

# Newsletter 2023-14

18208 Preston Rd Suite D9-552, Dallas, TX 75252

*Grant that we may know what must be done, and in Your Spirit, bring to to completion.*



Read this newsletter in PDF format for greatest clarity. Print out any sections you might want in a power-out situation.

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CORAC has been taking big steps forward lately. The content on the website is growing like watermelons in summer! Unlike many “prep” websites that are run by one or a few people, CORAC has a broad national base of expert volunteers contributing their experience and know-how, and from a Christian perspective. I’ve listed some of the newest content in the **CORAC WEBSITE** section of this newsletter, but drill down in your areas of interest and find all sort of gems that have been posted farther back.

Our motto, *We’re the guys that do stuff*, is becoming more and more evident on the website. See for yourself!

*Sheryl Collmer, editor*

July 31, 2023

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## *From the cockpit*



*CORAC founder Charlie Johnston travels from coast to coast in his trusty Outback to speak in person to those anticipating the Storm.*

### **Rules For The Pilgrim’s Highway**

A car is a great means for physically getting you where you want to go. Imagine a car with only a brake pedal and no gas pedal – or vice versa. A car with no brake pedal is eventually going to crash and burn. A car with no gas pedal won’t get you anywhere. Fortunately, all cars come with both a brake and a gas pedal. The vehicle depends on your judgment to get you where you want to go. If you hit the gas pedal when you should hit the brakes, you are likely to crash and burn. If you are too timid to ever let off the brakes for fear of crashing and burning, you will never get anywhere. A car is an elegantly conceived and designed tool. Whether or not it is ultimately useful to you or not depends on you; your initiative and your judgment.

So it is with life. God gives each of us a unique set of tools – and each tool in our unique set is designed to help us with the work He intends for us - to help others and to fortify His kingdom here on earth. Alas, one of the great gambits of the devil is to seduce us into falling in love with the tools God gave us rather than using them in His service.

Some men are very strong. They can use that to help those around them – or to bully them. Some are very smart. They can use that to find truth and help others do the same – or to convince themselves of absurd fantasies of their own devising and seek to dominate everyone around them. Some are strikingly beautiful. If they augment physical beauty with a kind and generous soul, they are like a refreshing mountain spring. Or they can use it to manipulate and exploit others, bending them to their will.

Others are wise enough to understand that while they are responsible for honing and refining the gifts God gave them, they are not author of those gifts. Even so, these, too, can fall into a trap of disfiguring their gifts. St. Thomas Aquinas, one of the greatest intellects in human history, was given a supernatural visitation with Jesus late in his life. He never wrote again, declaring everything he had written to that point was so much straw. He was right that, in heavenly terms, it was so much straw – as are all of the finest gifts of the greatest in history. But while it was straw in heaven, it was pure gold here on earth.

He had weaved his brilliance into threads of golden silk that would lead millions, perhaps billions, into deeper understanding of and relationship with Christ. That is the highest purpose on earth of all of the gifts. It is one of the very rare times where I disagree completely with St. Thomas Aquinas. And yet, it may have been a great blessing, coming so late in his life. People who have been given striking and extravagant gifts and used them with extravagant fruitfulness can become prey to a subtle pride that they are author of what they have created in love of God. St. Thomas had served so well that I suspect God gave him the gift of seeing how redundant and childish his work was in heaven even at the expense of eclipsing (in his mind) how precious valuable it was on this side of the veil.

Some have gifts so striking they obtain high positions of trust and honor in this world. For some it gives them the means to vastly expand the efficacy of the good work they do in God's service. Alas, for many it is the reef on which their work ends. They become so enamored of the position they have that that is what they protect, at all costs. They neither initiate anything serious, for fear of making a mistake, nor object to abuses, for fear of losing their position. They are like the servant who buried his talent in the ground – and they will get the same result, whatever honors they receive in this life. (Matthew 25:18)

Then there is the good and wise servant, the servant who acknowledges the talents he has been given, knows from whence they came, and hones them in service to God and His people. These are the servants who know that for everything there is a season; a season to apply the gas, a season to apply the brakes. They develop their sense of judgment to know when to use each most effectively. They never count the odds when they are required to stand, knowing that God is in charge of all things. Neither do they act precipitously out of unseemly eagerness to demonstrate their prowess, knowing that God delivers the proper season so as to bring the most people back to Him, who is the only fountain of life in the universe.

Endeavor to be the good and wise servant with your whole heart.

