



Radio Basics (& Handheld Radios)

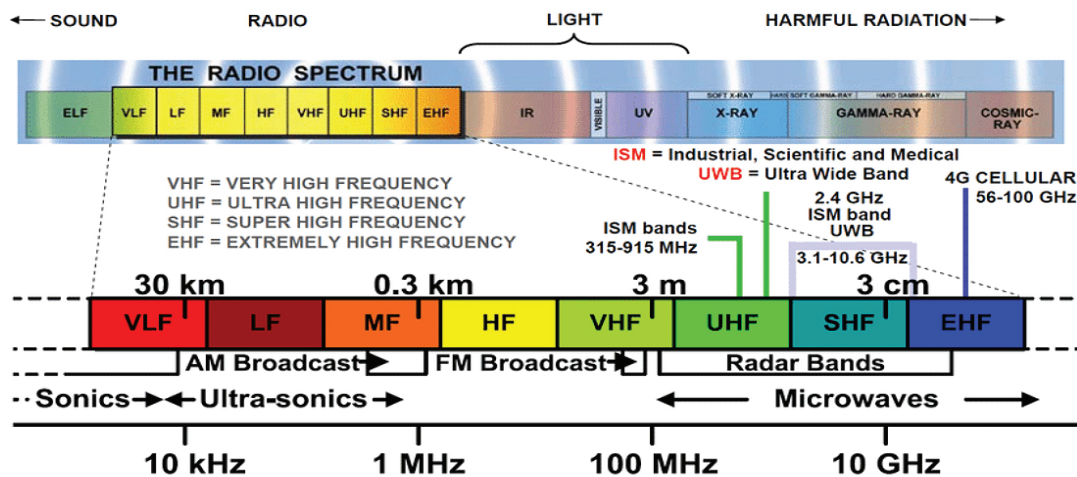
GOALS & OBJECTIVES

In this time of chaos, do you find yourself asking these questions?

- Basic understanding of radio waves.
- Basic understanding of the types of handheld radio technology.
- Understanding of the legal requirements for this technology.
- Be aware of HAM radio education resources.
- Access to HAM radio testing sessions.
- Be able to make a decision regarding your family or local community communication needs.
- Get your questions answered about handheld radio technology.
- This presentation will NOT involve programming the radios. There are instructions in PDF format at corac.co on the Communications team page. Understanding some of the concepts can help with programming.
- ***This presentation is no inclusive of everything concerning radio waves and radios; this information is simply to "shorten your learning curve."***

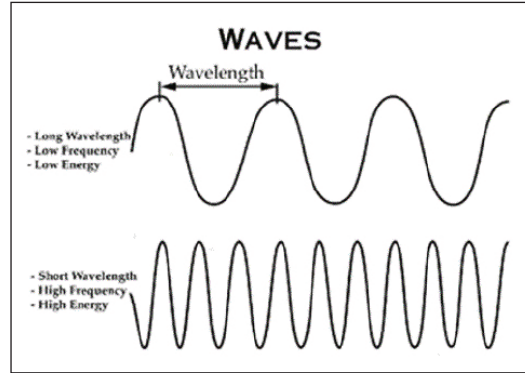
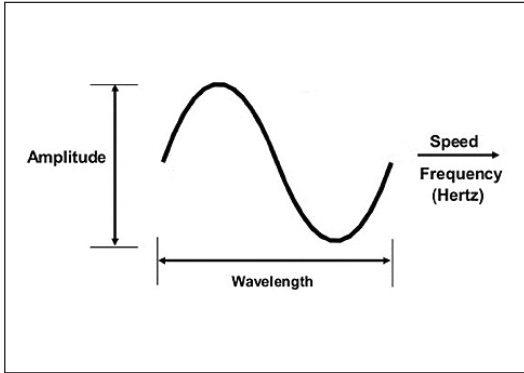
RADIO WAVES & EMS

- Part of the electromagnetic spectrum (EMS).
- EMS comprised of many different types of waves.
- EMS waves can be controlled by electricity and magnets or their fields.
- Consists of the longest waves of the EMS; according to NASA, ranging from more than 62 miles (100 kilometers) long down to @ 0.04 inches (1 millimeter).
- EMS organized by 2 measurements: wavelength and frequency.



