Standing for Faith, Family and Freedom
Region 7 (The Breadbasket Region)
02/06/2021

A few words about the design of the ACTION PACS newsletter. You will notice a slight change in design. Items under a representative CORAC mascot (a squirrel) contains CORAC specific news. Items under the patriot freedom banner deal with "Standing for Faith, Family & Freedom" news. Prayer is self-explanatory. The healthy food banner contains information related to Alternative Health & Wellness. The HAM radio operator banner contains information related to Communications & Safety. Finally, the Sustainability banner contains information related to sustaining life. And there you have it in a nutshell. 😉

Members that were able to attend the Membership ZOOM Meeting Thursday evening were shown a detailed view of how to navigate around the **corac.co** website, especially what has been put into place for Region 7 under the Community Forum. From those I heard from, they were appreciative. In the same breath, they shared the challenges they have experienced with registering and trying to log in. That is probably a good sign. I had the same problems. Remember CORAC is in the toddler stage of development. CORAC will have a few stumbles with the technology as it develops. As we all do. Be patient and persistent. Below is a link to the help page. Scroll halfway down the page to **Get technical support.** Make use of the suggestions listed to assist you. If you still have challenges, contact the corac support team with the link at the bottom of the same page.

Help User - Corps of Renewal And Charity (corac.co)

GET PLUGGED INTO Home - Corps of Renewal And Charity (corac.co)
Register with corac.co to be able to sign into the COMMUNITY FORUM and access MEETINGS.

PLEASE SIGN THE PETITIONS BELOW
44 Senators Reaffirm Protecting the Defenseless – Cosponsor 20 Week Abortion Ban | American Center for Law and Justice (aclj.org) Petition to Ban Abortion After 20 Weeks.

ACLJ Files FOUR Freedom of Information Act (FOIA) Requests Regarding Rep. Eric Swalwell's Connection with Chinese Communist Spy | American Center for Law and Justice Petition to Defeat the Deep State

STOP MEDICAL DISCRIMINATION | Stop Medical Discrimination Petition to Stop Forced Experimental Vaccines from America's Frontline Doctors

Tucker: Bank of America secretly turned over customer data to FBI | On Air Videos | Fox News
CORAC members that attended the Rally in DC may be at risk. Time will tell. Begin to understand why we are striving to keep you secure.

It has been brought to my attention that a more secure method to text message by phone is with the app known as Signal. What is Signal? The basics of the most secure messaging app. (msn.com) Many of us are moving to Signal.

BE A SIGN OF HOPE PRAYER

Almighty Father,
Help to quiet our hearts, to place our trust in You, and to listen to Your voice.
We thank you for being our anchor in these stormy seas.
We ask You for the gift of wisdom and the grace of discernment.
Send Your Holy Spirit to help us to remain steadfast and true to You.
As we go forward, we seek Your strength
to acknowledge You as God, to take the next right step,
and to be a sign of hope for those around us.
We commend our prayers to our patroness, Stella Maris,
And ask this through Jesus Christ our Lord.
Amen.

St. Joseph, terror of demons, pray for us.

LOOK TO THE PRESENT. KEEP FOCUSED ON ETERNITY.

Consecrate yourself and your families to the Immaculate Heart of Mary.
Consecrate yourself and your families to St. Joseph during this Year of St. Joseph.
Pray for the conversion of souls: those we love and those who are our saint-makers.
(Saint-makers tend to be those who are disagreeable with us at times, those who indirectly encourage us to practice greater virtue. I have been known to be my wife's saint-maker. 😉)

'Godless': Fr. Altman scorches Biden, Democrats for abortion stance while calling out US bishops (rumble.com)
Fr. Altman speaks of where our hope lies..."it lies in the hereafter."

YouTube censors LifeSite's Mother Miriam for exposing dangers of COVID vaccines | News | LifeSite (lifesitenews.com)

It is unbelievable how "experts" claim falling ill and even death after a vaccine is a predictable outcome and can actually be a good thing.

How Do I Get COVID-19 Medication? – America's Frontline Doctors

Hydroxychloroquine (HCQ), Ivermectin, and other COVID-19 medications can be obtained by prescription in the USA in almost every state. AFLDS-trained and licensed physicians are available via telemedicine for a short consultation. Our physicians know that HCQ and Zinc are effective both prophylactically and when used early. The telemedicine physician will review your history. Almost all patients can safely take these medications.

Gov. Reynolds lifting all COVID-19 restrictions on Iowa businesses (msn.com)

No additional information at this time. Watch for links into the Community Forum.

I refer you to [Resource Library - Corps of Renewal And Charity (corac.co)] for further information at this time.

Pray as though everything depended on you,
trust as if everything depended on God.
St. Ignatius of Loyola

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