*Charlie Johnston*

If communication goes out for any length of time, meet outside your local Church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can't then. CORAC teams will be out looking for people to gather in and work with.

### **CORAC WORLD MEETING**

If you missed the July 16 meeting, you can listen to the call here:

<https://corac.co/2023/07/17/corac-global-zoom-session-4-video/>

It was a very interesting call, in which Charlie answered many questions from the audience.



### **A SIGN OF HOPE BLOG**

<https://corac.co/newsroom/-c-media-a-sign-of-hope>

Truth or Consequence

Cast Off the Cloak of Lies

Injustice for All

### **BRIEF UPDATES**

<https://corac.co/category/charlies-brief/>

Continue Hoeing the Beans (4 mins)

Aslan Is On The Move (4 mins)

Bind Yourself to God's Will (5 mins)



# Actions To Take Now

## USE CASH

You can never go wrong using cash; use it for everything.  
Decline to use any bank that's enrolled in FedNow. If we reject FedNow early on, it may have a deterring effect on the rollout of the CBDC.

## ADORE JESUS

Give Jesus one hour a day in adoration, in person or virtually.  
<https://www.youtube.com/watch?v=2W-KSOPWWBY>

## FIND LOCAL FOOD SOURCES

Grocery chains are introducing beef injected with mRNA, lab-grown chicken "product" and genetically modified vegetables. No one knows precisely what these high-tech innovations will do to humans. You'll be glad to have formed relationships with local food producers if the government imposes "green" restrictions on farmers that are impossible to meet, thereby closing down small farms. This is already happening in Europe. Find local food sources *now*. Start here: <https://www.localharvest.org>



# CORAC Website

Check out some of the new content listed here, and explore past articles under each topic.

### **Health & Wellness**

<https://corac.co/health-and-wellness-teams/>

POULTICES, SALVES & SOAKS FROM EARLY SUMMER HARVEST PLANTS  
TINCTURES FROM SPRING FORAGED HERBS  
FUNCTIONAL HOMEOPATHY: INTRODUCTION

### **Sustainable Living**

<https://corac.co/sustainable-living-teams/>

HOW TO BUTCHER A CHICKEN  
TALLOW SOAP RECIPE  
EMERGENCY ROOF REPAIR

### **Communications**

<https://corac.co/communications-teams/>

BASIC ELECTRICITY – PARTS 1&2  
SHORTWAVE LISTENING TO THE CORAC NET  
SHORTWAVE LISTENING TO THE CORAC NET

### **Education**

<https://corac.co/education-team/>

HOW TO START HOMESCHOOLING  
CORAC EDUCATION CARD: PENMANSHIP  
CORAC EDUCATION CARD: MATH

### **Crisis Scenarios**

<https://corac.co/crisis-scenarios-team/>

TAKING CARE OF YOURSELF IN TURBULENT TIMES  
THE DISASTER DECK  
WILDFIRE SCENARIO

### **Prayer**

<https://corac.co/category/prayer-teams/>

ARE WE IN THE END TIMES?  
HOLY SCRIPTURE EMERGENCY CARD  
THE BRAZEN SERPENT PRAYER ROSARY

## MEET A J6'ER – JAKE LANG

The difficulty of writing about J6'ers is that they are just ordinary folks with flaws and passions and occasionally intemperate words, like all of us. A few are clearly virtuous, but most are a mix. Even the true heroes are maligned in the press, perhaps most of all, since an “insurrection” is not supposed to have heroes. It becomes nearly impossible to know what is true and what isn't.



Jake Lang, 27, may be the most publicly vocal of all the J6ers, and thus you can gather an impression from his own words rather than those of propagandists. He has a podcast, “Political Prisoner,” hosted by Gateway Pundit and streamed live via phone from the Alexandria Detention Center where he has been held in solitary confinement much longer than any reasonable person would consider necessary or just. <https://podcasts.apple.com/us/podcast/political-prisoner-podcast-hosted-by-jake-lang/id1591805369> (also on Spotify and Google) Such notables as Dinesh D'Souza (*2000 Mules*) and Micki Witthoeft (mother of Ashli Babbitt) have been guests.

Given that he was an eyewitness to the murder of Rosanne Boyland by a Capitol policewoman, <https://www.washingtonexaminer.com/news/video-shows-officer-striking-motionless-woman-on-ground-during-capitol-riot> it is not surprising that he was held two years without trial, thereby violating the Sixth Amendment right to a speedy and public trial. Video footage exists showing Jake attempting to help Rosanne, and then pulling Philip Anderson to safety, thus saving his life. A public trial would risk that video being seen by a still sleepy nation.