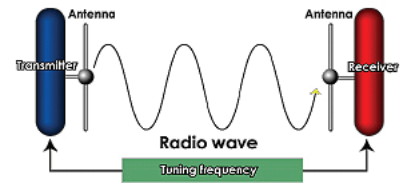
Radio Basics (& Handheld Radios) *(continued)*

RADIO WAVE COMPONENTS



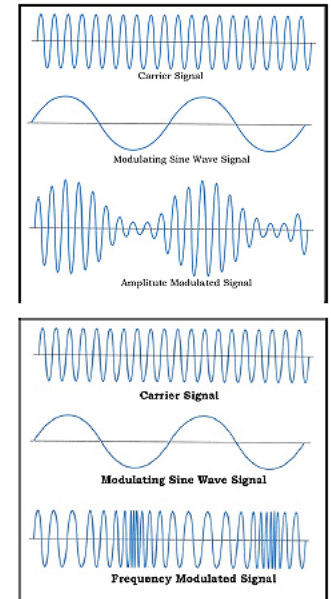
- Amplitude = height.
- Frequency = rate of occurrence.
- Wavelength = length.
- Measured in hertz.
- 1 hertz (Hz) is one cycle per second.
- A cycle is measured from crest to crest of a wave.
- 1000 Hz = 1 kilohertz (kHz).
- 1000000 Hz = 1000 kHz = 1 megahertz (MHz).

- **The longer the wavelength, the lower the frequency and energy.**
- **The shorter the wavelength, the higher the frequency and energy.**



RADIO WAVE MODULATION

- A radio that sends radio waves is a transmitter.
- A radio that receives radio waves is a receiver.
- Radio waves can be produced by radio transmitters and received by radio receivers because of antennas.
- A single radio that can transmit and receive radio waves is called a transceiver.
- To send information by radio waves, it has to be coded in some way.
- Requires two different waves: 1) The carrier wave, 2) The information bearing wave (the modulated or modified radio wave).
- There are two main methods: 1) Amplitude modulation (AM) encodes the information by varying or modifying the amplitude, or height, of the waves. 2) Frequency modulation (FM) encodes the information by varying or modifying the number of waves per second.
- AM waves are impacted by environmental factors that affect sound quality.
- FM waves have better sound quality because they are not impacted by environmental factors as much

