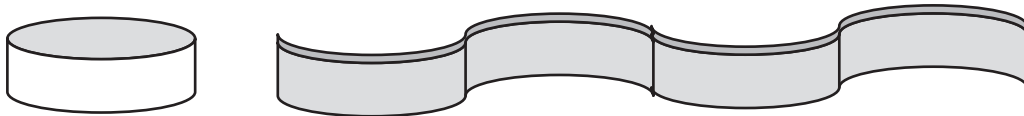




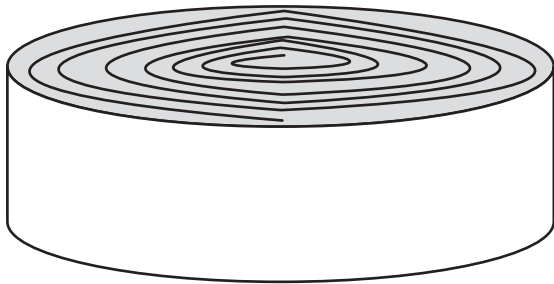
Do-It-Yourself Emergency Fuel

This emergency cooking fuel in a can is easily assembled with cardboard, small metal cans and cooking oil. It won't completely replace a stove or standard cooktop, but can be used in a pinch to heat liquids and cook small meals, much like a small sterno stove used on hiking expeditions.

STEP 1: Cut cardboard strips from a corrugated box to match the height of a clean, empty can. (e.g. - a catfood can).



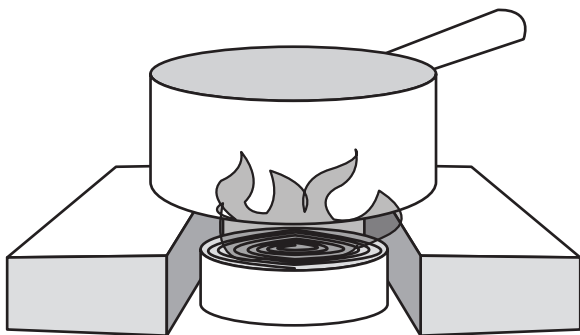
STEP 2: Roll up the strips and put in the can.



STEP 3: Pour melted wax or cooking oil into the can.



Step 4: Put your can on a solid, flame-proof surface and light the cardboard. When the flame is suitable for cooking, put two bricks on either side of the can to support a small pot.

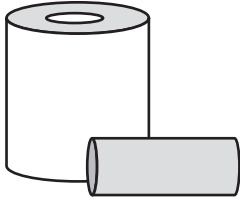


Do-It-Yourself Emergency Fuel *(continued)*

BONUS FUEL

STEP 1:

Remove the cardboard tube from a roll of TP.



STEP 2:

Put the TP into a clean coffee can.



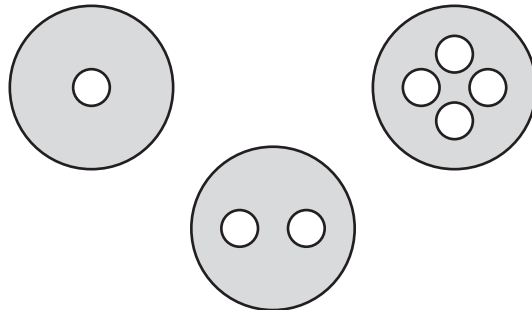
STEP 3:

Pour rubbing alcohol on the TP.



STEP 4:

Punch holes into metal lids and use these to control the flame intensity.



STEP 5: Place a whole metal lid over the can to extinguish the flame.

Warning: Never add rubbing alcohol to the flame.



FOR ALL EMERGENCIES: CORAC runs a HAM radio net and Signal groups. If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings if it is safe to do so. Tell friends at Church now in case you can't then. CORAC teams will be out looking for people to gather in and work with.