In December 2022, the Administration denied Jake's right to speak with his attorney; that's blatantly illegal and wildly unconstitutional. Jake was offered a plea deal for 9 years in prison, which he refused. There are twelve charges against him, one of the most serious being a violation of 18 U.S. Code Section 1512(c)(2), a law against evidence tampering in official proceedings, which has been bent by the Administration to provide a path for felony charges against many of the J6ers. Lang and his attorneys are petitioning the Supreme Court to hear their argument. If they are successful, it could impact hundreds of other J6ers, who were wrongfully charged under that section. <https://wethepeopleconvention.org/articles/Jan6th-Lawyers-Appeal-to-SCOTUS-on-Obstruction-Charges>

Also: <https://www.thegatewaypundit.com/2023/07/breaking-latest-scotus-filing-has-potential-impact-hundreds/>

A month ago, Taylor Taranto was arrested near the Obama's DC residence, carrying weapons in his van. There was an outstanding arrest warrant for his presence at the Capitol on January 6, 2021. It's unclear why he had not previously been arrested, as he was living a public life and could easily have been located. Why was he still free, when over 1,000 citizens had been arrested over the last 2-1/2 years? Once arrested, he was placed in the Patriot Pod, the DC gulag where many J6ers have been beaten, denied medical care, adequate food and access to worship. There was a kerfuffle, which was probably exactly what the authorities were hoping, but Jake Lang stepped up and attempted to defuse the situation with the Gospel.

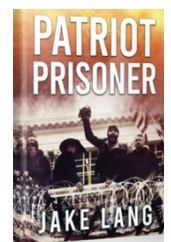
Jake has written a book, from which an excerpt follows:

Book order here: <https://www.givesendgo.com/patriotprisonerbook>

Excerpt from *Patriot Prisoner*, chapter 1:

“Let me first start off this book with a blessing. May God bless you, my dear brother or sister, for opening this book and deciding to open your heart to listen to my story. May He grant you the wisdom to seek salvation first and the courage to love in the face of evil.

“I want to let you, the reader, know that this book is not for the weak-minded, easily offended, overly emotional, or especially the apathetic. I will not be whining or complaining, and nothing I say comes from fear, because fear does not live in the heart of a patriot. I speak the truth directly from the power of God's Holy Spirit, no matter the cost, threat, punishment or perception. To suffer, to truly suffer for righteousness's sake and to be cast off and hated by this world, is the single biggest blessing a man can have in this lifetime. I consider myself highly favored by God to be chosen for a time like this. He makes no mistakes. Today is three days shy of 19 months as a political prisoner in the United States of America.”



You can write Jake here:

Edward Jacob Lang, Inmate #A0190055  
Alexandria Detention Center  
2001 Mill Rd.  
Alexandria, VA 22314

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## X.COM

Twitter was just starting to look like a reasonable bet, but I'm having second thoughts after the rebranding. Twitter, now X.com, "The Everything App" has a strategy to locate your whole digital life on their app, including banking and bill payment. Why in the name of all that's sane would I want all my critical information and resources in one hackable place? Does anyone really *want* an everything app? The only plus I can think of is that Musk might be able to keep X going on Starlink if everything else goes down.

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## OUT OF SHADOWS

This documentary came out in 2020, but I'm hearing it talked about more lately. <https://www.outofshadows.org> "*Out Of Shadows* documentary lifts the mask on how the mainstream media and Hollywood manipulate and control the masses by spreading propaganda throughout their content. Our goal is to wake up the general public by shedding light on how we all have been brainwashed by a hidden enemy with a sinister agenda."

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## SEARCH ENGINE EXPERIMENT

While searching for stories on the Twitter rebranding, all I found was the same 8-10 stories from CNN, MSNBC, CBS, New York Times, WaPo, USAToday and the Guardian (the usual news-twisting suspects), listed over and over. I went all the way out to page 42 of results on Ecosia, the search engine that claims to plant a tree with every search, without finding anything but those same stories, listed repeatedly. Ecosia is one of the 5 search engines that will run on Apple's Safari, which is what I have on my laptop.

I finally used the search feature on Telegram to find alternative sources. Since that search returns results from channels I've already chosen and trust, I got reliable news items much faster. I also tried **Brave**, and it returned a greater variety of results.