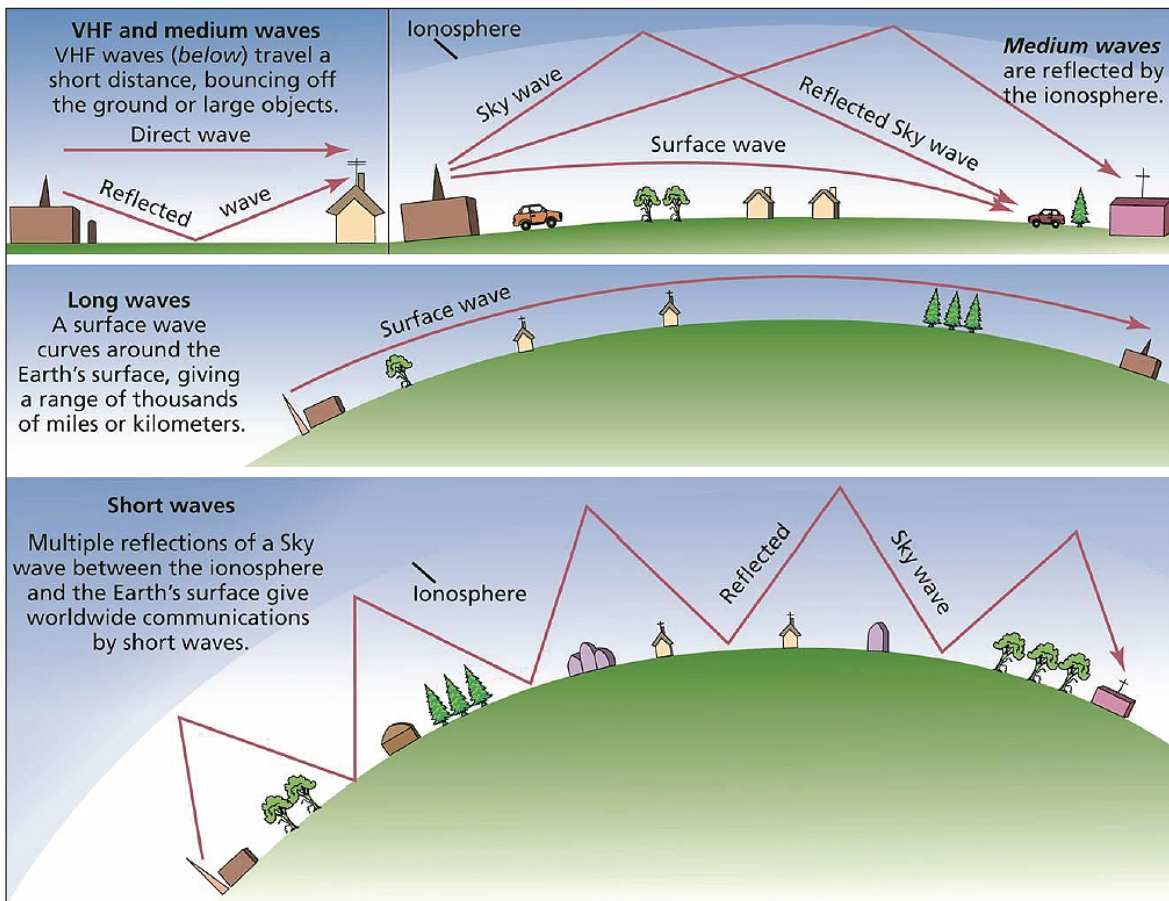


Radio Basics (& Handheld Radios) *(continued)*

RADIO WAVE PROPAGATION

- Radio waves of different frequencies contain various characteristics of propagation (behavior as they travel) along the Earth's surface and in the Earth's atmosphere.
- Longer waves (LW & MW) can bend around different obstacles and follow the outline of the horizon.
- Shorter waves (SW) reflect off the ionosphere and get back over the horizon of sky waves (HF).

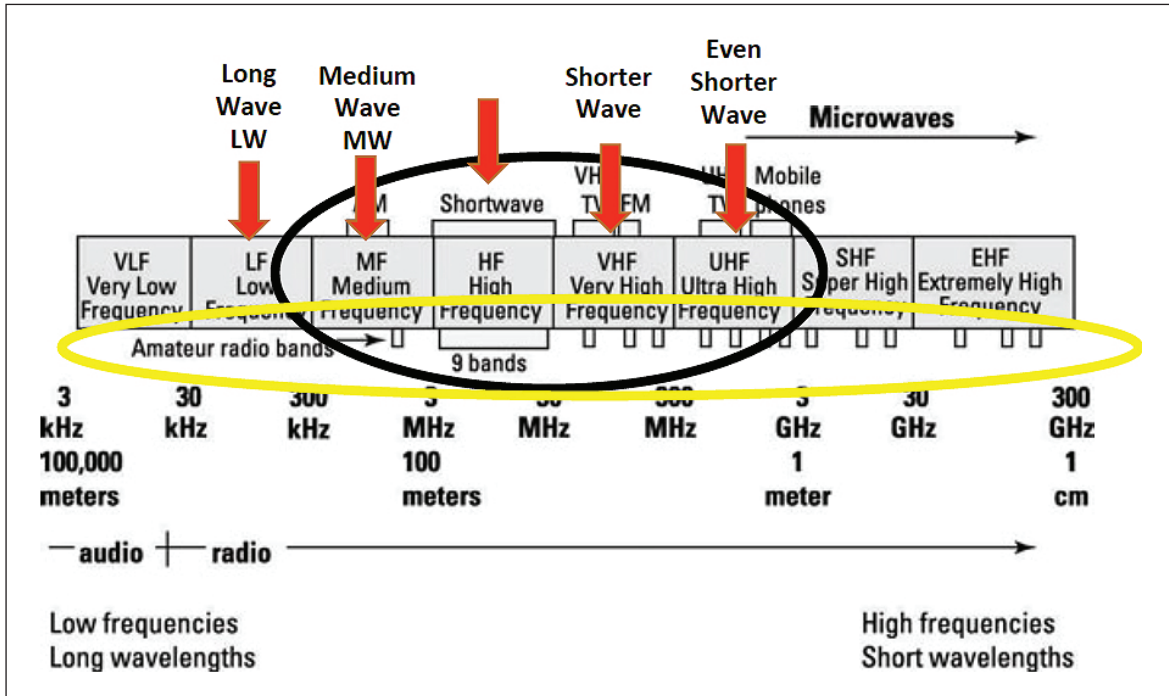
The longer the wavelength the lower the frequency and energy, lower energy waves bend more. The shorter the wavelength the higher the frequency and energy, higher energy waves bend less.



