

GRID-DOWN CATHOLIC FAITH RESOURCES



Introduction

The CORAC National Prayer Teams Committee has developed a short list of essential printed resources and physical objects to have on hand in case the grid goes down for a time. Every family and local Catholic community will, of course, have its own meaningful essentials to augment this list.



Printed Resources

Bible

Catechism of the Catholic Church

The Liturgy of the Hours (also known as *The Divine Office*, a four-volume set for the liturgical seasons of the year)

Prayer books, old missals, other printed materials, etc.

- Printed copies of favorite devotions
- Printed Examination of Conscience for adults and children
- Missalettes
- Pamphlets on various subjects; for example:
 - ~ How to make a spiritual communion
 - ~ Chaplet of Divine Mercy
 - ~ How to gain indulgences
- Spiritual reading of all kinds:
 - ~ Lives of the saints
 - ~ Devotional books
 - ~ Children's reading material



Sacramentals for Your Home or to Have Near Your Family Altar

Crucifix

Rosaries

Statues and/or pictures of Jesus, Mary, Joseph, the family's favorite saints, etc.

Brown Scapular and other scapulars of choice

Medals: Miraculous Medal, Saint Benedict Medal, etc.

Holy water

Blessed salt

Blessed oil

Blessed candles (beeswax)