Here's an interesting article about the near-impossibility of building a good search engine that prioritizes users over the monster-money advertisers: <https://www.theverge.com/23802382/search-engine-google-neeve-android>

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## UPDATE ON APOSTOLIC VISITATION

In this interview, Bishop Strickland gives an update on the Apostolic Visitation which occurred in June. <https://www.youtube.com/watch?v=ZMvTVMGhVzc>

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## NO SUCH THING AS TRANSGENDER

Helen Joyce, the London-based author of *Trans: When Ideology Meets Reality*, did a long interview with Jerm Warfare on the destructiveness of transgender ideology. 1 hour, 18 minutes. <https://jermwarfare.com/conversations/helen-joyce-on-transgenderism-ideology-and-reality> Jerm is an iconoclastic South African who specializes in busting myths that most journalists won't touch.

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## THE BATTLE AHEAD

Here's a 58-minute interview with General Mike Flynn, who happens to be a Catholic. Flynn has proven himself through suffering. He has an insider's perspective, as former National Security Advisor to President Trump, and is one of my MTCs (Most Trusted Counsel). [https://www.frontpagemag.com/dhfc\\_videos/general-flynn-on-the-battle-ahead-for-america/](https://www.frontpagemag.com/dhfc_videos/general-flynn-on-the-battle-ahead-for-america/)

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## REGION 9 FIELD DAY

Region 9's Field Day was in Lone Rock, Wisconsin on July 22. Region 9 pioneered the idea of Field Days with their first regional conference in 2021, which turned into the National Conference. A summary of their latest from Regional Coordinator Kris Rehfeld:



Gregorian chant greeted us through the speaker system as we gathered at Jim and Gerry Farina's farm for Region 9 Field Day. Individuals and families from regions 7 and 9 came together to unite and fulfill Charlie's call to make a big splash with our numbers. The splash was like a cannonball jump into a pool! As always, Charlie's talk touched the heart of individuals as if he spoke to each alone. He gave hope and direction, encouraging us, as always, to acknowledge God, take the next right step and be a sign of hope to others.



After Charlie's talk, the available demonstrations seemed bottomless. You could learn to slaughter a goat or chicken, grow mushrooms, can or freeze dry food, cook off-grid, make tinctures, garlic honey or fire cider. Presentations were given on ham radio, solar panels, electricity, generators and ammo. Knowledge was shared between attendees and presenters.



In my humble opinion, CORAC'ers are some of the best cooks and bakers around. I invite you to picture lunch... There was the meat area with real Italian sausage, pulled chicken and later, a taste of the goat. A string of tables held sides of every variety. But the true success of the day was the camaraderie and community-building that transpired. We are the guys that do stuff!

If your region hasn't had a Field Day yet, call your regional coordinator, and volunteer to help organize. The opportunity to meet other members face-to-face is priceless. You'll be amazed at the expertise that comes from people in your region.

### POWER FROM THE PEDALS

In the photo above, Charlie is pedaling power into a battery. It's a Gilligan thing. If you have a stationary bike, here's how you can turn it into a power source: <https://www.instructables.com/Turn-an-exercise-bike-into-an-energy-bike/>

## LIGHT SOURCE

As of Tuesday, August 1, it is illegal to buy or sell incandescent light bulbs, the kind most of us grew up with. The government has decided for us, just like they want to decide about gas ranges and water heaters. The alternatives to incandescent light are LED, fluorescent and halogen. LED and fluorescents emit much higher levels of blue light, which raises the risk of macular degeneration in users, with additional risk to those who've had cataract surgery. 90% of lighting is now LED. Read more here: <https://www.naturaleyecare.com/blog/reason-lightbulb-choices-matter/>

There is a blue light filter you can enable on some phones, and you can install one on your computer screen. There are even blue light-blocking glasses, but I couldn't find any studies that showed they worked.

In addition to the blue light damage to our eyes, there is more general "screen strain." For no cost at all, you can practice the **20-20-20 rule** for relieving eye strain: every 20 minutes, look at something 20 feet away for 20 seconds. It forces your eyes to relax, and re-establishes your body's natural blink rate.



## CLIMATE CRISIS HOAX

For those who saw through the covid response hoax and resulting bioweapon shot, it's not so hard to see that the "next big thing," the so-called climate crisis, is a sham and a swindle. Once again, we'll have to try to wake people up to see the scam before they trade their birthright of freedom for slavery.