Shortwave radio can be used for very long distance communication (HF), in contrast to radio waves of higher frequency (VHF/UHF) that travel in straight lines (line-of-sight propagation).



Radio Basics (& Handheld Radios) *(continued)*



Radio Waves are grouped into bands of related waves and frequencies

- Bands do not mix with each other.
- Your radio is designed for picking up specific bands.
- HF radios can not pick up VHF/UHF signals.
- VHF/UHF radios can not pick up HF signals.
- A HAM operator may have his or her “radio station or HAM shack” set up with equipment to transmit or pick up the different bands (HF/VHF/UHF).

Band	Frequency range	Wavelength range
Extremely Low Frequency (ELF)	<3 kHz	>100 km
Very Low Frequency (VLF)	3 to 30 kHz	10 to 100 km
Low Frequency (LF)	30 to 300 kHz	1 m to 10 km
Medium Frequency (MF)	300 kHz to 3 MHz	100 m to 1 km
High Frequency (HF)	3 to 30 MHz	10 to 100 m
Very High Frequency (VHF)	30 to 300 MHz	1 to 10 m
Ultra High Frequency (UHF)	300 MHz to 3 GHz	10 cm to 1 m
Super High Frequency (SHF)	3 to 30 GHz	1 to 10 cm
Extremely High Frequency (EHF)	30 to 300 GHz	1 mm to 1 cm



Radio Basics (& Handheld Radios) *(continued)*

AMATEUR RADIO BANDS

Wavelength

- 70cm for UHF
- 2M for VHF
- 20M, 40M for HF

Frequency (FQ)

- 420 MHz for UHF
- 144 MHz for VHF
- 14 MHz, 7 MHz for HF

Notice that as wavelength increases, frequency decreases.

- 20M - 14 MHz
- 40M - 7 MHz
- 80M - 3.5 MHz

US Amateur Radio Bands

US AMATEUR POWER LIMITS

FCC 97.313 An amateur station must use the minimum transmitter power necessary to carry out the desired communications. (b) No station may transmit with a transmitter power exceeding 1.5 kW PEP.

Effective Date
March 5, 2012

Published by:
ARRL The national association for
AMATEUR RADIO®
www.arrl.org
225 Main Street, Newington, CT USA 06111-1494

160 Meters (1.8 MHz)
Avoid interference to radiolocation operations from 1 900 to 2 000 MHz

1 800 2 000 MHz E.A.G

30 Meters (10.1 MHz)
Avoid interference to fixed services outside the U.S.

10 100 10 150 MHz E.A.G

200 Watts PEP

6 Meters (50 MHz)

50.1 50.0 50.0 MHz E.A.G,T

80 Meters (3.5 MHz)

3 500 3 600 3 700 4 000 MHz E.A.G

3 525 3 600 3 800 N.T (200 W)

20 Meters (14 MHz)

14 000 14 150 14 350 MHz E.A.G

14 025 14 150 14 225 N.T (200 W)

2 Meters (144 MHz)

144.1 144.0 144.0 MHz E.A.G,T

60 Meters (5.3 MHz)

5 330.5 5 346.5 5 357.0 5 371.5 5 403.5 kHz E.A.G (100 W)

2.8 kHz

General, Advanced, and Amateur Extra licensees may operate on these five channels on a secondary basis with a maximum effective radiated output of 100 W PEP. Permitted operating modes include upper sideband voice (USB), CW, RTTY, PSK31 and other digital modes such as PACTOR III as defined by the FCC Report and Order of November 18, 2011. USB is limited to 2.8 kHz centered on 5332, 5348, 5358.5, 5375 and 5405 kHz. CW and digital emissions must be centered 1.5 kHz above the channel frequencies indicated above. Only one signal element is permitted on any channel.

