



Supplies for Remedy Grafting

For the grafting with the pellets, you will need the following items: A remedy that you have purchased, and which is at least a 30X or 30C potency; blank pellets; a glass vial (1-dram, 2-dram, or 4-dram vials are the most convenient); a small paper Dixie cup; a small dropper-bottle of 95% Everclear or equivalent; a pen; and something to make a label out of (blank address label, masking tape, etc.).

For those who would like to also make a liquid dilution, you'll need the same items as for the pellet grafting, with 3 exceptions: You'll need a small dropper bottle (1/2, 1, or 2 ounces) instead of a vial, you may use cheap 40% vodka rather than Everclear, and the remedy that you start with can be any potency (3C, 6X, 200C, whatever).

For those who have purchased Alan Schmukler's book "Homeopathy: An A to Z Home Handbook," directions for grafting can be found on pages 311-312. And on pages 313-314, there are directions for how to make a homeopathic remedy from scratch (starting with an herbal tincture, for instance). We're not going to do that in class, but I wanted you to know that that information is in the book.

For those interested in the ability to graft, here are the specifics on what you would need.

First, get a bunch of the smallest size of paper Dixie cup. They're super cheap, and you'll want a few hundred of them (trust me).

Next, you'll need to see if 190-proof grain alcohol is available for purchase in your state. You may have to embarrass yourself and scandalize your family/friends/neighbors by going to a liquor store; but if you wear a disguise, maybe nobody will recognize you. In some states like Ohio, where 190-proof is not available for general purpose, you may buy it if you sign a form saying that you're using it for tincture-making, homeopathy, or sanitation purposes. Otherwise, maybe you live near the border of a state where 190-proof is available. (I live in Michigan where it's not available, but my husband buys it for me whenever he travels to Indiana or Illinois.) A "fifth" will be more than enough, since two ounces will last you for years. If you have a relative or friend who will be grafting remedies, you could split the cost of the bottle.

You will want at least 1 lb. of blank pellets, and 2 (or even 3) would be better. You'll want to get size #10 or #20. Prices at the site below are listed in Canadian dollars:

- <https://hemkund.com/product/blank-organic-sugar-pellets/>

You can also buy blank pellets from BeeHealthy (USA):

- <https://www.beehealthyhomeopathic.com/collections/globules> and RxHomeo (USA)
- <https://homeopathyinformation.com/product-line-price-lists/>

If you buy in cases of 6 or more from RxHomeo you can save per lb, think about sharing a case with one or two people near you.

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Here are two links for 2-ounce dropper bottles. Use the first link if you'd like only 2 bottles; use the second link if for some reason you'd like a dozen bottles (those of you in the tincture-making class may want to get a dozen, so that you have some for dispensing your tinctures once they're all made):

- https://www.amazon.com/Dropper-Stop-Bottles-Tapered-Droppers/dp/B07W5RDSVP/ref=sr_1_15
- https://www.amazon.com/Amber-Glass-Bottles-Eye-Droppers/dp/B00V73OA6O/ref=sr_1_6

Lastly, you'll need to buy some glass vials for the actual grafting and storing of your remedies. Until last fall, such vials were plentiful and really inexpensive on Amazon. Now, not so much. Below are a few links that you might find useful:

144 2-dram amber vials:

- <https://www.premiumvials.com/144-pcs-2-dram-amber-glass-vial-w-cap/>

144 1/2-dram amber vials:

- https://smile.amazon.com/gp/product/B01BRRPTVY/ref=ppx_yo_dt_b_asin_title_o07_s00

144 2-dram CLEAR vials:

- https://www.amazon.com/Case-Premium-Life-Glass-Vials/dp/B001P5FN10/ref=sr_1_1_sspa

My suggestion would be to get the 2-dram amber vials from Premium Vials, if you can afford them. With the shipping, they're \$63. The other option would be to buy the CLEAR 2-dram bottles for \$29. However, remedies stored in clear bottles would have to be kept in absolute darkness at all times because light will degrade your remedies. It's a pain to have to worry about the light issue; but if you can make it a non-issue and want to save some moolah, then go for it. Shop around a bit because prices do change.

I would also suggest getting the 144-count 1/2-dram bottles. They are really cheap (\$20), and they are good for giving remedies away to your family and friends if they need them (and with what's coming down the pike at us, they will need them). You can use these instead of 2- or 4-dram vials for grafting remedies (although they're awfully small, which means you have to do your grafting more often). Also, the 1/2-dram bottles are perfect for making a small kit that can be put into a purse, everyday-carry bag, or bug-out bag.

If you have (or buy) an extra eyeglasses case, you can fit 12-14 remedies in it... plus a few band-aids, a couple of alcohol swabs, etc. This may seem like a small thing, but it's not. Once I was at my dad's and ate an apparently innocuous snack as I was running out the door to drive home. Within 2 miles of my dad's house, my throat started swelling fast. I had my eyeglass-case kit with me, so I pulled over and took an anaphylaxis remedy. I had to pull over every 10 minutes to take the remedy (it's a half-hour trip, so I pulled over 3 times). But my throat didn't close. If I hadn't had my kit, to say that I'd have been in bad shape is an understatement.

Once you have grafted your remedies, you can store them in a shoebox or any handy container that will exclude light. But for those who would like a padded case that would be easy to transport and would protect against vial breakage. Here is an example of a case that could work well.

https://www.amazon.com/Giant-Essential-Oils-Train-Bottles/dp/B07K6WWDQ4/ref=sr_1_13_sspa

This is a good case for storing/traveling with 40 remedies that are 1 dram size (the same as a AA battery).

https://www.amazon.com/gp/product/B07Q73D131/ref=ppx_yo_dt_b_search_asin_title