Here are some starter resources:

Dr. Judith Curry, "There's No Emergency" <https://www.biznews.com/global-citizen/2022/10/05/climate-change-2>

Dr. John Clauser, Nobel Laureate <https://www.globalresearch.ca/corruption-of-climate-science-nobel-laureate-john-clauser-speaks-out/5826884>

There were multiple reports of falsified data around the world last week. For example, the BBC tweeted a temperature for Sicily that was 7° hotter than the BBC local weather app on the same day. In Corsica, the banner running at the bottom of a TV screen read 42°C, while local weather stations recorded 32°C. In the United States, the mainstream media is saying that this is the hottest summer on record, even though the temperatures aren't the highest ever (yeah, figure that one out.)

The European Space Agency has begun tracking the hotter temperatures at land surface this year, rather than air temperature, as is customary, which means the standard has changed and made it possible to apparently "shatter" past temperature records.

Here's another trick called "nudging." It presents exactly the same temperature data in the same places on the same date at the same time, just charted differently >>>

Remember the last time the "experts" bald-faced lied, and people swallowed it? I don't think it will work this time, but we'll have to get information out because it is an enormous worldwide brainwash, much like covid.



## CORAC GENERAL DISCUSSION ON SIGNAL

To chat with other CORAC members nationwide, you can join the General Discussion channel on Signal. Download the Signal app and register your account. Then search "CORAC General Discussion" and request to be added.



## FEDNOW LAUNCHES

The new instant payment system of the Federal Reserve launched July 20. Only 35 banks have signed on, out of several hundred who participated in the testing phase. Is that the result of consumers being wary of what looks very much like a prototype for a CBDC? Interestingly, two of the huge international banks, Chase and Wells Fargo, signed on, while two others, Bank of America and Citibank did not. It has the look of a control group experiment. If so, and customers of Chase and Wells Fargo decamp to B of A and Citi, perhaps the CBDC can be postponed.

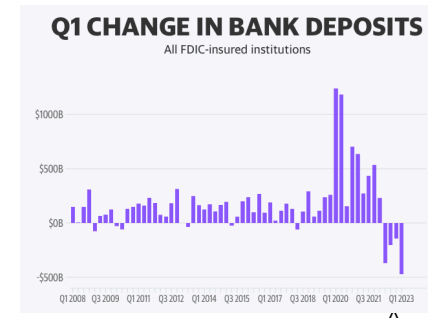
When I transfer funds by Zelle from my account to someone else's, the recipient is able to use those funds instantly. But apparently the back side of that transaction, the bank-to-bank transfer, runs in arrears. So FedNow may benefit the banks, but it provides no additional benefit to the consumer.

Currently, when bank deposits are declining precipitately in response to inflation and multiple bank failures, banks may be more responsive to consumer discontent. The current deposit decline is the largest since the FDIC began collecting quarterly industry data in 1984, and marked the fourth consecutive quarter of industry outflows.

<https://www.lewrockwell.com/2023/07/daisy-luther/fednow-is-live-and-the-framework-is-in-place-for-cbdc/>

<https://insiderpaper.com/us-fed-plays-catch-up-with-new-instant-payments-system/>

It's a good time to make our preferences felt.



## Prayer

### AUGUST PRAYER INTENTIONS

\*That the Holy Spirit continue to inspire and energize Charlie as he works on two significant writing projects for CORAC, in addition to his regular blog and newsletter articles

\*For the fruitfulness of various healing prayer ministries around the country, especially those in which CORAC members are deeply engaged

\*For the healing of marriages and families, especially those with children still living at home in their formative years

\*As always, that CORAC members volunteering for all of our committees in all of our regions receive the gifts of creativity, good humor, resilience, camaraderie, and unexpected joy of spirit as we serve the Lord in these days

\*That existing and new CORAC members may strongly desire and find the means to participate in financial support for our vital ministries

\*For all intentions carried in the hearts of CORAC members and those posted on the CORAC Prayer Hotline, with gratitude for prayers answered in our daily lives

*St. Gabriel, enlighten us.*

*St. Michael, defend us.*

*St. Raphael, protect us.*

*Ave Maria, Stella Maris!*



### PRAYER HOTLINE

Email prayer requests to the CORAC Prayer Hotline at [prayerteams@coracusa.com](mailto:prayerteams@coracusa.com), and we will post your request (using first names only) on the CORAC Prayer Hotline Signal group.