

Newsletter 2024-22

18208 Preston Rd Suite D9-552, Dallas, TX 75252
<https://corps-of-renewal-and-charity.myshopify.com/collections/donation>

A Christian lives by principles, not by everchanging feelings.



LOOKBACK EDITION

This newsletter is a retrospective. Aside from the Ten Things the Media Didn't Report this week, all the news items are from prior newsletters. I've chosen them because they either deserve a second glance, or because they contribute something to the current discussion of an issue. All these articles are archived on the website: <https://corac.co/2024/11/19/corac-newsletter/>

Sheryl Gollmer, editor

December 1, 2024

sherylc@coracusa.com

Opinions expressed in this newsletter, unless otherwise attributed, are my own.



From the cockpit of the Subaru

CORAC founder Charlie Johnston travels from coast to coast in his trusty Outback to speak in person to those now weathering the Storm.

Turning Towards Mayberry

When my son was a little boy, he would go into a rage whenever he lost a game of any sort. It would so unhinge him that he could not play well at anything until the next day. So I played a lot of games with him, including video games. I told him that anger at defeat was okay – that, in fact, it could be useful. In fact, it could be a very powerful tool to focus your concentration and intensity to quickly and dramatically improve your own performance. But it was a pitiless opponent that would destroy everything if you let it master you. Beyond that, it robbed an honorable opponent of the credit he was due for his skill and performance.

So we played a lot to help him master himself. To his initial surprise, I was right. When he kept his focus on himself as he got angry, he performed increasingly well. When he lost his cool, everything would fall apart for him. When he beat me, I would always congratulate him, telling him it took some doing and discipline to beat me. He started doing the same – and found it felt very good and took much of the sting out of losing.

After he had largely gotten it down, the next issue was overconfidence. He was very quick, particularly with video games. When he would go on a winning streak, as soon as he got cocky, things would come unglued for him shortly thereafter. I taught him about always being a gentleman in competition – and never getting cocky or pushing harder than was needful unless his opponent was cheating – in which case he was free to coolly knock that opponent into the dirt (with his focus, not his fists).

His childhood sports hero was Michael Jordan. I pointed out to him that an amazing thing about Jordan was that, though he played at an incredible level, he helped everyone else around him play at a superior level, too. When we started with Little League Baseball, he developed and cultivated that capacity, as well. Fight hard, fight honorably, and build everyone around you up. Make your decisions based on what will best help your team win, not what will give you the most attention. Those were our watchwords.

Young Charlie had a lot of charisma. By the time he was in sixth grade, he was invariably one of the most popular kids in his class. For seventh grade, we had moved to a different area and he started a different school. Sure enough, after a couple of months, he was Mr. Cool at that school.

He was a quirky kid, loving various goofy things even as he took care of the basics. At one point, he and all his friends started haunting thrift stores, finding the most crazily mismatched clothes they could, with wild colors and all wearing them together a couple of days a week. They called it “thrifting” – and they were wildly enthusiastic about it. I thought it strange, but harmless.

Then, just after Thanksgiving, the school scheduled the individual parent-teacher meetings. His teacher told me Charlie was one of the top students she had ever had – and how she completely admired his empathy for others and his subtle class. She told me there was an American Indian kid in school who had been something of an outcast. Both his parents had a significant drinking problem – and the kid always came to school in wildly mismatched, shabby clothes. He was a very unhappy kid. But Charlie liked him and made him his buddy – and so, being Mr. Cool, everyone else started liking the kid, as well.

And with the “thrifting” craze Charlie started, instead of being an outcast, the kid became a trendsetter. The teacher told me she held Charlie after class once to tell him how impressive it was that he had helped that kid to blossom. She said he heatedly told her that he did nothing: that kid was his friend and he was totally cool – and everyone loved him. Taken aback, she turned and started back to her desk. She turned to say something else to Charlie – and saw a dreamy, satisfied, little smile on his face – and then knew that he knew exactly what he had done...but didn’t want anyone else, including her, to rob the kid of his achievement and blossoming. She was a fan of my son.

