



Potency Information & Use

Here is a quick overview: In Cell Salts, 6X (12X if using liquid) is used to enhance absorption of nutrients. In single remedies, 30C and 200C is most often used to push away a blockage and reduce a symptom. In organ therapy, 6C is used to balance and regulate organ and glandular function.

Organotherapy, the use of Sarcodes works on the premise that:

1. A homeopathic gland acts upon its corresponding gland.
2. Low Potencies such as 6X or 12X stimulate its corresponding gland function and is used for a low/hypothyroid symptoms.
3. Medium potency 6C balances, supports and regulates corresponding gland or organ function.
4. Medium high potencies such as 30C or 200C help with over functioning of the gland or organ.

Potency for Chronic Conditions, etc.

30X for seasonal problems; 30C for chronic problems. 200C for stubborn problems.

Lower potencies -X stay in the body a short period of time and are useful when frequent dosing and monitoring of patient is required.

- X potencies are a preferred.
- potency for children, seasonal problems and general family use.
- Cell Salts are in X potencies to improve cellular function and absorption of nutrients.
- Kids Kit and Remedy Chest are in 30X potency for general family use.

Medium potencies -C remove blockages to health making C the preferred potency for single remedies.

C potencies are a preferred potency for adults, for pain relief, infections, and chronic health concerns.

People using prescription medications can use homeopathic C potencies to offset prescription side effects and augment benefits.

200C is in the high range of the C potencies. 200C follows 30C potency well for stubborn symptoms.

We are seeing increased use and benefits with 200C potency with the complex and polluted world we live in.