17 Meters (18 MHz)

18 068 18 110 18 168 MHz E.A.G

1.25 Meters (222 MHz)

219.0 220.0 222.0 225.0 MHz E.A.G,T

N (25 W)

40 Meters (7 MHz)

7 000 7 125 7 300 MHz E.A.G

7 025 7 125 7 175 N.T (200 W)

Phone and Image modes are permitted between 7 075 and 7 100 MHz for FCC licensed stations in ITU Regions 1 and 3 and by FCC licensed stations in ITU Region 2 West of 130 degrees West longitude or South of 20 degrees North latitude. See Sections 97.305(c) and 97.307(f)(11).
Novice and Technician licensees outside ITU Region 2 may use CW only between 7 025 and 7 075 MHz and between 7 100 and 7 125 MHz. 7 200 to 7 300 MHz is not available outside ITU Region 2. See Section 97.301(e). These exemptions do not apply to stations in the continental US.

15 Meters (21 MHz)

21 000 21 200 21 450 MHz E.A.G

21 025 21 225 21 275 N.T (200 W)

VHF

70 cm (420 MHz)*

420.0 420.0 450.0 MHz E.A.G,T

12 Meters (24 MHz)

24 890 24 930 24 990 MHz E.A.G

33 cm (902 MHz)*

902.0 928.0 MHz E.A.G,T

UHF

23 cm (1240 MHz)*

1240 1270 1295 MHz E.A.G,T

N (5 W)

10 Meters (28 MHz)

28 000 28 300 29 700 MHz E.A.G

28 000 28 500 N.T (200 W)

HF

*All licensees except Novices are authorized all modes on the following frequencies:

2300-2310 MHz	10.0-10.5 GHz *	122.25-123.0 GHz
2390-2450 MHz	24.0-24.25 GHz	134-141 GHz
3300-3500 MHz	47.0-47.2 GHz	241-250 GHz
5650-5925 MHz	76.0-81.0 GHz	All above 275 GHz

* No pulse emissions

KEY

Note: CW operation is permitted throughout all amateur bands. MCW is authorized above 50.1 MHz, except for 144.0-144.1 and 219-220 MHz. Test transmissions are authorized above 51 MHz, except for 219-220 MHz.

- █ = RTTY and data
- █ = phone and image
- █ = CW only
- █ = SSB phone
- █ = USB phone, CW, RTTY, and data
- █ = Fixed digital message forwarding systems only

E = Amateur Extra
A = Advanced
G = General
T = Technician
N = Novice

See ARRLWeb at www.arrl.org for detailed band plans.

ARRL
We're At Your Service

ARRL Headquarters:
880-694-0200 (Fax 860-594-0259)
email: hq@arrl.org

Publication Orders:
www.arrl.org/shop
Toll-Free 1-888-277-5289 (860-594-0355)
email: orders@arrl.org

Membership/Circulation Desk:
www.arrl.org/membership
Toll-Free 1-888-277-5289 (860-594-0338)
email: membership@arrl.org

Getting Started in Amateur Radio:
Toll-Free 1-800-326-3942 (860-594-0355)
email: newham@arrl.org

Exams: 860-594-0300 email: vep@arrl.org

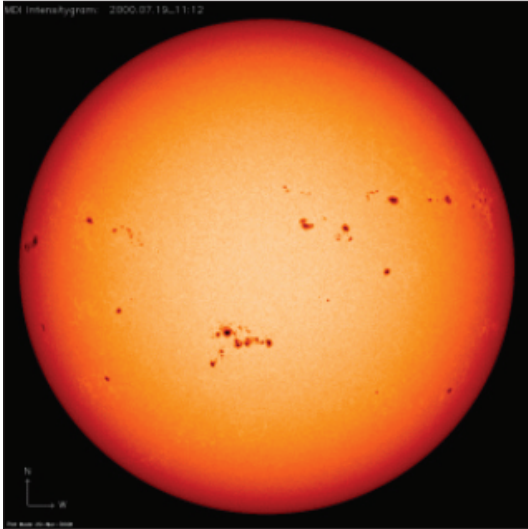
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Radio Basics (& Handheld Radios) *(continued)*

INTERFERENCE/NOISE WITH AMATEUR RADIO SIGNALS

There are many reasons a person can have the best equipment and yet have problems sending or receiving a radio signal.