When he went to the Georgia Police Academy for its 11-week training program for certification as a cop, it was a very competitive environment. The cadets were in competition with themselves and each other to raise their skill levels. In that sort of environment, too many people just look out for number one. Charlie talked people into using their own areas of strength for mutually helping each other in areas where they were not strong. Once nearly all bought into that, he suggested they work to be the best cadet class ever. There was a lot of enthusiasm for that – and they ended electing him the class president. Fifteen years later, he still is in touch with members of his cadet class.

Obviously, I am proud of my son. But I tell these things to illustrate that Mayberry is not a geographical place we go to: we either make it ourselves or we never get it. We make it by mastering our emotions, reveling in them when they are joyful and using them to help focus us on making ourselves better when they are intense. Above all, we never let our emotions, no matter how strong, master us. Then we seek to achieve superior performance not by degrading those around us, but by lifting them up. Not by enabling and approving of their dysfunction, but by seeing their virtues, helping them to see them too, and then working together. If we do that right and with persistence, we never have to go to Mayberry. We look around one day and, holy cow, discover Mayberry has come to us.



We were given a great blessing this last month. We don’t have to work too hard to conquer the monster without. Now we must focus on conquering the monster within ourselves. When we do, we will be in Mayberry.

Charlie Johnston

If communication goes out for any length of time, meet outside your local church at 9 a.m. on Saturday mornings. Tell friends at Church now, in case you can’t then. CORAC teams will be out looking for people to gather in and work with.

Charlie's Latest Blogs

- Update on Revival, the Manual <https://corac.co/2024/11/30/update-on-revival-the-manual/>
- The Turning of the Tide <https://corac.co/2024/11/25/the-turning-of-the-tide/>
- Ever Bold, Never Brash <https://corac.co/2024/11/20/ever-bold-never-brash/>

Brief Updates Videos

- Happy Thanksgiving <https://corac.co/2024/11/27/happy-thanksgiving/>
- A Mere Dime <https://corac.co/2024/11/13/a-mere-dime/>
- Spoiler Alert <https://corac.co/2024/11/04/spoiler-alert/>

NEWS

DECEMBER 2, 2024

TEN STORIES THE MEDIA BURIED THIS WEEK

Click on headlines to read more:

[#10 - Cancer remission achieved with low-cost drug, a jaw-dropping case series reveals.](#)

[#9 - Democrat Megadonor Says the Way Kamala Harris Blew Through More Than a Billion Dollars 'Disqualifies Her Forever'](#)

[#8 - Rothschild Billionaire Dies in Mysterious House Fire](#)

[#7 - Australians Stunned by Professor's Warning on Sky News: "These Vaccines Were Not Vaccines..."](#)

[#6 - Billionaire Democrat Describes "Alarming" Meeting with Biden Admin That Prompted His Trump Endorsement](#)

[#5 - Walmart Nukes DEI as Anti-Woke Crusader Sends "Shockwaves Across Corporate America"](#)

[#4 - Tucker Carlson Issues Chilling Warning About the Deep State's Next Big Move](#)

[#3 - NIH Chief Confesses COVID Health Initiatives Were Completely Made Up](#)

[#2 - Half a Million Migrant Kids Lost in Biden's Border Crisis](#)

[#1 - Elon Musk Says DOGE Will Audit the IRS](#)

Video compilation here: <https://vigilantfox.news/p/cancer-remission-achieved-with-low>

And bonus items because the items the media's hiding keep coming hard and fast:

[BONUS #1 - Trudeau Bends the Knee to Trump at Mar-a-Lago After Tariff Pledge](#)

[BONUS #2 - Trump Nominates Kash Patel for FBI Director](#)

[BONUS #3 - Putin Gives Trump an Ominous Warning](#)

[BONUS #4 - Newspaper Editor-in-Chief Drops a Surprising Prediction About Lara Trump](#)

[BONUS #5 - The Shocking Truth About Skin Cancer: What You're Not Being Told About the Sun](#)

FROM APRIL 8, 2022

LEARNING FROM THE AMISH

Now that we owe our national survival to the Pennsylvania Amish coming out to vote, there is even more interest in their sustainable lifestyle.

