resources.” Explore (and print out) the resources you need.

Health & Wellness	https://corac.co/health-and-wellness-teams/
Sustainable Living	https://corac.co/sustainable-living-teams/
Communications	https://corac.co/communications-teams/
Education	https://corac.co/education-team/
Crisis Scenarios	https://corac.co/crisis-scenarios-team/
Prayer	https://corac.co/category/prayer-teams/

Prayer

JUNE PRAYER INTENTIONS

*That the Holy Spirit guide CORAC members ~ individually and communally ~ in discerning what is true, what is right action in a given situation, and what will inspire hope in the hearts and minds of people around us

*That CORAC members receive the graces to live according to Charlie's exhortation in a recent podcast: “Be calm. Be the welcoming voice. Be the lighthouse in the storm. If you do that, we will do much whether we're ready or whether we're not.”

*For CORAC members to live their vocations fully and beautifully as God has called them; with special gratitude for the long, faithfully lived vocation of our own Father Wang, celebrating his 69th anniversary of priestly ordination on May 30

*As always, that CORAC members volunteering for all of our committees in all of our regions receive the gifts of creativity, good humor, resilience, camaraderie, and unexpected joy of spirit as we serve the Lord in these days

*For ongoing financial support for CORAC, with gratitude for the strong response to the latest fundraising drive

*For all intentions carried in the hearts of CORAC members and those posted on the CORAC Prayer Hotline, with gratitude for prayers answered in our daily lives

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!



PRAYER HOTLINE

Email prayer requests to the CORAC Prayer Hotline at prayerteams@coracusa.com, and we will post your request (using first names only) on the CORAC Prayer Hotline Signal group.



BRAZEN SERPENT ROSARY



Follow along with the rosary here: https://vimeo.com/806399452?embedded=true&source=vimeo_logo&owner=144927933

Download the gorgeous prayer booklet here: <https://corac.co/wp-content/uploads/2023/02/the-brazen-serpent-prayer-v2.pdf>

LITANY OF TRUST

[illegible]