Natural

- Sun
 - Decrease is good for VHF/UHF
 - Increase is good for HF
- Atmosphere
- Weather (lightening, clouds, rain, snow)
- Trees



Manmade

- Power lines
- EMPs (electro-magnetic pulse)
- Radar
- Consumer Electronic Devices
- HAM radios on nearby FQ's
- Buildings (outdoor obstacles)

"One man's noise is another man's signal." - Dave Casler KE0OG



Radio Basics (& Handheld Radios) *(continued)*

WHAT IS MOST IMPORTANT WITH A RADIO?

Power or wattage? Antenna? Why?

Both can increase the effective range of the radio!

SINGLE BAND/DUAL BAND

- A radio designed for only operation on the UHF frequencies is known as a single band radio.
- A radio designed for operation on VHF/UHF frequencies is known as a dual band radio.
- As a general rule, radios with access to VHF and/or UHF frequencies work best outdoors.

Which band is better?

Depends on your needs.

UHF vs. VHF

- Works slightly better indoors.
- Possible to penetrate walls.
- Travel shorter distance.
- Better in urban areas.

Manmade

- Works slightly better outdoors.
- No possibility to penetrate walls.
- Travel farther distance.
- Better in suburban and rural areas.

FRS RADIOS

- FRS is the abbreviation for Family Radio Services.
- "Walkie-talkies", mobile radios designed to be used for family activities.
- No test or license required by the FCC.
- Power output is 0.5 Watts to 2 Watts.
- Operates on FM UHF band (SINGLE BAND).
- Work on dedicated frequencies called channels. 22 FRS channels available.
- Shares channels 1-7 and 15-22 with GMRS since 2017.
- Many FRS radios only work on Channels 8-14 but may be numbered 1 – 7.
- NOAA Weather alert.
- Typical communication distance is 0.5-2 miles.
- Requires a fixed antenna (stubby antenna due to limited range).
- Great for short distances, dense woods or around buildings.
- About \$50.00 per two pack.



LXT600VP3



LXT630VP3



Radio Basics (& Handheld Radios) *(continued)*

GMRS RADIOS

- GMRS is the abbreviation for General Mobile Radio Services.
- "Walkies-talkies", mobile radios designed to be used for family, group, or business activities.
- No test BUT license required by the FCC (good for the whole family for 10 years).
- Currently license is \$70 but FCC is working to reduce to \$35 (waiting for @ 1 year).
- Power output is 0.5 Watts to 5 Watts.
- Operates on FM UHF band (SINGLE BAND).
- Work on dedicated frequencies called channels.
- 30 GMRS channels available.
- Channels 15-22 are GMRS-FRS and GMRS Repeater outputs.
- NOAA Weather alert.
- Typical communication distance achieved is 2-6 miles.
- Better for slightly longer distances and few obstructions.
- Usually a fixed antenna (stubby antenna due to limited range).
- About \$70.00 per two pack.



GXT1000VP4

FRS/GMRS CHANNELS & FREQUENCIES

Channel	Frequency	Description	Channel	Frequency	Description
1	462.5625 MHz	GMRS/FRS	12	467.6625 MHz	FRS
2	462.5875 MHz	GMRS/FRS	13	467.6875 MHz	FRS
3	462.6125 MHz	GMRS/FRS	14	467.7125 MHz	FRS
4	462.6375 MHz	GMRS/FRS	15	462.5500 MHz	GMRS/FRS
5	462.6625 MHz	GMRS/FRS	16	462.5750 MHz	GMRS/FRS
6	462.6875 MHz	GMRS/FRS	17	462.6000 MHz	GMRS/FRS
7	462.7125 MHz	GMRS/FRS	18	462.6250 MHz	GMRS/FRS
8	467.5625 MHz	FRS	19	467.6500 MHz	GMRS/FRS
9	467.5875 MHz	FRS	20	467.6750 MHz	GMRS/FRS
10	467.6125 MHz	FRS	21	467.7000 MHz	GMRS/FRS
11	467.6375 MHz	FRS	22	467.7250 MHz	GMRS/FRS