When it comes to living sustainably, we have a lot to learn from Amish communities. We won't adopt *everything* they do, but they can point us in the right direction. For instance, none of us are likely to buy a horse and buggy, but we could very easily buy a used bicycle and put a basket on it. See [Ten Amish Survival Hacks](#) for more ideas.



FROM NOVEMBER 1, 2022

YOU WON'T WANT TO LIVE IN THE WORLD THEY CREATE

This graphic shows the enormity of what we escaped on November 5 with the election defeat of the party of death.



ELECTION
2024

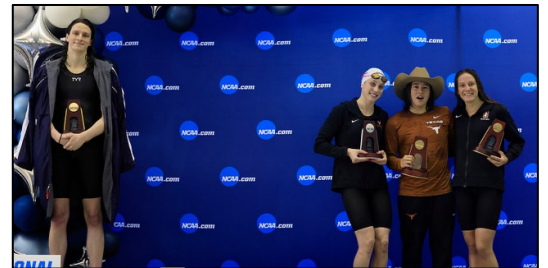
FROM MARCH 25, 2022

THE ECLIPSE OF WOMEN

This milestone sparked the national debate about men in women's sports, two and a half years ago. Another milestone was set last week when the Boise State women's volleyball team sacrificed their shot at the national title to protest the biological male playing on the San Jose State women's team.

One of the goals of CORAC is to defend the traditional values of faith, family and freedom. Our understanding of the truth about the human body is the very foundation of family and faith. Defending biological women against the intrusion of men into the particular realms of women is central to our mission. Their bodies tell a story.

Pictured: transgender Lia (Will) Thomas after stealing a medal at the NCAA Championships in 2022. Florida governor Ron Desantis later officially declared Emma Weyant to be the true first-place winner. (Getty Images)



FROM FEBRUARY 11, 2022:

DITCH FAKEBOOK

Even after Fakebook's heavy responsibility for abetting the stolen election of 2020, some patriots are still using it.

Last week, Meta/Facebook lost \$232,000,000,000 in market value, or 26% in a day, the biggest loss of value in stock-market history, due to decline in daily activity. In other words, your use of the platform makes money for them; your abandonment of it hurts their bottom line.

It's time to totally forsake Fakebook! Close your account permanently, and move over to uncensored platforms. Step-by-step instructions for archiving data, like photos, and then deleting Fakebook for good:

<https://www.wizcase.com/blog/delete-your-facebook-forever>

FROM FEBRUARY 11, 2022

THE SCOOP ON COVID

Dr. Zelenko was the original "trustworthy doc" who saved all his patients early in 2020 with what was then a novel protocol of zinc, quercetin, C and D. Now it is standard nutraceutical practice. Dr. Zelenko died in June, 2022, a few months after this was written.

"What's Really Going On" according to Dr. Zev Zelenko:

- It has been known for at least 30 years that Medicare and social security programs are unsustainable. Updated projections predict the beginning of the collapse in 2026-2027, and total collapse within 10 years after that. Recent policy changes that expanded benefits have expedited the time-table to insolvency. [Here](#) and [here](#).
- When Medicare and SS collapse, world economies will be further destabilized. [Here](#) and [here](#).
- The objective of the New World Order has always been to restructure world financial institutions towards a digital currency. This system will give maximum control mechanisms over financial transactions to the New World Order. Klaus Schwab said by 2026 everyone will have an implanted technology that will enable them to participate in the future of commerce. [Here](#).
- The covid-19 vaccines deliver this implant technology that enables the measurement of biometric data, location and transmission of that data to a third party. [Here](#) and [here](#).
- The purpose of the creation covid-19 bio-weapon of mass destruction, suppression of the antidote, delay in treatment is to create fear, isolation, and global psychosis. [Here](#).
- Global psychosis is used to coerce people to voluntarily get injected with permanent technology that transform people into traceable transmitters of biometric data.
- The US government created the Covid-19 bioweapon, the antidote, the poisonous drug Remdesivir, and funded the poison death shot "vaccine." The NIH and NIAID, funding Dr. Ralph Baric, created the weapon of mass destruction and murder. [Here](#). Ralph Baric also help develop the killer drug Remdesivir. [Here](#) and [here](#).

FROM JANUARY 10, 2023

REGISTRY OF TRUSTWORTHY DOCS

If we are again subjected to medical terrorism, this list would be handy to have.

Steve Kirsch, one of the first public figures to "come out" against the dangerous vaxx, has begun a registry of evidence-based doctors. It's a work in progress, but it's already substantial. Click on the link in the Burning Platform article. You'll come to a filter-able spreadsheet that you can search by state, zip code and specialty. Bookmark the page to have handy if a family member needs medical help.

<https://www.theburningplatform.com/2023/01/08/new-evidence-based-doctor-registry/>

FROM FEBRUARY 14, 2023

TRACKING THE UNVAXXED

It's still a good idea to be non-committal when talking to medical personnel about vaccination status.

New CDC guidelines have assigned billing codes that identify the un- or under-vaccinated. Code Z28.310 is not a code for an illness or diagnosis, but rather for non-compliance with a medical procedure. There's even a sub-code for failure to vaccinate because of "belief." Once these codes are entered in medical databases, they can be accessed by the government. See Dr. Malone's explanation of the new codes here: https://rwmalonemd.substack.com/p/new-diagnosis-codes-for-covid-19?utm_source=%2Fsearch%2Ffid-10%2520codes%2520for%2520vaccination&utm_medium=reader2

If you must visit a doctor, you might try answering their vaccine queries with something that is neither a yes nor a no, such as "I decline to answer."

FROM MARCH 15, 2023

BETTER SLEEP

It's ALWAYS a good time to improve sleep quality.

There's no denying we're all under a lot more stress than is healthy, and that affects our quality of sleep. Prayer, exercise and screen detox are powerful remedies for insomnia or restlessness. If you still need help, here are some suggestions of herbal sleep aids: chamomile, valerian root, lemon balm and passionflower, made into a tincture.

https://thelostherbs.com/how-to-make-your-own-better-sleep-herbal-tincture/?utm_source=newsletter&utm_medium=FGW&vgo_ee=9hnonf5M%2FUk6WAUL6whDZC3NQIDRS HUPARIC411Wepc=%3ASZepUr8wOdG2Fq+Fr4f02zZ46EY1NLx

FROM APRIL 15, 2023

ON TRANSGENDERISM

The blanketing of media with transgenderism has only gotten worse since early 2023.

The absolute deluge of transgenderist propaganda in the last few *months* alone is staggering. It's so broad and uniform, it's hard to not think that there's a campaign. Jennifer Bilek reports on the gender industry here:

https://jbilek.substack.com/p/who-owns-big-pharma-and-the-billionaires?r=34r89&utm_campaign=post&utm_medium=email

and here: <https://jbilek.substack.com/p/gender-identity-a-corporate-fiction>

FROM APRIL 26, 2023

JOEL SALATIN ON HOMESTEADING

The Lunatic Farmer has just been appointed to be Advisor to the Secretary of the USDA in the new administration.

The "Grandpa of homesteading" is Joel Salatin, the author of irresistibly-titled books like *The Sheer Ecstasy of Being a Lunatic Farmer* and *Folks, This Ain't Normal*. What most of us are trying to learn and be, from scratch, Joel's been doing for decades. At his family Polyface Farm, he's been receiving guests from all over the country who are on the run from blue states and hoping to start a healthier life for their families in the country.

Guest on the Homesteaders of America podcast:

<https://homesteadersofamerica.com/e13-why-homesteading-a-candid-chat-about-the-homestead-tsunami-joel-salatin-of-polyface-farms/>

Order food from the Salatins' Polyface Farms: <https://polyfaceyum.com/product-cat/merchandise/#!/SHIP-TO-USA/c/127347034>

FROM JUNE 30, 2023

ASHLI BABBITT

The obscene murder of an unarmed civilian by police has still not been submitted for justice. Her family and the American public look forward to an honest investigation and appropriate punishment for her killer.