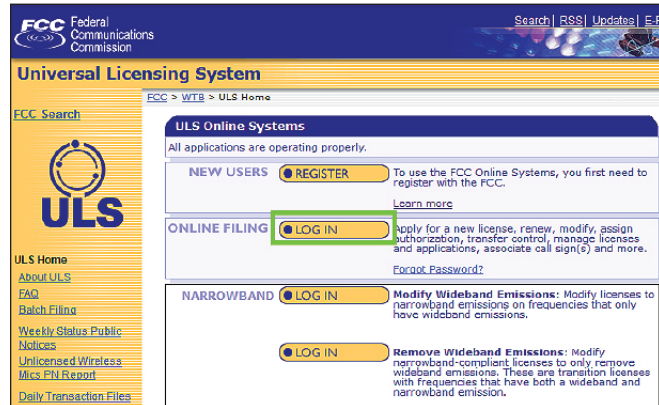


Radio Basics (& Handheld Radios) *(continued)*

HOW TO APPLY FOR A GMRS LICENSE

Visit <https://radioreference.com> forums for detailed information on how to apply for a GMRS license and receive your FCC call sign.

- Create an FCC Universal Licensing System account.
- Log in to the ULS.
- Begin application for a GMRS license.
- Submit the application & fee.
- Receive call sign and download authorization documents.



HT RADIOS

- HT is the abbreviation for Handheld Transceiver HAM Radios.
- “Handy-talkies”, mobile radios designed to be used on VHF/UHF HAM bands.
- A radio with access to VHF/UHF is a DUAL BAND radio.
- Test AND license required by the FCC (good for an individual for 10 years).
- Requires at least a Technician license to transmit.
- No license required to listen, but DO NOT PRESS THE PTT (push-to-talk) BUTTON.
- Can transmit if emergency exists without a license.
- If used and no emergency exists other HAMS can & will report you.
- FCC penalty for unauthorized use can include seizure of equipment, fines and other civil and criminal penalties.
- Works on some dedicated frequencies called channels and free frequencies.
- Cannot be used on FRS/GMRS channels.
- NOAA Weather alert.
- Typical communication distance 2-6 miles without a repeater, 6-30 miles with a repeater.
- Comes with a “rubber-duck” antenna.
- “Your radio is only as good as your antenna.”
- To improve reception upgrade antenna(s).



Radio Basics (& Handheld Radios) *(continued)*

YAESU FT-60R

- Power output is 5 Watts
- Japanese made radio
- Cost @\$155.00 + tax, shipping & accessories
- Sturdy, well built radio

Package usually comes with the radio, one battery, standard “rubber duck” antenna, a standard battery charger, USB cable, belt clip, warranty card and instruction manual.

Be sure to check out what is included in your radio purchase.

Vendors

- dxengineering.com
- gigaparts.com

Recommended minimum:

- The radio.
- One or more extra batteries.
- Upgraded antenna to increase range of radio (Diamond SRH77CA).

Consider adding one or more of the following:

- Rapid charger (normal charger takes @ 9 hours to fully charge battery, @ 3 hours with this).
- Car charger (allows the vehicle battery to charge the transceiver battery).
- Solar battery bank (allows the battery to be charged directly with solar battery).
- Cloning cable if two or more of the same radios are purchased. Allows you to easily clone additional similar radios once you program the initial radio.



Radio Basics (& Handheld Radios) *(continued)*

YAESU FT-70D

- Power output is 5 Watts
- Japanese made radio
- Cost @\$175.00 + tax, shipping & accessories
- Sturdy, well built radio

Package usually comes with the radio, one battery, standard “rubber duck” antenna, a standard battery charger, USB cable, belt clip, warranty card and instruction manual.

Be sure to check out what is included in your radio purchase.

Vendors

- dxengineering.com
- gigaparts.com

Recommended minimum:

- The radio.
- One or more extra batteries.
- Upgraded antenna to increase range of radio (Diamond SRH77CA).

Consider adding one or more of the following:

- Rapid charger (normal charger takes @ 9 hours to fully charge battery, @ 3 hours with this).
- Car charger (allows the vehicle battery to charge the transceiver battery).
- Solar battery bank (allows the battery to be charged directly with solar battery).
- Cloning cable if two or more of the same radios are purchased. Allows you to easily clone additional similar radios once you program the initial radio.



Radio Basics (& Handheld Radios) *(continued)*

BAOFENG BF-F8HP

- Power output is 8 Watts
- Chinese made radio
- Cost @\$65.00 + tax, shipping & accessories
- Relatively inexpensive radio

Package usually comes with the radio, one 2100 mAh battery (small battery), standard “rubber duck” antenna, a standard battery charger with wall adapter plug, single PTT OEM ear-piece kit, belt clip, warranty card and instruction manual.