Ashli Babbitt is one of the J6ers who didn't make it out. She died on January 6, 2021 from a gunshot wound. Multiple videos show that she was pressed up against the glass doors leading to the Speaker's Lobby, where Zachary Alam was acting erratically and trying to break the glass with a helmet. A 14-year US Air Force veteran, Ashli shouted at Alam to stop, and even threw a punch, knocking his glasses askew. On the other side of the glass, Capitol policeman Michael Byrd was hiding behind an obstruction, with a gun pointed at the doors. He shot at close range without warning, hitting Ashli in the chest, and knocking her backwards into the crowd. Other policemen and civilians were in Byrd's line of fire when he discharged his firearm.

California physician, Dr. Austin Harris was in the crowd and got to Ashli within minutes, but she died before reaching the hospital. (Dr. Harris was later charged with a misdemeanor for his presence in the building, the government not even acknowledging his heroic attempt to save Ashli's life.) Ashli was denied military funeral honors though she was eligible as a veteran.

Law enforcement experts say that the offending officer was required to have given warning before shooting, and that the circumstances did not warrant deadly force. Officer Byrd's identity was hidden for months after the shooting. Capitol police conducted an internal inquiry, and declined to pursue the matter. Instead, Byrd was fêted on the usual talk show circuit for his heroic action, "saving many lives" by shooting an unarmed woman. Though Byrd was a 28-year veteran police officer, he had been previously reprimanded for reckless gun handling, leaving a loaded gun in a Capitol restroom. Twice, apparently.

FROM JUNE 1, 2024

ESCALATION IN UKRAINE

This situation has not improved since June, and we are six months closer to nuclear war with Biden in charge. President Putin warned that the use of ATACMS with US support would be an act of war. The US and Ukraine launched the first ATACMS on November 19.

Whatever crimes the administration is hiding in Ukraine, they must be whoppers because Biden is willing to provoke a nuclear exchange over them. How many hundreds of billions of dollars are going to be thrown at what was a losing cause from the start? Had the US not egged on Zelensky, hundreds of thousands of lives would have been spared. Now, as Ukraine has exhausted the warm bodies it can throw into the sausage grinder, nuclear seems to be the only option, and Biden (or whoever is moving his lips) is ready to go there.

- Biden allows Ukraine to use our US weapons to strike inside Russia:
<https://www.zerohedge.com/geopolitical/dangerous-shift-escalation-biden-allows-ukraine-use-us-weapons-attack-inside-russia>
- President Putin's response <http://en.special.kremlin.ru/events/president/news/74132>

"My second point is that the final target selection and what is known as launch mission can only be made by highly skilled specialists who rely on this reconnaissance data, technical reconnaissance data. For some attack systems, such as Storm Shadow, these launch missions can be put in automatically, without the need to use Ukrainian military.

Who does it? Those who manufacture and those who allegedly supply these attack systems to Ukraine do. This can and does happen without the participation of the Ukrainian military. Launching other systems, such as ATACMS, for example, also relies on space reconnaissance data, targets are identified and automatically communicated to the relevant crews that may not even realise what exactly they are putting in. A crew, maybe even a Ukrainian crew, then puts in the corresponding launch mission. However, the mission is put together by representatives of NATO countries, not the Ukrainian military."

In other words, the US simply “allowing” Ukraine to launch US weapons into Russia is not an independent Ukrainian act, since they require support from US or NATO systems. I believe what Mr. Putin is saying is that, if these weapons are launched, with the necessary support from the West, it will be deemed an act of war. Do we really want to be at war with a country who celebrates June 1 as International Protection of Children Day, while we here in the US kick off an entire odious month of kinky deviants showcasing our moral weakness as a nation?

May 28, 2024	Putin warns against use of American ATACMS with US support to bomb Russia
November 19, 2024	Biden authorizes ATACMS with US support to bomb Russia

FROM JUNE 15, 2024

CARLO ACUTIS

Last month, it was announced that the canonization of Carlo Acutis will occur on April 27 in the new year.

Blessed Carlo has been in the news lately because a second miracle was confirmed as due to his intercession. So all the boxes for canonization have been checked, and we can look forward to the first “millennial saint.” There’s a lot more to this young man than his computer “geekiness.” He was a kind boy who was friendly toward all, and who spent many hours before the Blessed Sacrament in adoration. You can read more here:

<https://aleteia.org/2021/10/12/bl-carlo-acutis-his-life-his-miracles-and-his-legacy>

A movie was released last month, *Eucharistic Miracles: The Heartbeat of Heaven*, which featured Blessed Carlo’s parents, his parish priest and some of the miracles he researched before he died at the age of 15 in 2006. It played well in Europe, but the was unfortunately not widely marketed in the US. So far, it’s not available for streaming, but I’m confident it will be, as soon as the canonization is announced. Keep a watch for it. Here’s the trailer:

https://www.youtube.com/watch?v=-f6Kp_yoraM

FROM OCTOBER 4, 2022

J6’ers LETTER

On September 30, 2022, the J6 prisoners in the DC Gulag issued a letter listing the deplorable and unconstitutional conditions of their confinement. No substantial corrective action has since been taken. This is only a partial list.

- Begging for Help / Water / Medical Aid / Mercy through tiny window of metal doors
- No visitations, religious service or attorney access
- Mail delayed 3-4 months before delivery
- Laundry returning with brown stains, pubic hair, and/or reeking of ripe urine
- Worms found in “Meals”
- Scurvy and loss of eye sight due to malnourishment of “Meals”
- Broken and backwashing toilets
- Mice and cockroaches, black mold, black sewer flies
- Denial of basic cleaning equipment to sanitize cell
- Denial of personal grooming
- No access to discovery or legal support
- Prevented from attending court dates
- Vaccine requirements for visitation, haircuts, consults with lawyers
- Solitary confinement for 25 1/2 hours or more at a time
- Outdoor recreation denied arbitrarily
- Entry to Congressmen & women who came to check on us denied
- Repeatedly mocked and or insulted for our skin color or religion
- Homosexual and/or verbal assaults by Guards
- Maced and assaulted by Guards
- Bond / Bail continually denied

THE WEBSITE

Do explore the website! It's rich with helpful information. Start on the [HOME PAGE](#).

Home Page	https://corac.co/
Health & Wellness	https://corac.co/health-and-wellness-teams/
Sustainable Living	https://corac.co/sustainable-living-teams/
Communications	https://corac.co/communications-teams/
Education	https://corac.co/education-team/
Crisis Scenarios	https://corac.co/crisis-scenarios-team/
Prayer	https://corac.co/category/prayer-teams/
Defense	https://corac.co/defense-league/
Prayer Hotline	Email prayer requests to prayerteams@coracusa.com

PRAYER

DECEMBER PRAYER INTENTIONS

*That CORAC members respond with patience and kindness to family members, neighbors, friends, and other people of good will who have been Made To Be Afraid™ of the November 5, 2024, election results; and that we be signs of hope for those around us

*For Charlie as, with a lighter heart, he revises CORAC's manual: *Revival: A Handbook and Manual for Building Functional Communities*

*That CORAC members experience renewed vigor and hope as we work to help renew the culture, neighborhood by neighborhood, with God's grace and assistance to lead people back to Him

*For CORAC members to seek and receive gifts of discernment as we continue to face and resist cultural efforts that oppose or disregard God's design and commandments

*That many people be healed in body, mind, and spirit through the online Physical Healing Prayer Session via Zoom (usually on the last Wednesday of each month); and through many other healing prayer ministries in which CORAC members are engaged

*That CORAC members may strongly desire and find the means to participate in financial support for our vital ministries

*For all intentions carried in the hearts of CORAC members and those posted on the CORAC Prayer Hotline, with gratitude for prayers answered in our daily lives

St. Gabriel, enlighten us.

St. Michael, defend us.

St. Raphael, protect us.

Ave Maria, Stella Maris!