Be sure to check out what is included in your radio purchase.



Vendors

- baofengtech.com

Recommended minimum:

- The radio.
- One or more extra batteries (BL-5L 3800 mAh battery, large battery).
- Upgraded antenna to increase range of radio (Nygoya NA-771).

Consider adding one or more of the following:

- USB to 10V Smart Charger (allows the battery charger dock to be used with a USB solar battery).
- BT1013 USB Direct Battery Charger Cable (allows the battery to be charged directly with a USB solar battery)
- BL-5 AA Battery Pack (allows the use of AA batteries, standard or rechargeable)
- BL-5 Battery Eliminator Car Charger (does not charge the battery, allows the radio to use the vehicle’s battery to power the transceiver)
- PC03 programming cable (will need to download CHIRP software, which is FREE)

<https://chirp.danplanet.com/projects/chirp/wiki/Home>

Be careful of counterfeits



Radio Basics (& Handheld Radios) *(continued)*

HAM RADIO EDUCATION RESOURCES

Online

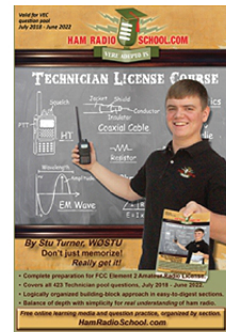
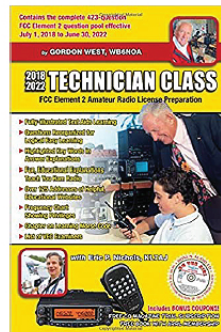
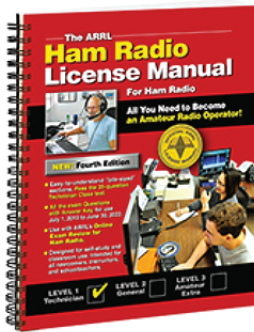
- hamtestonline.com (\$24.95 for 6 months access)
- hamradioprep.com (\$35.00 for lifetime access)
- hamradioschool.com (best coupled with the book)

Phone Apps

- HAM Radio Exam - Tech

Books

- The National Association for Amateur Radio - <https://arrl.org>
- Gordon West Technician Class - <https://www.gordonwestradioschool.com>
- HAM Radio School - <https://hamradioschool.com>



Testing Session

Find an Amateur Radio License Exam in your year at arrl.org.

<http://www.arrl.org/find-an-amateur-radio-license-exam-session>

The screenshot shows the ARRL website interface. At the top, there is a navigation bar with links like 'Home', 'On The Air', 'Licensing, Education & Training', 'Membership', 'Repository & Advice', 'Public Service', 'Technology', 'Get Involved', 'ARRL Store', 'About ARRL', and 'News & Features'. Below this is a search bar and a 'Find an Amateur Radio License Exam Session' section. The main content area contains a search tip: 'OPTIMIZE YOUR SEARCH: The more specific the search criteria, the less information returned. Zip Code searches can use the mileage range in the drop-down menu. Leave the rest of the search fields blank when searching by zip code.' It also includes a 'NOTE: Please check back as we update this page daily.' and a section for 'Exam Candidates' stating they are required to register in the FCC CORES system and receive a FCC Registration Number (FRN) before exam day. There is also a 'JOB OPENING!' section for a Radio Network Manager in Columbia, MO.



Radio Basics (& Handheld Radios) *(continued)*

WHAT TO DO NEXT?

Learn the phonetic alphabet to give yourself a call sign.

The International Telecommunications Union Standard Phonetic Alphabet:

A – Alpha	J – Juliet	S – Sierra
B – Bravo	K – Kilo	T – Tango
C – Charlie	L – Lima	U – Uniform
D – Delta	M – Mike	V – Victor
E – Echo	N – November	W – Whiskey
F – Foxtrot	O – Oscar	X – X-Ray
G – Golf	P – Papa	Y – Yankee
H – Hotel	Q – Quebec	Z – Zulu
I – India	R – Romeo	

Example

Whiskey Tango Foxtrot

WTF = *Where's the Fun?!*

